

Therapeutic improvement of colonic anastomotic healing under complicated conditions: A systematic review

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Abstract

AIM: To identify therapeutic agents for the prophylaxis of gastrointestinal anastomotic leakage (AL) under complicated conditions.

METHODS: The PubMed and EMBASE databases were searched for English articles published between January 1975 and September 2014. Studies with the primary purpose of improving anastomotic healing in the colon or rectum under complicated preoperative and/or intraoperative conditions were included. We excluded studies investigating the adverse effects or risk assessment of an active intervention. Furthermore, investigations of biophysical materials, sealants, electrical stimulation and nutrients were excluded. The primary study outcome was biomechanical anastomotic strength or AL. The meta-analysis focused on therapeutic agents that were investigated in one animal model using the same outcome by at least three independent research groups.

RESULTS: The 65 studies included were divided into 7 different complicated animal models: Bowel ischemia, ischemia/reperfusion, bowel obstruction, obstructive jaundice, peritonitis, chemotherapy and radiotherapy. In total, 48 different therapeutic compounds were examined. The majority of investigated agents (65%) were reported as beneficial for anastomotic healing. Twelve of the agents (25%) were tested more than once in the same model, whereas 13 (27%) of the agents were tested in two or more models of complicated healing. Two therapeutic agents met our inclusion criteria for the meta-analysis. Postoperative hyperbaric oxygen therapy significantly increased anastomotic

bursting pressure in ischemic colon anastomoses by a mean of 28 mmHg (95%CI: 17 to 39 mmHg, $P < 0.00001$). Granulocyte macrophage-colony stimulating factor failed to show a significant increase in anastomotic bursting pressure (95%CI: -20 to 21 mmHg, $P = 0.97$) vs controls in experimental chemotherapeutic models.

CONCLUSION: This systematic review identified potential therapeutic agents, but more studies are needed before concluding that any of these are useful for AL prophylaxis.

Key words: Anastomotic healing; Colorectal surgery; Breaking strength; Bursting pressure; Anastomotic leakage; Ischemia; Chemotherapy; Reperfusion; Bowel obstruction; Peritonitis; Radiotherapy

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Core tip: Anastomotic leakage is a challenging complication after colorectal surgery. Although many pharmaceutical compounds have the potential to improve anastomotic healing, none has reached the clinical setting. This study reviewed 65 experimental studies investigating 48 different therapeutic agents for the improvement of anastomotic healing under complicated conditions due to ischemia, ischemia/reperfusion, obstructive bowel, obstructive jaundice, peritonitis, chemotherapy or radiotherapy. Of the 31 agents reported to enhance anastomotic healing, one was subjected to a meta-analysis. Hyperbaric oxygen therapy significantly improved anastomotic healing in rat models complicated by bowel ischemia. Further exploration is needed to define agents that reduce AL in high-risk patients.

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INTRODUCTION

Colorectal surgery with construction of a primary anastomosis is performed for conditions such as cancer, diverticulitis, ulcerative colitis, ischemia or stoma reversal.

Despite improvements in preoperative management and surgical techniques, anastomotic leakage (AL) remains a major complication. The incidences of AL after colonic resection and rectal resection are 3%-7% and 10%-20%^[1-3], respectively. AL is associated with increased risk of morbidity, short-term mortality, permanent ostomy, tumor recurrence and a diminished overall long-term survival^[2,4-8].

In animal models of anastomotic healing, anastomotic bursting pressure (BPR) and anastomotic break-

ing strength (BST) are the most common surrogate outcomes of anastomotic healing. BPR reflects the resistance to increased intraluminal pressure, whereas BST reflects the increased longitudinal load. The collagen concentration is important for anastomotic integrity and declines to a minimum 3 d after the construction of colonic anastomoses under normal healing conditions^[9,10].

Previous studies have identified several local and systemic factors with deleterious effects on anastomotic wound healing, including ischemia^[11,12], reperfusion^[13-15], bowel obstruction^[16], obstructive jaundice^[17], peritonitis^[11,16,18,19], chemotherapy^[20] and radiotherapy^[3,20]. Reperfusion after intestinal ischemia provokes local and systemic inflammatory responses^[13-15], and ischemia ultimately leads to tissue necrosis and bowel perforation^[21,22]. Acute bowel obstruction is associated with ischemia, inflammation and loss of collagen in the colonic wall^[9,23,24]. Obstructive jaundice compromises systemic immune functions^[17]. Impaired collagen synthesis is observed in peritonitis^[25] and with the use of chemotherapeutic agents^[26]. Preoperative radiotherapy, which is used to downsize rectal tumors, induces inflammation^[3,27]. Despite the well-known risk of compromised anastomotic healing under these conditions, surgical resection and construction of a primary anastomosis are pivotal in the treatment algorithm.

