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## Conventional radiological strategy of common gastrointestinal neoplasms

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or not at all invasive. A neoplasm may be manifested as various imaging findings, including mucosal disruption, soft mass, ulcer, submucosal invasion and lumen stenosis on barium studies. Benign tumors typically appear as smoothly marginated intramural masses. Malignant neoplasms most often appear as irregular infiltrative lesions on barium examination. Tumor extension to adjacent GI segments may be indistinct on barium images. Cross-sectional images such as computed tomography and magnetic resonance imaging may provide more accurate details of the adjacent organ invasion, omental or peritoneal spread.

**Key words:** Gastrointestinal; Barium enema; Computed tomography; Magnetic resonance imaging; Neoplasm

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**Core tip:** Gastrointestinal neoplasms are very common diseases. A neoplasm may be manifested as a wide spectrum of imaging findings. Barium studies are readily available for displaying primary malignancies in a short time and at low cost. Malignant neoplasms most often appear as irregular infiltrative lesions on barium examination. Cross-sectional imaging such as computed tomography or magnetic resonance imaging may provide more accurate details of the adjacent organ invasion, omental or peritoneal spread.

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### Abstract

This article summarizes the clinical characteristics and imaging features of common gastrointestinal (GI) neoplasms in terms of conventional radiological imaging methods. Barium studies are readily available for displaying primary malignancies and are minimally

### INTRODUCTION

The techniques of gastrointestinal (GI) radiology have



**Figure 1** A 60-year-old male patient with squamous cell carcinoma in the first third section of esophagus. Polypoid-type lesions, presented as a filling defect with luminal narrowing and without ulceration.



**Figure 2** A 60-year-old male with squamous cell carcinoma. On barium esophagography, infiltration in the upper third of esophageal carcinoma, with irregular luminal narrowing, mucosal destruction, dilatation and abrupt proximal borders. Prestenotic dilatation is also present.



**Figure 3** A 59-year-old male with advanced esophageal carcinoma. Asymmetric stenosis of the first third esophagus, with central, large irregular ulceration, surrounded by a radiolucent rim of neoplastic infiltration.

changed dramatically in the last three decades. The basic mission of modern GI radiology is earlier diagnosis, a better avenue to evidence-based treatment options, to predict tumor response to treatment and non-invasive follow-up<sup>[1]</sup>.

Barium enema can provide valuable information. multislice computed tomography (CT) has proven to provide more valuable information for abdominal imaging. High-resolution magnetic resonance imaging (MRI) with its high soft tissue contrast has documented its clinical application in abdominal imaging. Positron emission tomography (PET) has excellent tissue penetration. However, apart from conventional imaging such as barium enema and multi-slice CT, the other options should increase their specificity and sensitivity using exogenous tracers or contrast agents.

The objective of this paper is to review the conventional radiological imaging of common GI neoplasms.

## ESOPHAGEAL DISEASE

### *Esophageal carcinoma*

About 80% of esophageal neoplasms are malignant and more than 90% of these are squamous cell carcinomas

(SCCs) or adenocarcinomas<sup>[2]</sup>.

