

November 22, 2014



Dear Editor,

Please find enclosed the edited manuscript in Word format (file name: 13600-revised review.doc).

Title: The role of diet on non-alcoholic fatty liver disease: An updated narrative review.

Author: Dimitrios Papandreou, Eleni Andreou

Name of Journal: *World Journal of Hepatology*

ESPS Manuscript NO: 13600

The manuscript has been improved according to the suggestions of reviewers:

1. Format has been updated

Answer: We have corrected all grammatical errors and English editor improved to the best the whole manuscript. Additional new paragraphs have been added to provide more up-to-date information. All corrections on the manuscript have been marked with red.

2 Revision has been made according to the suggestions of the reviewers

1st Reviewer Comments: The paper is certainly interesting. However, the major problem of this manuscript is that it contains information already presented in many elegant reviews including: World Journal of Gastroenterology 2014, 20, 14219-14229 and Aliment Pharmacol Ther 2014, 39, 3-14. (some have not been cited in this manuscript). The paper needs to be updated with recent (missing in the manuscript) literature on the topic. The language meets the requirements for publications, however there are few errors in the text.

Answer: We would like to thank you for your time spent to revise the article. We agree with your comments and we have updated the whole manuscript with new information. More specifically we have substituted in each section old information with new data where necessary and updated the references as follows:

Epidemiology (2 new references of 2014 year),

Pathogenesis (3 new references, 2 of 2014 year and 1 of 2009 year)

Histology (1 new reference of 2014 year)

Diagnosis (2 new references, 1 of 2014 and 1 of 2013)

Treatment-Drug (5 new references, 1 of 2014, 1 of 2013, 1 of 2012, 1 of 2010, 1 of 2004)

Treatment-Diet (16 new references, 11 of 2014, 1, of 2013, 1 of 2012, 1 of 2011, 1 of 2010 and 1 of 2007)

We have also corrected all minor errors in the text as you have suggested

2nd reviewer Comments: I review the manuscript entitled "The role of diet on non-alcoholic fatty liver disease: An updated narrative review". This mini-review is well written but needs more up to date references as most of the references are old. Table 2 need reference for all items.

Answer: We would like to thank the second reviewer for his/her comments. We agree and we have updated the whole manuscript with new information. More specifically we have substituted in each section old information with new data where necessary and updated the references as follows:

Epidemiology (2 new references of 2014 year),

Pathogenesis (3 new references, 2 of 2014 year and 1 of 2009 year)

Histology (1 new reference of 2014 year)

Diagnosis (2 new references, 1 of 2014 and 1 of 2013)

Treatment-Drug (5 new references, 1 of 2014, 1 of 2013, 1 of 2012, 1 of 2010, 1 of 2004)

Treatment-Diet (16 new references, 11 of 2014, 1, of 2013, 1 of 2012, 1 of 2011, 1 of 2010 and 1 of 2007)

We have also deleted table 2 as we added more new information in a narrative manner.

3rd Reviewer Comments: This study is an extensive review on the role of diet on non-alcoholic fatty liver disease.

The information presented is interesting; however, the paper has several limitations:

1. Related work has been previously published and only a few new points have been added. Some of the references that are cited do not seem to be those of recent studies, which is important to a review. Further, the authors should consider citing more (recent) studies in their paper. Answer: We would like to thank the second reviewer for his/her comments. We agree and we have updated the whole manuscript with new information. More specifically we have substituted in each section old information with new data where necessary and updated the references as follows:

Epidemiology (2 new references of 2014 year),

Pathogenesis (3 new references, 2 of 2014 year and 1 of 2009 year)

Histology (1 new reference of 2014 year)

Diagnosis (2 new references, 1 of 2014 and 1 of 2013)

Treatment-Drug (5 new references, 1 of 2014, 1 of 2013, 1 of 2012, 1 of 2010, 1 of 2004)

Treatment-Diet (16 new references, 11 of 2014, 1, of 2013, 1 of 2012, 1 of 2011, 1 of 2010 and 1 of 2007)

2. Although the meaning is mostly clear, quite a few sentences are grammatically incorrect. The manuscript needs editing by someone with expertise in technical English editing, and particular attention should be paid to English grammar, spelling, and sentence structure so that the paper is clear to the reader. Answer: Thank you very much for your comments. We agree with that and the paper was given to an English editor and grammar correction and sentence structure have been now improved to our best

3. The introduction was not stated clearly, and be more specific with your writing. Answer: We agree with that and we have reconstructed the introduction as you have requested.

4. The title of this manuscript is "The role of diet on non-alcoholic fatty liver disease: An updated narrative review", but

in this text, the authors investigated not only the current therapeutic options and new candidate drugs for the treatment of NAFLD, also the mechanism of hepatic fat accumulation, did not focus on the role of diet. Answer: We agree with your comments. We now have improved the manuscript by adding more information on all sections of diet treatment as well as the other nutrients by providing new information. In addition we also discussed the role of prebiotics in NAFLD

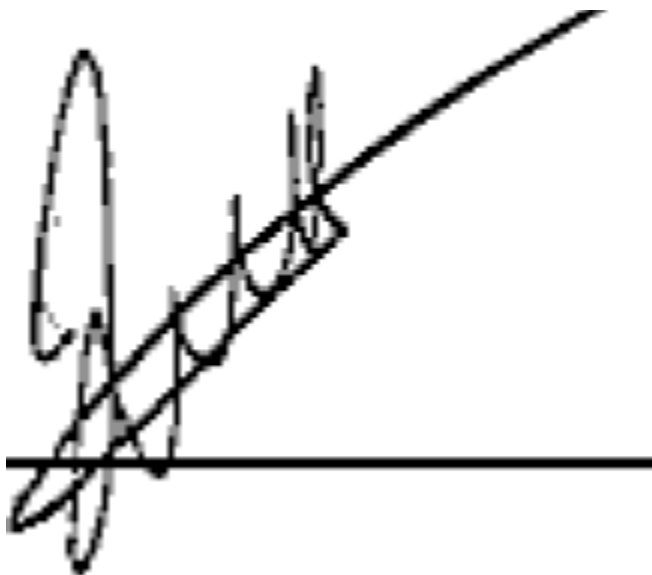
5. Each recommendation in Table 2 should add the corresponding references, as in table 1. Answer: Table 2 was deleted as more new information was presented and it would not fit appropriately.

4th Reviewer Comments: The paper is well written but has some minor grammatical errors throughout. I am not sure if reference #62 is correct- it refers to bariatric surgery and not PUFA. it is also identical to ref #74. Also ref #73 is out of sequence. Answer: We thank you for the comment. We agree and have corrected it as per request.

3. References and typesetting were corrected as per request of the editor. The PubMed number and DOI were inserted to all references that had one on the pubmed or pubmed central. Couple of them did not have a DOI

Thank you again for publishing our manuscript in the *World Journal of Hepatology*.

Sincerely yours,

A handwritten signature in black ink, appearing to read 'Dimitrios Papandreou', is written over a horizontal line.

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