A recent meta-analysis identified seven compounds, including iloprost, tacrolimus, erythropoietin (EPO), growth hormone (GH), insulin-like growth factor-1 (IGF-1), hyperbaric oxygen therapy (HBOT) and synthetic inhibitors of matrix metalloproteinases (MMPs), all of which have the potential to improve anastomotic healing under non-complicated conditions^[28]. Several compounds have also been tested in different experimental models of complicating conditions^[29].

The aim of the present systematic review was to identify therapeutic agents that are potentially capable of abolishing or reducing the deleterious effects on anastomotic healing caused by ischemia, ischemia/reperfusion (I/R), obstructive bowel, obstructive jaundice, peritonitis, chemotherapy or radiotherapy.

MATERIALS AND METHODS

Methods

This systematic review was conducted according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses guidelines^[30].

Search strategy

The PubMed and EMBASE databases were searched for articles published between January 1975 and September 2014 using the following syntax: ((Surgical anastomo*) OR (intestinal anastomo*) OR (anastomo* AND leak*) OR (anastomo* AND dehiscence) OR (surgical wound dehiscence) OR (anastomo* AND failure) OR (anastomo* AND rupture)) AND ((colorectal surgery) OR (surgical anastomo*) OR (colo* AND surgery) OR (rect* AND surgery) OR (large intestine and surgery)

OR (colorectal resection)) AND ((burst* pressure) OR (breaking strength) OR (anastomo* AND strength) OR (wound rupture) OR (biomechanical strength) OR (mechanical strength) OR (wound healing) OR (autopsy) OR (anastomo* AND leak*)) AND (((peritonitis) OR (infection) OR (sepsis)) OR ((ischemia) OR (hypoperfusion)) OR ((ileus) OR (bowel obstruction) OR (large bowel obstruction) OR (intestinal obstruction)) OR ((radiation) OR (radiotherapy) OR (radiochemotherapy) OR (chemotherapy))).

Cross-references from the included studies were manually reviewed.

Data extraction and outcomes

Titles of the articles identified in the search were reviewed, and potentially relevant abstracts or full-text articles, if necessary, were assessed for eligibility. Two or more authors decided whether a study qualified for inclusion, and disagreements were solved by discussion among the four authors.

The abstracted data included the complicated animal model used, the investigated compound, the time of administration, the species, the gender, the sample size, the dosage, the route, the day of anastomotic testing, the primary outcome and the effects on BPR, BST or AL of the compound investigated.

Missing data were gathered by contacting the authors.

Inclusion and exclusion criteria

English publications with the primary aim of investigating the potential beneficial properties of a pharmacological agent to improve anastomotic healing during complicated conditions were included. Studies on animals or humans with colo-colonic or colorectal anastomoses without a protecting ostomy reporting BPR, BST and AL relative to a proper control group were included.

Studies with the aim of clarifying adverse effects or risks of a therapeutic agent on anastomotic healing in complicated conditions were excluded. Likewise, studies on the effects of electrical stimulation, mechanical enforcement, such as biofragmentable anastomotic rings, endoluminal prosthesis/tube or amniotic membranes, together with sealants, such as fibrin glue, cyanoacrylates or collagen matrix bound coagulation factor sealants, and nutrients were also excluded.

Statistical analysis

Compounds investigated in one complicated animal model by at least three independent research groups using the same primary outcome were subjected to a meta-analysis. For these analyses, Review Manager (RevMan, Version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014) was used. Pooled estimates were calculated using the inverse-variance weighting method with the DerSimonian-Laird random-effects model. Heterogeneity among the studies was determined using I^2 tests. The level of statistical significance was 0.05.