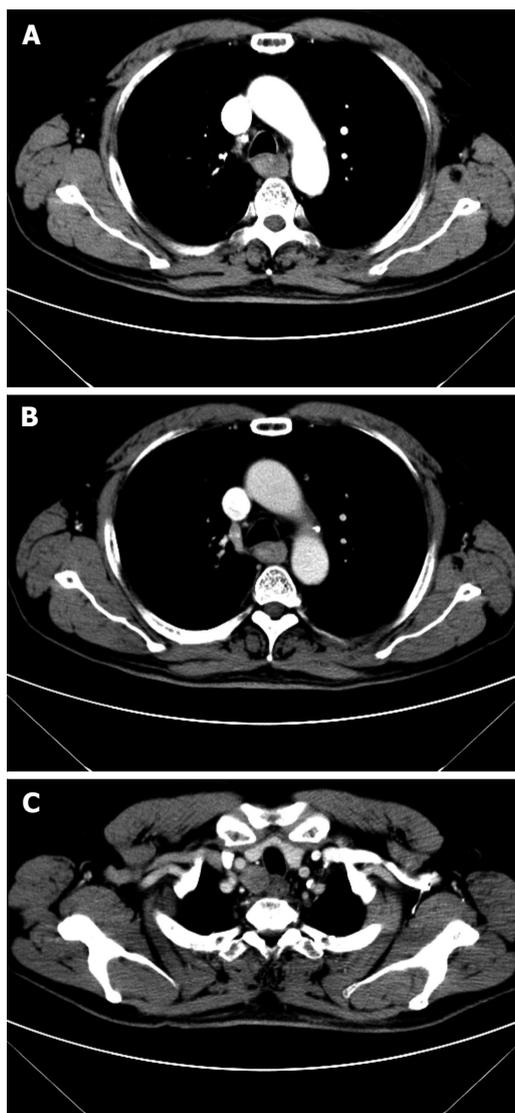
SCC is the most common malignant esophageal neoplasm worldwide. It arises from epithelial cells with stratified squamous differentiation, which develops from precursor lesions of intraepithelial neoplasia<sup>[3]</sup>. Alcohol and tobacco use are the most important risk factors for SCC of the esophagus. Most SCCs occur in the middle third of the esophagus, then the upper and lower third of the esophagus<sup>[4,5]</sup>. Pathologically, SCCs appear as a variety of gross morphological types, polypoid mass, flat or ulcerated lesions. About 65% of SCC patients are men and the peak age range is from 60 to 74 years<sup>[6]</sup>. Adenocarcinomas are the second common malignant tumor of the esophagus. The majority of esophageal adenocarcinomas develop from malignant degeneration of underlying Barrett epithelium, which are located in the distal esophagus, and the gastroesophageal junction, and these tumors have a tendency to invade the stomach<sup>[7]</sup>. About 85% of esophageal adenocarcinoma patients are men<sup>[2]</sup>.

On barium esophagography, most SCCs show an infiltrative irregular luminal stricture, filling defect, with or without areas of ulceration (Figures 1-3).

On CT, esophageal cancer shows a soft tissue mass or localized irregular esophageal wall thickening, with irregular luminal narrowing. The located wall thickening may be asymmetrical in the early stage and concentric thickening in the advanced stage. The lesions usually show moderate enhancement (Figure 4). CT plays very important roles in evaluating the primary tumor, mediastinal invasion, lymph node involvement, distant metastases, such as liver, lungs and bones, and the complications of esophageal obstruction.

On MRI, esophageal carcinoma reveals an irregular soft tissue mass with low T1 weighted signal intensity and intermediate T2 weighted signal intensity. MRI was reported to be comparable to CT in evaluating the tumor's features, including local spread, distant metastases and lymph node involvement<sup>[8,9]</sup>.

On <sup>18</sup>F-fluorodeoxyglucose-PET, esophageal carcinoma



**Figure 4** A 61-year-old male with squamous cell carcinoma in the first third section of esophagus. At computed tomography, esophageal cancer shows a soft tissue mass, with irregular luminal narrowing. The located wall thickening was asymmetric. The lesion shows moderate arterial phase enhancement (A) and slight venous phase enhancement (B). The enlarged lymph node metastasis is shown in the upper right paratracheal (C).

and its metastases show avid uptake value. However, the regional lymph nodes may be obscured by the high uptake tissue of primary tumor<sup>[10]</sup>.

#### **Other malignant esophageal neoplasms**

Leiomyosarcoma is a relatively more common malignant tumor of esophagus than the others, apart from esophageal carcinoma. On esophagography, this tumor shows intramural mass with large exophytic parts, with or without calcification and tracking areas. On CT images, they reveal heterogeneous mass with exophytic edge<sup>[11]</sup>. On MRI, they appear as an intermediate signal intensity heterogeneous mass with exophytic edge on T1W images and slightly high signal intensity on T2W images.

The lesions usually show moderate arterial phase enhancement both on CT and MR images.



**Figure 5** A 29-year-old female with leiomyoma. A large exophytic submucosal mass with a sharply defined, smooth filling defect is shown in the distal esophagus.

#### **Benign esophageal neoplasms**

Benign tumors are usually small and without ulceration, peritumoral invasion or distant metastases and do not cause symptoms, so less than 1% of esophageal tumors gain clinical attention<sup>[12]</sup>. General imaging features of these tumors show a smooth intramural or intraluminal homogeneous mass, without necrosis or peritumoral spread.

