

## North Staffordshire Local Research Ethics Committee

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18 December 2008

Dr. Elizabeth Hughes  
Consultant in Metabolic Medicine  
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Dear Dr. Hughes

**Full title of study:** Diabetes, Health, Residence & Metabolism in Asians: the DHRMA study  
**REC reference number:** 08/H1204/130

Thank you for your letter of 04 December 2008, responding to the Committee's request for further information on the above research and submitting revised documentation.

The further information has been considered on behalf of the Committee by the Chair.

### Confirmation of ethical opinion

On behalf of the Committee, I am pleased to confirm a favourable ethical opinion for the above research on the basis described in the application form, protocol and supporting documentation as revised, subject to the conditions specified below.

### Ethical review of research sites

The favourable opinion applies to the research sites listed on the attached form.

### Conditions of the favourable opinion

The favourable opinion is subject to the following conditions being met prior to the start of the study.

Management permission or approval must be obtained from each host organisation prior to the start of the study at the site concerned.

Management permission at NHS sites ("R&D approval") should be obtained from the relevant care organisation(s) in accordance with NHS research governance arrangements. Guidance on applying for NHS permission is available in the Integrated Research Application System or at <http://www.rdforum.nhs.uk>.