RESULTS

A total of 65 studies were included in the study (Figure 1). These studies were divided into 7 different animal models (Figure 2): Bowel ischemia models ($n = 21$) in rats ($n = 20$) and dogs ($n = 1$), I/R injury models ($n = 8$) in rats, models of colonic obstruction ($n = 5$) in rats ($n = 4$) and guinea pigs ($n = 1$), an obstructive jaundice model in the rat ($n = 1$), models of peritonitis ($n = 16$) in rats ($n = 15$) and mice ($n = 1$), chemotherapeutic models ($n = 8$) in rats and irradiation models ($n = 6$) in rats ($n = 5$) and pigs ($n = 1$). The reported outcomes were BPR ($n = 62$), BST ($n = 4$) and AL ($n = 5$). More than one outcome was applied in 6 studies. No human studies were retrieved by our search criteria.

Forty-eight different compounds were identified; 12 (25%) compounds were tested more than once in the same model, and 13 (27%) were tested in more than one complicated model. Enhancement of anastomotic healing was reported for 31 (65%) of the compounds; a non-significant effect was reported for 7 (15%) of the compounds, inconsistent results were reported for 9 (18%) different compounds and 1 (2%) compound was found to be detrimental to anastomotic healing.

Bowel ischemia

Twenty-two different compounds were tested in models of intestinal ischemia (Table 1). Experimentally, ischemia in the anastomotic segment was induced by ligation^[21,31-33] or coagulation^[34] of vessels in the mesocolon. The anastomosis was then constructed in the ischemic segment during the same surgical procedure.

Four studies tested the effect of postoperative HBOT in rats^[31,33,35,36]. The meta-analysis demonstrated that HBOT significantly increased anastomotic BPR by a mean 28 mmHg (95%CI: 17 to 39 mmHg, $P < 0.00001$) compared with controls (Figure 3A). The inconsistency between studies was moderately large ($I^2 = 40\%$). HBOT increases tissue oxygenation^[31,33,35,36], which may explain the elevated hydroxyproline concentration in the anastomosis^[33,35]. HBOT was ineffective when only administered preoperatively^[33]. The possible adverse effects of HBOT are oxygen toxicity, air embolization and pneumothorax^[31,33,35].

Guzel *et al.*^[35] found that rats receiving a post-operative intraperitoneal injection of β -1,3-glucan together with HBOT increased BPR by 67% compared with 50% for HBOT alone. β -1,3-glucan alone also significantly improved BPR^[35]. Supplementing post-operative HBOT with low molecular weight heparin (enoxaparin) had no further effect on BPR despite increasing neovascularization in the anastomotic area^[36]. Enoxaparin did not significantly improve BPR^[36].

Growth factors and hormones are pivotal in wound healing^[37]. Vascular endothelial growth factor (VEGF)-A and fibroblast growth factor (FGF)-2 plasmids were injected directly into the anastomotic tissue intraoperatively. The gene therapy increased VEGF and FGF-2