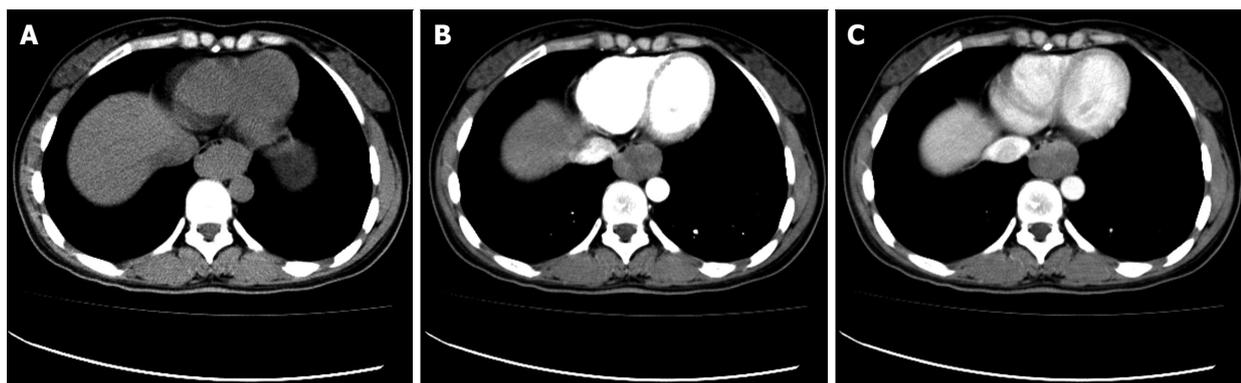
Leiomyomas are the commonest benign esophageal neoplasm. They arise in the mature smooth muscle cells of the esophagus. Most patients with esophageal leiomyomas are asymptomatic, the rest may develop dysphagia or pain, depending on the lesion's size and the amount of encroachment on the esophageal lumen. On barium examination, an intramural mass with a sharply defined, smooth or lobulated filling defect forms the typical findings<sup>[13]</sup> (Figure 5). On CT, esophageal leiomyomas show a sharply marginated homogeneous mass in the mid to lower third esophagus. These tumors show isoattenuating of slight hypoattenuating to muscle at nonenhanced CT and moderate enhancement, occasionally with coarse calcification (Figure 6). On MRI, slightly hyperintense at T2 weighted, slightly hypointense at T1 weighted images, and with moderate homogeneous enhancement without necrosis are shown<sup>[14]</sup>.

## **GASTRIC DISEASE**

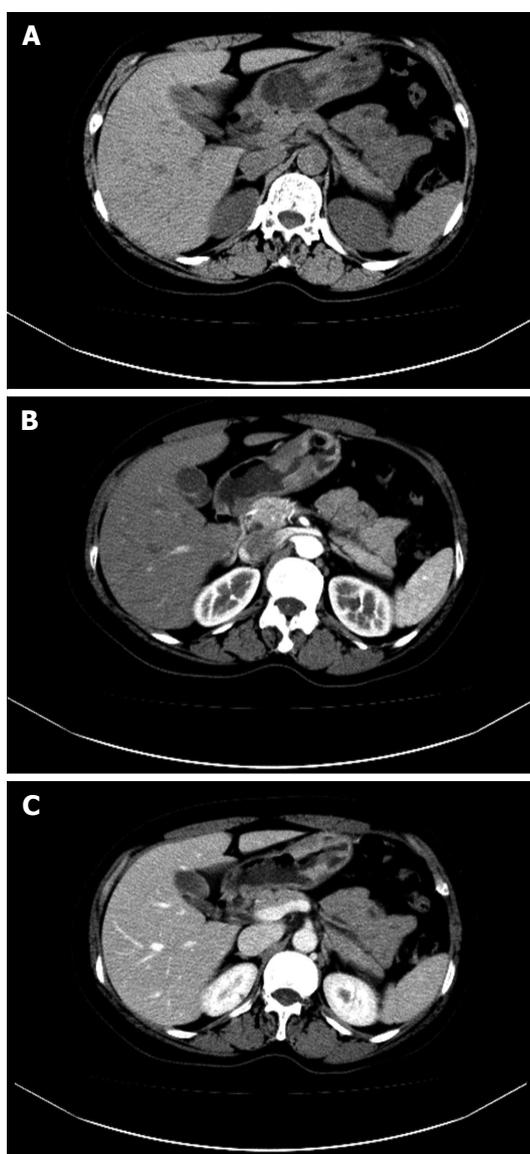
#### **Gastric cancer**

Most primary gastric cancers are adenocarcinoma. Adenocarcinoma represents over 95% of malignant tumors of the stomach<sup>[15]</sup>. Common risk factors relating to the development of gastric adenocarcinoma include *Helicobacter pylori* infection<sup>[16]</sup>, chronic gastritis, pernicious anemia and adenomatous polyps<sup>[17]</sup>. Gastric primary adenocarcinoma most often occurs in the gastric antrum, followed by the lesser curvature and cardia of the stomach.

