

Hepatic artery infusion chemotherapy for advanced hepatocellular carcinoma

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Abstract

Hepatocellular carcinoma (HCC) is one of the most common cancers worldwide. Surgery, percutaneous ablation and liver transplantation are the only curative treatment modalities for HCC. However, the majority of patients have unresectable disease at diagnosis. Therefore, effective treatment options for patients with advanced HCC are required. In advanced HCC, according to current international guidelines, sorafenib, a molecular targeted agent, is the standard treatment. However, alternative treatment modalities are required because of the low response rates and unsuitability of

molecular agents in real practice. In various treatment modalities, mostly in Asia, hepatic arterial infusion chemotherapy (HAIC) has been applied to advanced HCC with a view to increasing the therapeutic efficacy. HAIC provides direct drug delivery into the tumor feeding vessels and also minimizes systemic toxicities through a greater first-pass effect in the liver. However, the sample sizes of studies on HAIC have been small and large randomized trials are still lacking. In this article, we describe the treatment efficacy of HAIC for advanced stage HCC and discuss future therapeutic possibilities.

Key words: Hepatocellular carcinoma; Advanced stage hepatocellular carcinoma; Sorafenib; Hepatic arterial infusion chemotherapy; Treatment efficacy

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Core tip: Sorafenib is the standard of treatment for advanced hepatocellular carcinoma (HCC). However, the suitability of sorafenib is limited by its low response rates, and unsuitability for patients with poor liver function. Therefore, other treatment modalities are required. Hepatic arterial infusion chemotherapy (HAIC) has the advantages of delivering high levels of chemotherapeutic drugs directly into tumor-associated hepatic arterial branches and repeat injections are relatively simple to carry out. Thus the local therapeutic level is increased and systemic adverse effects are decreased. In the future, HAIC may be a promising treatment strategy for the management of advanced HCC.

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INTRODUCTION

Hepatocellular carcinoma (HCC) is the fifth most common malignancy and shows high cancer-related mortality worldwide^[1]. The incidence of HCC is increasing with the prevalence of major risk factors such as hepatitis B, hepatitis C, alcohol and nonalcoholic steatohepatitis. Despite surveillance programs in high-risk patients, most patients with HCC are diagnosed at an advanced stage. In limited patients (fewer than 30%), curative treatments, including resection, liver transplantation, or radiofrequency ablation, can be applied^[2]. The prognosis of patients with HCC is still poor, and life expectancy is difficult to predict^[3]. Furthermore, advanced HCC patients may show heterogeneous clinical features, from single nodules associated with limited portal vein thrombosis, to multiple intrahepatic metastasis associated with extrahepatic spread^[4,5].

Sorafenib, the multi-tyrosine kinase inhibitor, was reported to show survival benefits and is the current standard treatment in advanced HCC^[6,7]. Sorafenib treatment has shifted the treatment strategy towards molecular targeted therapies for advanced HCC^[8]. However, other alternative treatment modalities are required because of low response rates^[9] and the unsuitability of molecular agents in real clinical practice.

In other alternative therapies, hepatic arterial infusion chemotherapy (HAIC) has been applied to advanced stage HCC with a view to increasing the therapeutic efficacy in Japan and Korea. HAIC provides direct delivery of chemotherapeutic agents into tumor feeding vessels and also minimizes systemic toxicities through a greater first-pass effect in the liver^[10,11]. Therefore, the purpose of this article was to describe the treatment efficacy of HAIC for advanced stage HCC and discuss future therapeutic possibilities.

HEPATIC ARTERY INFUSION CHEMOTHERAPY

HAIC has been applied to treat advanced HCC patients with tumors that are unresectable, refractory to TACE in single or multiple tumors, the infiltrative type or those with portal vein thrombosis. Theoretically, HAIC shows better efficacy than systemic chemotherapy in advanced HCC because the infusion of the chemotherapeutic agents through the hepatic artery provides direct delivery of high concentrations of drugs to the feeding arteries of HCC. In addition, HAIC also minimizes systemic toxicities through a greater first-pass effect in the liver, reflecting the lower the systemic levels of the drugs compared to systemic infusion. HAIC has been applied in advanced stage HCC with a view to improving the therapeutic indexes in Asia, especially Japan and Korea. However, there is no evidence for a survival benefit of HAIC compared with sorafenib.

