

This manuscript is a succinct review of an interesting issue, not enough studied to date. My impression of the quality of the review is good. However, I think that there are some points which should be revised and reconsidered.

- The authors do not state which type of review they have developed. I guess that it was a non-systematic review, but this should be clearly stated (narrative review).

The manuscript is an editorial, not a revision manuscript. In this context, we have not performed a systematic review but a revision of this area. It is difficult for us to find in which part of the document we could state that is not a systematic review because we have not include any part of the document regarding methods since we have write a editorial.

- Sentence "In a review by Barlati et al. (2013), we found differing results that showed the efficacy of Cognitive Remediation Therapy (CRT) in the early course of psychosis". I did not understand the meaning of 'differing' here, and still did not when I read the original article. I guess that the authors meant "several". Additionally, it would be preferable to use the form "the authors found...".

We thank the reviewer for this comment. We have modified the sentence regarding their suggestion:

"In a review by Barlati et al. (2013)¹, the authors found several results that showed the efficacy of Cognitive Remediation Therapy (CRT) in the early course of psychosis."

- Sentence "In summary, psychological therapies in the early stages of the illness are useful for..." I strongly disagree with the use of such categorical conclusion ("...are useful for...") especially when several of the aspects rely on just one study. Among others, suicide: it relies on one study whose outcome was suicidal ideation, not suicide, nor suicidal attempts. I think that the authors should change the categorical expression and use a cautious one. For example, "Although the literature on psychological therapies in the early stages of the illness is still scarce, the results suggest that they could be beneficial in several domains, such as..."

We have modified the sentence considering the comments of the reviewer:

"In summary, although the literature on psychological therapies in the early stages of the psychosis is still scarce, the results suggest that they could be beneficial in reducing several domains, such as symptoms, relapses, suicide, cannabis consumption and to improve cognitive functioning".

- Sentence "Previously, Marshall et al. (2011) found that there was inconclusive evidence that interventions could help in the prodromal phase". In order to preserve a more logical order, I think that this sentence should be located previous to "Two meta-analyses have been performed..." and point out the discrepancy between the existing systematic reviews.

We thank the reviewer for this comment. We have modified the order of these sentences:

The first one by Marshall et al. (2011)ⁱⁱ found that there was inconclusive evidence that interventions could help in the prodromal phase. In the second meta-analysis of Stafford et al. (2013)ⁱⁱⁱ the authors explored the effectiveness of psychological interventions in preventing psychosis.

- Entire paragraph beginning with: Other studies analyzing the efficacy of CRT... I cannot see the point of including this study. Whereas the authors are focusing in the Psychological interventions as early strategies to prevent psychosis, this study deals with the different effectiveness of a cognitive intervention to improve cognition, and how it was more effective in those with prodromal patients, but this is not the discussed issue.

We agree with the reviewer that this publication is a little different from the others commented previously. We have removed this paragraph.

- Sentence: "However, the meta-analyses noted above^{23,24} point up...". English is not my native language, but I guess that the authors wanted to say "points up" or "pointed up".

We have modified this sentence according to the comments of the reviewer.

- Sentence: "Effective psychological interventions for early stages are needed due to the importance early intervention in reducing chronicity". This is a linguistic remark. I guess that the correct expression is "...to the importance of early intervention..."

We have modified this sentence according to the comments of the reviewer.

- Sentence: "Several advantages arise in the use of psychological therapies for people with psychosis in several phases of the illness, among which is the absence of side effects in contrast to medication". I obviously agree regarding the absence of somatic adverse effects of psychotherapy in psychosis, but it does not mean that it has potentially no negative consequences, that should also be studied. For example, any type of psychotherapy in psychosis which directly or indirectly increases the awareness of illness may constitute a risk factor for suicide in patients with depression or hopelessness. I think that this notion should be pointed out (their potential disadvantages or risks, and if the authors do not find any literature, state that it has not been found).

We have not found any reference regarding negative effects of psychotherapy in people with psychosis. We have modified the sentence in the manuscript according to the reviewer's comments.

"Moreover no evidence has found regarding the potential disadvantages or risks of the implementation of psychotherapy."

- Finally, from a whole perspective, I miss some more critical discussion from the authors about the described and exposed existing literature, beyond a descriptive approach. A good critical discussion about the existing literature always enriches the quality of a narrative review.

We thank that reviewer for this comment. The manuscript has been improved considerably.

We have added the following sentence:

"First, the importance of address symptoms since the onset of the illness will improve the course of it. During the past years there is an interest in focus attention in this population creating specific programs for people with a first-episode psychosis. In this context, the implementation of psychological therapies should be necessary. Second, evidence of positive results regarding the implementation of CBT or CRT therapies have been demonstrated in early intervention in the attention of people with psychosis. Considering these results, psychological therapies could be added to medication treatment for the improvement of symptoms, adherence, insight and information about the illness. Moreover no evidence has found regarding the potential disadvantages or risks of the implementation of psychotherapy."

ⁱ **Barlati S**, Deste G, De Peri L, Ariu C, Vita A. [Cognitive remediation in schizophrenia: current status and future perspectives](#). *Schizophrenia Research and Treatment*; 2013; Epub 2013 Dec 17.

ⁱⁱ **Marshall M**, Rathbone J. Early intervention for psychosis. *Cochrane Database System Review*. PMC, 2014. September 15.

ⁱⁱⁱ **Stafford MR**, Jackson H, Mayo-Wilson E, Morrison AP, Kendall T. Early interventions to prevent psychosis: systematic review and meta-analysis. *British Medical Journal*; 2013; **18**;346:f185. doi: 10.1136/bmj.f185.