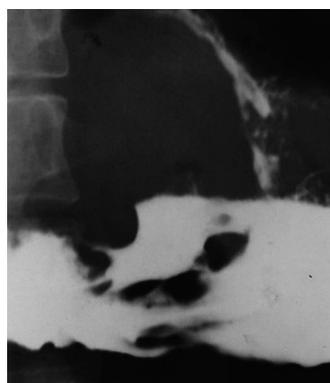
**Early gastric cancer:** Radiologically, early gastric cancer is identified as a superficial lesion that is confined to the gastric mucosa and has not spread to the muscularis



**Figure 6** A 29-year-old female with leiomyoma. Esophageal leiomyoma shows sharply marginated homogeneous mass in the lower third esophagus. These tumors show isoattenuating of slight hypoattenuating to muscle at non-enhanced computed tomography (A), moderate arterial (B) and venous (C) phase enhancement.



**Figure 7** A 56-year-old female patient with early gastric carcinoma. Computed tomography scans showing thickening wall and narrowing antrum of stomach (A), moderate arterial (B) and venous (C) phase enhancement.



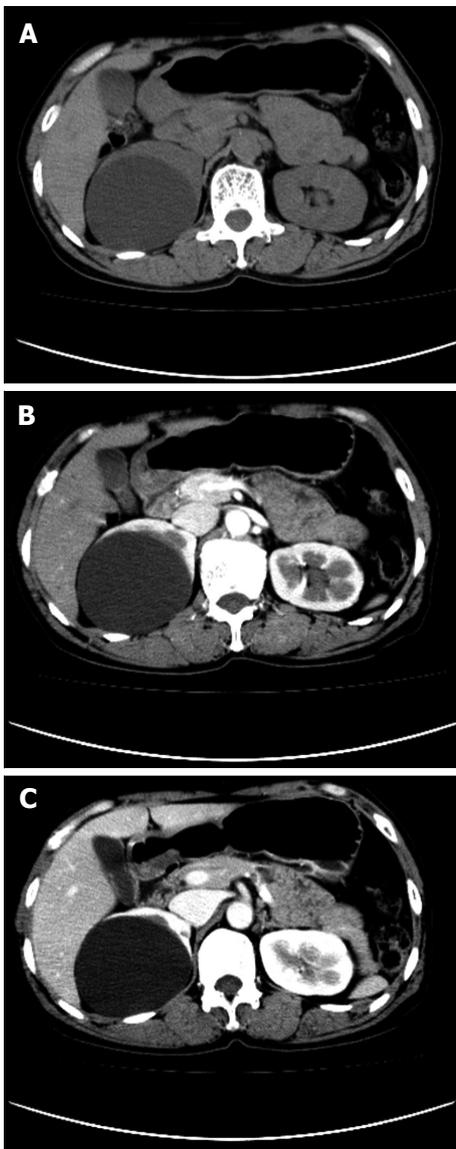
**Figure 8** A 62-year-old male with ulcerated gastric carcinoma: a huge ulcerated mass is seen in the gastric antrum. The margins of the neoplasm's tissue surrounding the irregular ulcer are also seen.

propria. It may feature as polypoid, superficial or depressed lesions<sup>[18]</sup>. The folds entering the center of the lesion are often irregular, nodular or club-shaped, or it may be manifested by a plaque-like elevation<sup>[19]</sup>. On CT scans, gastric cancer is shown as thickening of the gastric wall (Figure 7). The major benefits of CT scanning in patients with gastric cancer are preoperative staging, treatment planning, prognosis evaluation and recurrence detection.

**Advanced carcinoma:** Advanced gastric carcinomas may be classified as polypoid, ulcerative or infiltrative lesions according to their gross morphological appearance. Imaging feature overlapping may occur in this classification<sup>[17]</sup>. Polypoid-type tumors usually appear as a large mass lesion. The surface of the lesion may be highly irregular. Large lesions may protrude into the lumen<sup>[20]</sup>. There may be a distinct angular demarcation or “shelf” at the tumor margins. When the lesion is located in the antrum, the tumor may obstruct the outlet of the stomach. Ulcerated-type carcinoma reveals an irregular ulcer crater. Radiating folds are irregular, converging at the edge of the ulcer crater<sup>[20]</sup> (Figure 8). Infiltrative lesions display



**Figure 9** A 56-year-old male. Diffuse, marked gastric narrowing, with irregular contour and thickened spiculated folds due to primary scirrhous carcinoma.