Various chemotherapeutic agents based on 5-fluorouracil (5-FU) and cisplatin are commonly used and have been investigated for HAIC^[12,13]. The mechanisms of the 5-FU are the disruption of RNA synthesis and inhibition of the nucleotide synthetic enzyme thymidylate synthase by active metabolites of 5-FU, including fluorodeoxyuridine monophosphate (FdUMP), fluorodeoxyuridine triphosphate and fluorouridine triphosphate^[14]. Cisplatin also shows cytotoxic effects and reinforces the effect of 5-FU^[8,15]. The mechanism of cisplatin is the direct inhibition of DNA replication and interruption of methionine transport in cancer cells. Furthermore, cisplatin increases levels of intracellular folic acid, which is important for binding of FdUMP, an active metabolite of 5-FU to thymidylate synthetase^[16,17]. Therefore, the synergistic effect of cisplatin and 5-FU is the basis of HAIC. While various treatment regimens based on 5-FU and cisplatin have been tried in HAIC^[18,19], few comparative trials for these regimens have been evaluated in advanced HCC patients.

TECHNICAL ASPECT

To evaluate hepatic artery vascularization and patency of portal vein, angiography of the celiac trunk and superior mesenteric artery were performed through access to the femoral artery. Any reflux of anti-cancer drugs into the gastrointestinal tract, and out of the liver, is a contraindication for HAIC. If necessary, embolization of non-tumor feeding vessels is performed to prevent the reflux of cytotoxic drugs into both uninvolved liver parenchyma and extrahepatic organs, such as the stomach and duodenum. After selection of the tumor feeding artery, the catheter was inserted at the proper hepatic or common hepatic artery and connected to the port system. The port device in a subcutaneous pocket was implanted in the right or left iliac fossa. An infusion pump is necessary to prevent the reflux of chemotherapeutic agents because of implantation of the infusion port in the hepatic artery (Figure 1).

TREATMENT OUTCOME

In 1995, Toyoda *et al*^[20] reported the treatment outcome of HAIC in HCC patients with portal vein thrombosis as first. Transarterial chemoembolization (TACE) has long been used as a palliative therapy for unresectable HCC in real clinical practice. However, HAIC has shown favorable outcomes in patients with intractable, advanced HCC compared with TACE (Figures 2 and 3).

Sumie *et al*^[21] reported a comparative study between TACE and HAIC in advanced HCC. The tumor response rates (objective response) of HAIC and TACE groups were 56.3% and 23.8%, respectively. In advanced HCC (TNM stage IV or the tumor maximal diameter > 5 cm), patients tended to show better