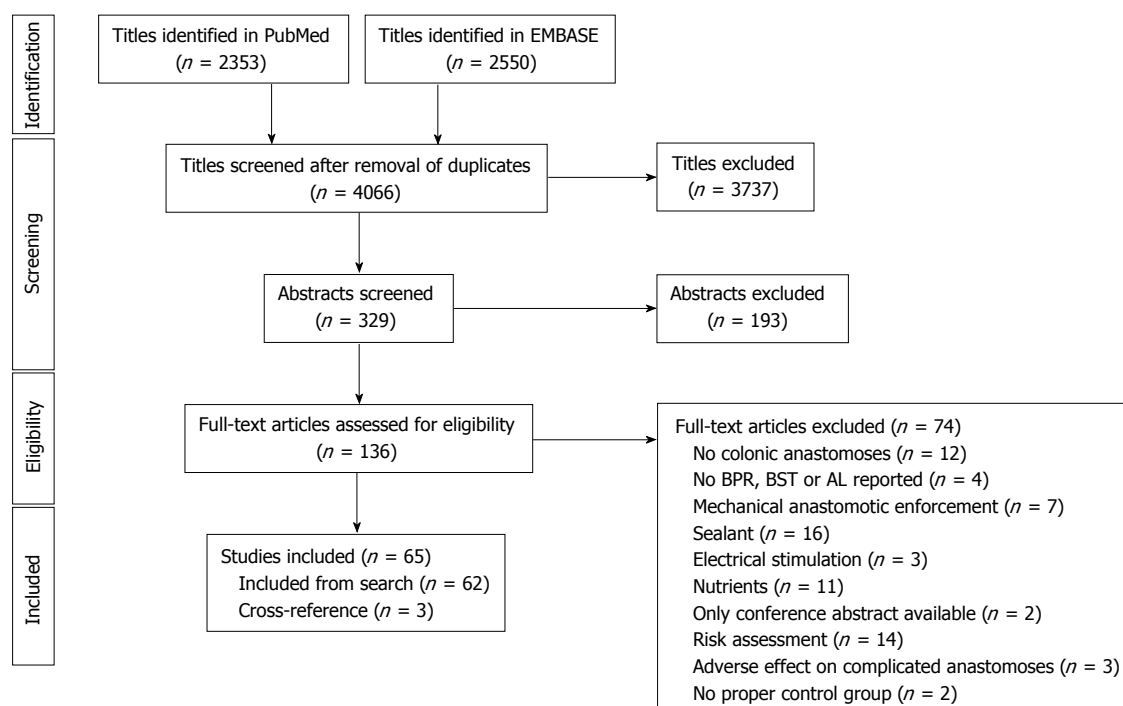


Figure 1 Flow diagram of the identified and selected studies. BPR: Bursting pressure; BST: Breaking strength; AL: Anastomotic leakage.

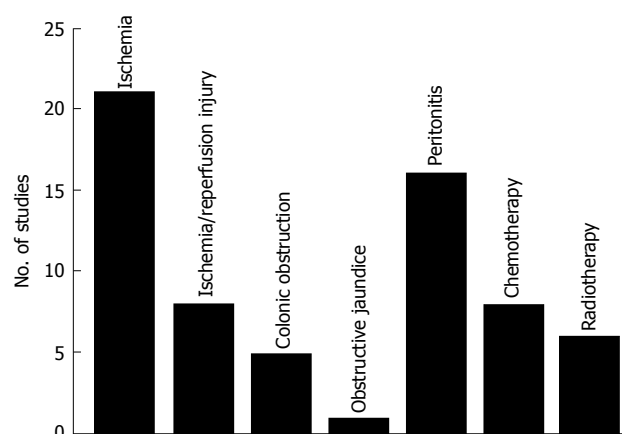


Figure 2 Number of studies included, divided into the 7 models of complicated anastomotic wound healing.

protein levels, BPR, angiogenesis, fibroblast activity and collagen deposition^[21]. VEGF-A and FGF-2 plasmids combined were more effective than the growth factor genes administered individually^[21]. The possibility of synergism between growth factors other than these two would be worthwhile to explore^[21]. Platelet-derived growth factor (PDGF)-BB in a gel applied once to the suture line immediately after construction of the anastomosis increased BPR on day 4^[38]. The mechanism remains elusive because PDGF-BB did not increase hydroxyproline as an indicator of collagen levels^[38]. The anabolic hormones, GH and nandrolone, enhanced early anastomotic healing, presumably by increasing IGF-1 and structural proteins^[32].

Although the main role of leptin is regulation of body weight and energy expenditure, *in vitro* studies have

indicated a direct mitogenic effect of leptin on colonic epithelial cells^[39]. Intraperitoneal leptin also increased the anastomotic strength of right-sided colon anastomoses in rats^[39].

Pentoxifylline enhanced anastomotic BPR on day 8^[34], but not on day 5^[40].

The vasoactive adrenomedullin increased BPR and hydroxyproline levels on postoperative days 3 and 7^[41]. Furthermore, adrenomedullin treatment decreased anastomotic tissue concentrations of tumor necrosis factor- α and interleukin-6^[41]. Increased vascularization and less oxidative damage of the anastomoses were observed with adrenomedullin^[41]. Adrenomedullin causes significant hypotension that may impair the colonic blood flow^[41]. Another caveat is that adrenomedullin may induce neoplasia^[41,42].

The beneficial effects of the endothelin receptor antagonist, bosentan, on anastomotic healing were possibly due to the increased blood flow and increased hydroxyproline level in the anastomotic area^[43]. Bosentan significantly reduced adhesion formation^[43].

Allopurinol reduced the induced superoxide anion production in ischemic anastomoses and increased the hydroxyproline levels^[22].

Allogeneic mesenchymal stem cells (MSCs) derived from bone marrow of rats were cryopreserved. The cells were thawed and injected (1×10^6 viable MSCs) into newly constructed anastomoses in ischemic rat colon. This cell therapy resulted in enhanced BPR on both day 4 and day 7^[44], whereas systemically applied MSCs resulted in a significant effect on day 4 only^[45].

Locally applied granulocyte macrophage-colony stimulating factor (GM-CSF) enhanced anastomotic BPR on days 3 and 7^[46].