**Figure 10** A 60-year-old female patient with mucosa-associated lymphoid tissue in gastric antrum. The tumor reveals as segmental, smooth homogeneous wall thickening on non-contrast computed tomography (A), minimal enhancement on arterial (B) and venous (C) phase enhancement.

a diffuse, predominantly submucosal infiltrative tumor, with irregular narrowing of the lumen and rigidity of the majority or the whole gastric wall due to the desmoplastic reaction, the so-called linitis plastica<sup>[21]</sup> (Figure 9).

### Gastric lymphoma

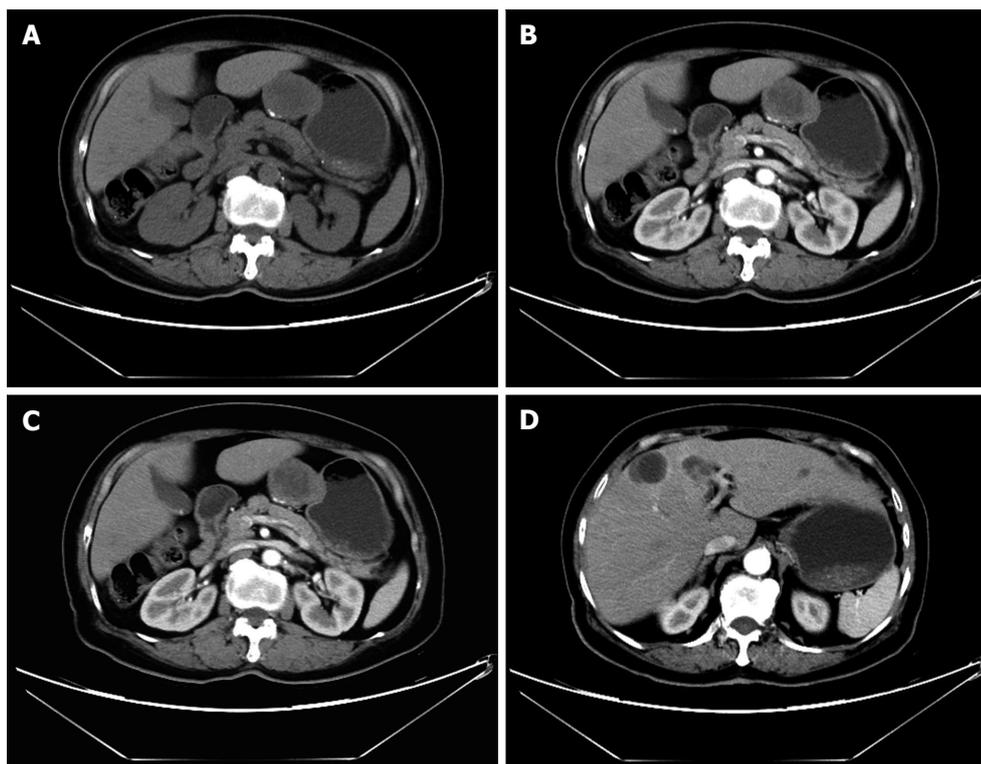
In adults, the stomach is the most frequent organ of GI tract lymphomas. Non-Hodgkin's lymphoma is more common than Hodgkin's disease<sup>[22]</sup>. Much of this tumor spread is submucosal. The invasion of the gastric wall by the lymphoma is with relative flexibility. Findings of enlargement of the spleen and involvement of retrogastric and other regional lymph nodes are suggestive of lymphoma. On barium studies, gastric lymphoma reveals a nodular polypoid mass. The marked sign is thickened gastric folds<sup>[23,24]</sup>. Its findings may mimic other tumors, such as adenocarcinoma and leiomyosarcoma.

On CT, gastric lymphoma reveals a segmental or diffuse, smooth homogeneous, isoattenuated (minimal enhancement), wall thickening or mass (Figure 10). Lymphoma usually involves more than one site of the stomach. It seldom leads to gastric outlet obstruction, unlike gastric adenocarcinoma, because lymphoma is a "soft" tumor<sup>[25]</sup>. In contrast, gastric adenocarcinoma usually appears with more focal wall thickening, more enhancement, direct infiltration beyond the gastric wall, mural rigidity and luminal narrowing (linitis plastica), which may result in gastric outlet obstruction<sup>[26]</sup>.