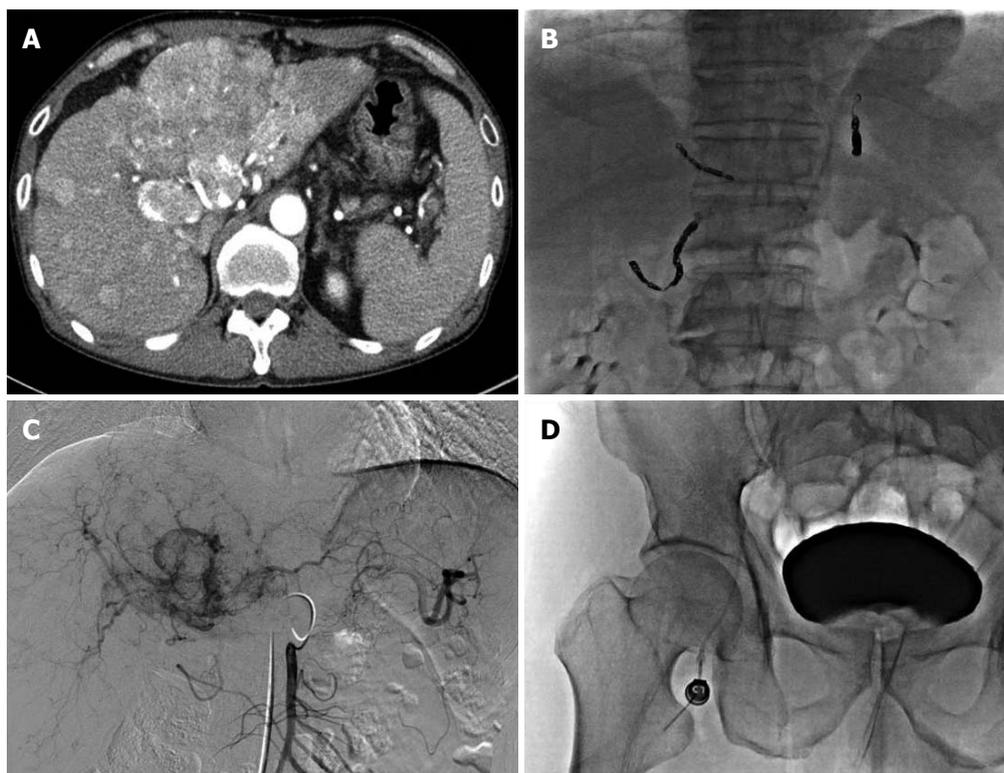


Figure 1 Technical aspects of hepatic artery infusion chemotherapy. A: Liver dynamic computed tomography showing multinodular hepatocellular carcinoma (HCC) with portal vein thrombosis; B: The embolization of non-target vessels to minimize the flow of chemotherapeutic agents into both uninvolved liver parenchyma and extrahepatic tissues; C: After finding HCC in the feeding artery, the tip of the catheter was located at the proper hepatic or common hepatic artery, chemotherapeutic agents were infused through a pump; D: The proximal end of the catheter was connected to the injection port, which was implanted in a subcutaneous pocket in the right iliac fossa.

survival benefits in the HAIC group than in the TACE group, although the overall survival rates between the two groups showed no significant difference. Kim *et al*^[22] also reported that the objective response rate and overall survival in HAIC showed better than TACE group (16.7% vs 0%, $P = 0.030$, median survival; 193 vs 119 d, $P = 0.026$, respectively). In terms of adverse events, there were no significant differences between the HAIC and TACE group.

The reported overall response rate was 15%-56% (Table 1). Various combination regimens based on 5-FU and cisplatin have been investigated for HAIC. Hamada *et al*^[23] reported treatment response and survival in HAIC using cisplatin (10 mg) and 5-FU (250 mg). The objective response rate was 17% (CR 1%, PR 16%). The median survival time was 19.5 mo. Lin *et al*^[24] prospectively evaluated the effect of HAIC of the combination of cisplatin, mitomycin C, 5-FU and leucovorin. The treatment regimen consisted of cisplatin (10 mg/m²), mitomycin C (2 mg/m²), leucovorin (15 mg/m²) and 5-FU (100 mg/m²) for 5 consecutive days. The objective response was 28.3% (CR 9.4%, PR 18.9%). The patients with treatment response showed longer survival benefits than the patients without treatment response (24.6 vs 8.7 mo, $P < 0.001$). Hwang *et al*^[25] evaluated the efficacy of HAIC using the FEM (5-FU, epirubicin, mitomycin C) regimen for advanced HCC. The regimen consisted of

5-FU (330 mg/m², every week), epirubicin (30 mg/m², every 4 wk) and mitomycin-C (2.7 mg/m², every 2 wk). The objective response was 38.9% and the median survival was 8 mo.

