

Institutional review board statement: The study protocol was approved by the institutional review board (National Taiwan University Hospital Research Ethics Committee).

Informed consent statement: The parents or guardians of each participating student provided written informed consent at study entry.

Conflict-of-interest statement: The authors have declared that no competing interests exist.

Biostatistics statement: The statistical methods of this study were reviewed by all authors.

Language certificate: Language of manuscript was edited by all authors and a native English speaker.