### Gastrointestinal stromal tumors

Gastrointestinal stromal tumors (GISTs) are the most frequent mesenchymal tumors of the GI tract which arise from the interstitial cells of Cajal. Previously, mesenchymal tumors of the GI tract were classified as leiomyosarcomas or leiomyomas<sup>[27,28]</sup>. However, more and more evidence has suggested that GISTs are a unique entity and so GISTs were separated from leiomyomas and leiomyosarcomas. GISTs are now defined as spindle cell, epithelioid and pleomorphic mesenchymal tumors of the GI tract. GISTs express the KIT protein (CD117, stem cell factor receptor) detected at immunohistochemistry<sup>[29-31]</sup>. This finding differentiates GISTs from leiomyomas, leiomyosarcomas, schwannomas and neurofibromas which do not express the KIT protein<sup>[32]</sup>. The prolonged survival of GIST patients and the progress in the recognition of GISTs have made imaging more and more important for diagnosis and monitoring the treatment outcome. CT is the preferred option of imaging modality for these purposes<sup>[33]</sup>. There are three important factors in determining the malignancy of GISTs: mitotic rate, tumor size and site<sup>[34]</sup>.

On CT, the frequent imaging findings of GISTs are of a round, exophytic, well-circumscribed heterogeneously enhancing tumor appearing as a mass extrinsic to the wall of the stomach (Figure 11). Central fluid attenuation indicative of necrosis is common in larger lesions. Smaller lesions may be homogeneous in density. The liver is the



**Figure 11** A 76-year-old female with gastrointestinal stromal tumors. Axial plain (A) shows an round, exophytic soft tissue mass, appearing as a dominant mass extrinsic to the wall of the stomach, contrast-enhanced computed tomography arterial (B) and venous phase (C) scan shows slightly enhancing, occasionally with coarse calcification. Liver metastases were shown (D).

most common site for metastasis<sup>[35]</sup>. CT may display spreading to the adjacent organ, ascites and omental or peritoneal infiltrate. Associated lymphadenopathy is more infrequent than gastric adenocarcinoma or lymphoma<sup>[28]</sup>.

### SMALL INTESTINAL NEOPLASMS

Primary neoplasms of the small intestine are rare. Primary tumors of the small intestine are less than 2% of primary GI tumors<sup>[36,37]</sup>. They may occur in association with genetic diseases and chronic intestinal inflammatory disorders. The frequent benign tumors of the small intestine are leiomyoma, lipoma, hamartoma and desmoid tumors. These tumors are usually asymptomatic. The frequent small intestinal primary malignancies are adenocarcinoma, leiomyosarcoma and lymphoma. These tumors may lead to intestinal obstruction, jaundice and bleeding. Extraintestinal tumors may lead to peritoneal metastasis<sup>[38]</sup>.

#### Malignant neoplasms

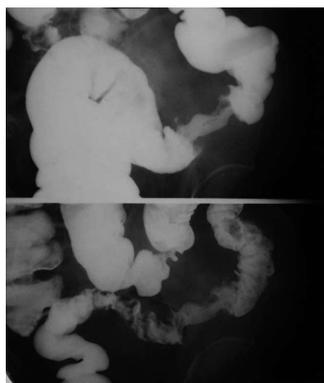
Adenocarcinoma of the small intestine is frequent, approximately 30% to 50% of all malignant tumors in the small intestine<sup>[39,40]</sup>. Proximal duodenum and jejunum is the usual site of primary small intestinal adenocarcinoma, except in the setting of Crohn's disease<sup>[38,41]</sup>. Predisposing risk factors include villous adenomas, adenomatous polyps, celiac disease and long-standing Crohn's disease<sup>[42,43]</sup>. The most frequent clinical features of small intestinal adenocarcinomas are obstruction, overt or occult GI

bleeding, weight loss and jaundice. Enteroclysis is a reliable sensitive diagnostic means for depicting intracavity small intestinal disease<sup>[44,45]</sup>. The presence of extracavity spread or metastases can be evaluated with CT scan; in some instances, magnetic resonance imaging, EUS or angiography may also be useful<sup>[38]</sup>.