While various treatment regimens based on 5-FU and cisplatin have been tried in HAIC, few comparative trials for these regimens have been evaluated in advanced HCC patients. Recently, in a prospective study in Korea, Woo *et al*^[26] reported a comparative study between high dose HAIC (5-FU, 500 mg/m² for 3 consecutive days and cisplatin, 60 mg/m² on day 2) and low dose HAIC (5-FU, 170 mg/m² and cisplatin, 7 mg/m² on days for 5 consecutive days). The objective response rate in the high-dose HAIC showed significantly better efficacy than the low-dose HAIC (16.7% vs 0%, $P = 0.024$). The median time to progression and overall survival showed more favorable trends in the high-dose HAIC group than in the low-dose HAIC group (145 vs 90 d, $P = 0.095$, 193 vs 153 d, $P = 0.108$, respectively). Furthermore, Kim *et al*^[17] showed a better long-term outcome of high dose HAIC. During the follow-up period, overall survival and time to progression were 9.5 and 6.0 mo, respectively. These results seem comparable to the reported outcome of sorafenib.

A randomized phase II trial by Yamashita *et al*^[27] compared the response rates to treatment with interferon combined with HAIC using 5-FU and

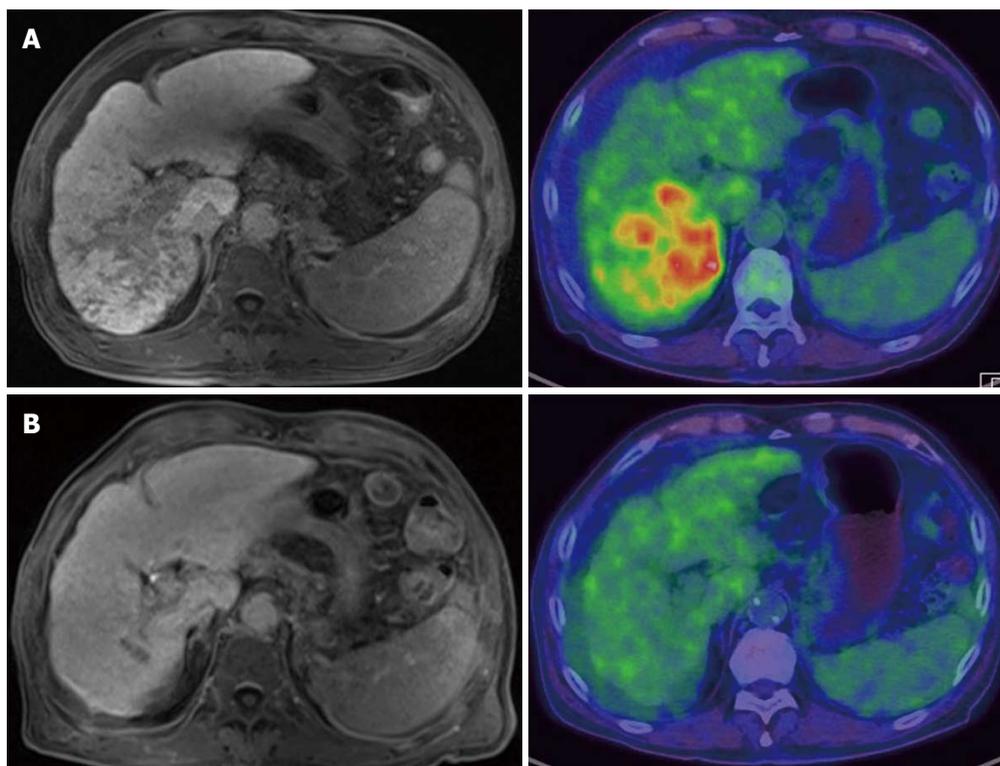


Figure 2 Favorable outcome of patient with infiltrative hepatocellular carcinoma treated by hepatic artery infusion chemotherapy. A: Patient with infiltrative type hepatocellular carcinoma (HCC) with portal vein thrombosis in liver dynamic magnetic resonance imaging (MRI) showed high FDG uptake; B: After hepatic artery infusion chemotherapy, this patient showed no viable HCC except focal portal vein thrombosis in a follow-up liver MRI and positron emission tomography/computed tomography.