On barium examination, the general radiological appearances are filling defects, annular narrowing, polypoid and/or ulcerated masses, or a combination of these. Infiltrating adenocarcinomas are the most frequent type<sup>[46,47]</sup>. These are almost revealed as short, sharply demarcated, annular constricting lesions with mucosal disruption. Polypoid-type adenocarcinomas may be displayed as large, irregular, polypoid-filling defects. Ulceration is common in adenocarcinomas. Mixed radiological features such as infiltrating, polypoid and ulcerating lesions indicate an advanced lesion. CT is used for demonstrating the intestine, mesentery, lymph nodes and liver metastases in a single examination and for staging the tumor, as well as follow-up after the treatment.

#### Lymphoma

Lymphoma is one of the most frequent tumors of the small intestine. Intestinal lymphomas are considered to be primary when the lesion is found in the small intestine and the clinical symptoms are related to intestinal invasion<sup>[48]</sup>. The majority of small intestine lymphomas are non-Hodgkin's lymphomas (NHL)<sup>[49]</sup> coming from mucosa-associated lymphoid tissue. This tumors are



**Figure 12** A 59-year-old female patient with sigmoid carcinoma. An annular stenosis of the sigmoid colon, with an irregular mucosal surface with contour deformity.

mostly located in the ileum. The lymphoid follicles of the submucosa are the site of origin of lymphoma as these are more numerous in the ileum than in the jejunum<sup>[50]</sup>.

On barium examination, the general radiological signs include luminal narrowing, cavitation, ulceration, valvulae conniventes thickening, discrete intraluminal filling defects and intramural masses<sup>[48]</sup>. The frequent finding of NHL is the lumen narrowing without intestinal obstruction. A discrete, broad-based mass are characteristic radiological features of lymphomas<sup>[48,51]</sup>. The valvulae conniventes thickening is a relatively less frequent finding of lymphoma<sup>[20]</sup>. Focal aneurysmal dilatation is highly suggestive of lymphoma<sup>[48]</sup>.

CT and MRI can reveal the sites and extent of the tumor involvement, such as abdominal lymph nodes and solid viscera, and staging at a single examination. The lymphoma may be displayed as a homogeneous soft tissue mass with only a small intraluminal component. The tumors have only slight or moderate enhancement after the intravenous injection of contrast medium<sup>[50]</sup>.

### **Leiomyosarcoma**

Leiomyosarcoma is the fourth most frequent primary small intestine tumor. It is equally distributed in the jejunum and ileum. Leiomyosarcomas are predominantly extraluminal and eccentric. Acute bleeding is the most common presenting symptom. Necrosis and hemorrhage are also frequent. Occasionally, less frequent signs may be seen: calcification, fistula formations and secondary infection<sup>[46,47]</sup>.

The most common radiological feature is a large irregular exophytic mass with or without ulceration, cavitation or fistula formation<sup>[17]</sup>. There is marked enhancement of the solid component of the tumor following intravenous contrast medium<sup>[52]</sup>. Less frequently, leiomyosarcoma may be displayed as a large irregular cavity filled with barium<sup>[17]</sup>.

### **Benign neoplasms**

Leiomyomas are the most common primary benign tumors in the small bowel. The jejunum, ileum and duodenum are the most frequent locations<sup>[53]</sup>. Leiomyomas

are usually single, firm soft tissue masses with well-defined margins. It is reported that there are four different types: intraluminal, intramural, extraluminal and dumbbell shaped<sup>[54]</sup>. Microscopically, leiomyomas consist of bundles of well-differentiated smooth muscle with no evidence of mitosis. The absence of mitosis is a critical parameter in differentiating it from leiomyosarcoma<sup>[38]</sup>. Leiomyomas are shown as regular smooth intramural filling defects on barium studies or regular homogenous soft tissue mass on CT scans. There is moderate enhancement of the tumor following intravenous contrast medium.

Adenomas are the most frequent asymptomatic small intestinal benign tumors. Histologically, there are three types: villous, tubular and tubulovillous. Villous with atypia and/or large size increase the risk for malignancy<sup>[55]</sup>. Because of their potential for malignant transformation, these tumors should be resected or ablated endoscopically<sup>[38]</sup>. The general radiological findings show adenomas as round smooth intraluminal filling defects on barium examination or smooth well-defined regular soft tissue mass on CT scans and with moderate enhancement after intravenous contrast medium.

## **COLORECTAL NEOPLASMS**

### **Colorectal carcinoma**

Colorectal carcinoma is an extremely common malignancy of the large bowel and in developed countries, it is one of the most frequent causes of death from cancer<sup>[56]</sup>. Other types of malignant tumors, such as primary lymphoma and leiomyosarcoma are relatively rare<sup>[17]</sup>. About 69% of carcinomas occur in the colon and only 31% of them are in the rectum and rectosigmoid junction<sup>[57,58]</sup>. Usually, colorectal carcinomas are not diagnosed until they are relatively advanced.

Barium enema examination has been proven safe and accurate for detecting colorectal tumors. Early carcinoma usually presents as a polypoid lesion. Polyps show as filling defects in the barium column or as soft tissue densities coated with barium within the air-filled lumen. Larger polypoid lesions generally reveal an irregular and/or ulcerated mucosal surface<sup>[17,59]</sup> (Figure 12). A flat ulcerating type of carcinoma is more frequent in the transverse and descending colon<sup>[60]</sup>. Infiltrating type of carcinoma is featured by thickened bowel wall due to infiltrated submucosal and muscular layers<sup>[61]</sup>.

CT can be used for assessing the extension areas of the tumor, such as locoregional spreading and distant metastases<sup>[62]</sup>. On CT scanning, the polypoid type reveals a bulky mass with lobulated margins. An infiltrating type appears with an eccentric or concentric thickening wall. The density of the lesion increases markedly after injection of contrast medium<sup>[62]</sup> (Figure 13). CT may be used in assessing the extramural spread of tumor when extraintestinal infiltration is diagnosed in the presence of irregularity and dense stripes in the peri-intestinal adipose tissue. CT may also be used in assessment of the extension of any locoregional spread and distant



**Figure 13 Sigmoid colon cancer in a 59-year-old female.** Contrast-enhanced spiral computed tomography scan shows luminal narrowing and marked wall thickening. There is adjacent stranding of the serosa and mesenteric fat, a small lymph node anterior to the irregular thickening wall.

metastases, such as spreading to the adjacent or distant organs (bladder, vagina and abdominal and pelvic muscles). The liver is the most commonly infiltrated organ by metastases from colorectal cancer and CT has more than 90% sensitivity in diagnosing lesions larger than 1 cm<sup>[63,64]</sup>. Complications of colorectal carcinoma include obstruction, perforation, pericolic abscess, ischemic colitis and intussusception.

### Lymphoma

Other malignancies that invade the colon are rare. Primary lymphomas of the colon often involve the cecum and rectum and are non-Hodgkin in type. The tumors may appear as localized, large, extraluminal masses or constricting. Diffuse infiltration is the most frequent form of colonic lymphoma and is featured by nodules with intact mucosal surface and diffuse or segmental distribution<sup>[17,23,24]</sup>. The local complications of lymphoma include perforation, pneumatosis coli and intussusception.

### Polyps

A “polyp” is a raised mucosal lesion. This term does not imply any histological features. Metaplastic polyps are relatively more common in the rectum and less common in the colon. These have no malignant potential. Most adenomas are polyps. Adenomas are well-defined circumscribed areas of dysplastic epithelium. The overall pattern of the epithelium and stroma may be classified as tubular, villous or mixed. The significance of adenoma is its malignant potential. The imaging features created by a polyp depend on the angle at which it is viewed and its relationship to the barium pool. Several signs are described on the radiological features: (1) meniscus sign: en face view showing a clearly defined inner and outer margin of the meniscus; (2) increased density sign: on barium enema, polyps are intraluminal lesions coated with barium. The incident X-ray beam may pass through four layers of barium. These factors may increase the density. A localized area of “increased density” may also be drawn; and (3) filling defect: a polyp on the dependent wall

creates a “shadow” (low density area) in the barium pool. This feature is helpful in differentiating that the lesion is intraluminal. If the polyp is on the non-dependent wall, it may be hidden by the dense barium pool. To confirm the relationship between the lesions and the intestinal wall, it is helpful to turn the patients from side to side with the table flat and view the lesions at different angles.

In general, the radiological features of a polyp may be noted as six “S’s”: its site, size, shape (regular/irregular), surface texture (smooth, lobulated, very nodular), symmetry of the base (smooth/irregular, indrawn) and singularly or otherwise<sup>[65]</sup>. Although polyposis syndrome is generally rare, it plays important roles in relation to cancer prevention, screening and genetic counseling.

## CONCLUSION

Conventional radiographs can provide valuable information on detection, characterization, staging and prediction of treatment response of GI malignancies. However, barium imaging has some limited roles in staging GI tract tumors. Tumors spreading to adjacent GI segments and accompanying complications may not be disclosed by barium imaging. Cross-sectional imaging may provide more accurate details of the adjacent organ invasion, omental or peritoneal spread.

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