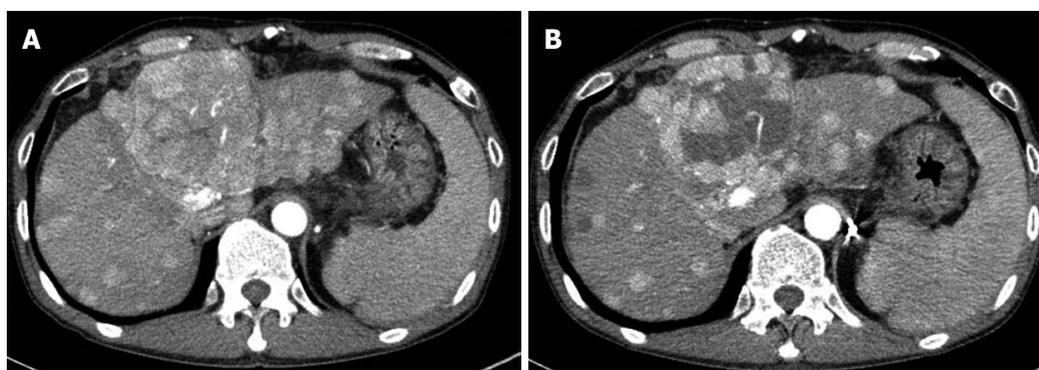


Figure 3 Favorable response of patient with multinodular hepatocellular carcinoma treated by hepatic artery infusion chemotherapy. A: Patient with multinodular type hepatocellular carcinoma (HCC) with portal vein thrombosis in baseline liver dynamic computed tomography (CT); B: After hepatic artery infusion chemotherapy, this patient showed partial necrosis of HCC in a follow-up liver dynamic CT.

cisplatin (IFN/FU + CDDP) or 5-FU (IFN/FU) alone. The response rates were 45.6% for the IFN/FU + CDDP group and 24.6% for the IFN/FU group ($P = 0.030$). Although there was no significant difference in overall survival, the progression free survival showed a better outcome in the IFN/FU+CDDP compared with the IFN/FU group (6.5 mo vs 3.3 mo, respectively, $P = 0.0048$).

Recently, Nouse *et al*^[28] evaluated the efficacy of HAIC of 5-FU and cisplatin for advanced HCC in a nationwide survey in Japan. The outcome of 476 patients with HCC who underwent HAIC was compared with 1466 patients who did not receive active therapy.

In propensity score-matched analysis, median survival in patients with HAIC was longer than that in patients with supportive care (14.0 vs 5.2 mo, respectively, $P < 0.0001$). Song *et al*^[29] reported a comparative study between sorafenib and HAIC. The median overall survival in the HAIC treatment group was better than that in the sorafenib group (7.1 vs 5.5 mo, $P = 0.011$). Therefore, HAIC might show a survival benefit as well as reducing the tumor burden. However, most previous reports were retrospective designs. The small sample size and disparity in the treatment response of each institution are limitations.

Table 1 Treatment response and survival rate of hepatic arterial infusion chemotherapy

Group	No.	Treatment regimen	Response rate (CR + PR)	Median survival
Toyoda <i>et al</i> ^[20]	21	Cisplatin: 5-10 mg 5-FU: 500 mg	14.3%	36-549 d
Sumie <i>et al</i> ^[21]	16	Group 1: Cisplatin 10 mg + 5-FU : 250 mg (5 d)	56.3%	2.7 yr
	21	Group 2: TACE with epirubicin	23.8%	1.7 yr
Kim <i>et al</i> ^[22]	36	Group 1: 5-FU 500 mg/m ² on D 1-3 + Cisplatin 60 mg/m ² on D2	16.7% (PR16.7%)	193 d
	31	Group 2: TACE with doxorubicin (10-60 mg)	0%	119 d
Hamada <i>et al</i> ^[23]	88	Cisplatin: 10 mg 5-FU: 1000 mg	17% (CR1%/PR16%)	19.5 mo
Lin <i>et al</i> ^[24]	53	Cisplatin: 10 mg, 5-FU 100 mg, Mitomycin 2 mg Leucovorin 15 mg	28.3%	NA
Hwang <i>et al</i> ^[25]	18	5-FU 330 mg/m ² every week Epirubicin 30 mg/m ² Mitomycin-C 2.7 mg/m ² every 2 wk	38.9% (PR 38.9%)	8 mo
Sim <i>et al</i> ^[30]	67	Group 1: Cisplatin: 80 mg/m ² (1 d)	20% (CR2.5%/PR17.5%)	5 mo
	36	Group 2: Cisplatin: 60 mg/m ² (1 d) + 5-FU 500 mg/m ² (3 d)	19.2% (CR 3.8%/PR15.4%)	8.5 mo
Lim <i>et al</i> ^[31]	40	Group 1: Cisplatin 10 mg + 5-FU 250 mg (5 d)	3.8% (PR 3.8%)	5 mo
	39	Group 2: Conservative care	0%	3 mo
Woo <i>et al</i> ^[26]	36	Group 1 (High dose): 5-FU 500 mg/m ² on D 1-3 + Cisplatin 60 mg/m ² on D2	16.7% (PR 16.7%)	193 d
	32	Group 2 (Low dose): 5-FU 170 mg/m ² on D 1-5 + Cisplatin 7 mg/m ² on D 1-5	0%	153 d
Yamashita <i>et al</i> ^[27]	57	Group 1 (IFN/FU): 5-FU 300 mg/m ² per day for 5 d for 1 st 2 wk + IFN α -2b 3M U IM 3 times/wk for 4 wk	45.6% (CR 1.7%/PR 43.9%)	10.5 mo
	57	Group 2 (IFN/FU + Cisplatin): IFN/FU + Cisplatin 20 mg/m ² on day 1, 8	24.6% (CR 5.3%/PR 19.3%)	17.6 mo
Nouso <i>et al</i> ^[28]	476	Group 1: Cisplatin + 5-FU	40.5%	14.0 mo
	1466	Group 2: No therapy	4.0% (PR 36.5%)	5.2 mo
Song <i>et al</i> ^[29]	50	Group 1: Cisplatin + 5-FU \pm epirubicin	24.0%	7.1 mo
	60	Group 2: Sorafenib	13.3%	5.5 mo

NA: Not available; 5-FU: 5-fluorouracil.

SAFETY AND COMPLICATION

The complications of using HAIC were reported as fever, jaundice, GI complication (nausea, vomiting or abdominal pain) and complication of port insertion site (infection and thrombosis). The rates of these post embolization complications in HAIC are lower than TACE. In particular, TACE may induce the following adverse effects: hepatic artery injury (stenosis or obstruction) or the development of collaterals, such as periportal or inferior phrenic artery. HAIC could be precluded by these complications. In some cases, hepatic or renal failure was reported. These cases may have been caused by underlying liver disease or disease progression rather than toxicity of HAIC.

CONCLUSION

Molecular targeting agents, including sorafenib, have been used and investigated clinically to treat advanced HCC. Although sorafenib treatment has shifted to the treatment strategy of molecular targeted therapies for advanced HCC, other alternative therapies are required because of the low response rates and unsuitability for patients with poor liver function. These studies may suggest the possibility of HAIC as an alternative

therapy for advanced HCC. In particular, the indications for HAIC were unresectable, refractory to TACE in single or multiple tumors, infiltrative type or tumor with portal vein thrombosis. The advantages of HAIC are the delivery high doses of chemotherapeutic drugs directly into the hepatic arterial branches relating with the tumors and the ability to repeat the injection relatively simply, consequently increasing the local therapeutic level and decreasing systemic adverse effects. Therefore, HAIC may be a promising treatment strategy for the management of advanced HCC.

However, the limitations of this study on HAIC are that the sample size was small and that large randomized trials are still lacking. Further study to determination of appropriate treatment regimen in HAIC is important. As sorafenib is the standard treatment for advanced HCC, a comparative study between sorafenib and HAIC is needed. Currently, randomized controlled trials between HAIC and sorafenib in advanced HCC are ongoing to validate the overall clinical benefits of HAIC.

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