Table 1 Studies on therapeutic compounds in ischemic models

Ref.	Compound	Time of administration	Species	Sex	Sample size ¹	Dosage	Route	Test	Test day	Effect ²
Yagci <i>et al</i> ^[33]	HBOT	Preoperative Postoperative Preoperative and postoperative	Rat	M	20 20 20			BPR	5	NS ↑ 23 ↑ 37
Hamzaoglu <i>et al</i> ^[31]	HBOT	Postoperative	Rat	M	16			BPR	4	↑ 32
Guzel <i>et al</i> ^[35]	HBOT	Postoperative	Rat	F	20			BPR	4	↑ 50
	HBOT + β-1,3-glucan				20	20 ³	IP			↑ 67
	β-1,3-glucan				20	20 ³	IP			↑ 50
Kemik <i>et al</i> ^[36]	HBOT	Postoperative	Rat	F	20			BPR	4	↑ 80
	HBOT + LMWH				20	1 ⁴	SC			↑ 67
	LMWH				20	1 ⁴	SC			NS
Adas <i>et al</i> ^[21]	VEGF-A plasmid FGF-2 plasmid VEGF-A + FGF-2 plasmids	Intraoperative	Rat	M	40	0.001 ³ 0.001 ³ 0.001 ³ + 0.001 ³	LO	BPR	4	↑ 16 ↑ 14 ↑ 38
Saribeyoglu <i>et al</i> ^[38]	PDGF-BB	Intraoperative	Rat	M	20	125 ³	LO	BPR	4	↑ 8
Yarinkaya <i>et al</i> ^[32]	GH	Preoperative and postoperative	Rat	M	28	1 ⁵	SC	BPR	3/7	↑ 87/↑ 32
	Nandrolone	Preoperative			28	2 ⁴	IM			↑ 55/NS
Tasdelen <i>et al</i> ^[39]	Leptin	Postoperative	Rat	N/A	20	0.001 ⁴	IP	BPR	7	↑ 27
Parra-Membrives <i>et al</i> ^[34]	Pentoxifylline	Postoperative	Rat	M, F	38	50 ⁴	IP	BPR/BST	8	↑ 74/↑ 81
Sümer <i>et al</i> ^[40]	Pentoxifylline	Postoperative	Rat	M, F	20	50 ⁴	IP	BPR	5	NS
	Vinpocetine				20	1 ⁴				NS
Karatepe <i>et al</i> ^[41]	Adrenomedullin	Postoperative	Rat	F	32	0.002 ³	SC	BPR	3/7	↑ 5/↑ 20
Cetinkaya <i>et al</i> ^[43]	Bostentan	Postoperative	Rat	F	20	3.5 ⁴	IP	BPR	6	↑ 46
Garcia <i>et al</i> ^[22]	Allopurinol	Preoperative and postoperative	Rat	M	20	50 ⁴	PO	BPR	4	↑ 74
Adas <i>et al</i> ^[44]	MSCs	Intraoperative	Rat	M	40	0.5 ⁶	LO	BPR	4/7	↑ 110/↑ 86
Adas <i>et al</i> ^[45]	MSCs	Postoperative	Rat	M	40	0.5 ⁶	<i>iv</i>	BPR	4/7	↑ 42/NS
Dinc <i>et al</i> ^[46]	GM-CSF	Intraoperative	Rat	M	72	0.050 ⁴	LO	BPR	3/7	↑ 30/↑ 26
Ikeda <i>et al</i> ^[47]	Prostacyclin analogue (OP-41483)	Intraoperative and postoperative	Dog	M, F	10 ⁷ 18 ⁸ 12 ⁹	0.00004 ⁴	<i>iv</i>	AL	3	NS ↓ 100 NS
Cohen <i>et al</i> ^[48]	Neomycin + erythromycin Clindamycin + gentamicin	Preoperative	Rat	N/A	12 12	20 ³ 15 ⁴ + 2 ⁴	PO <i>iv</i>	AL	7	↓ 83 NS
Karataş <i>et al</i> ^[49]	Amelogenin	Intraoperative	Rat	M	16	N/A	LO	BPR	4	↑ 25
Irkocuc <i>et al</i> ^[50]	Sildenafil	Postoperative	Rat	M	27	10 ⁴ /20 ⁴	PO	BPR	4	NS/NS
Coneely <i>et al</i> ^[51]	Compound 48/80	Preoperative	Rat	M	20	1 ⁴	<i>iv</i>	BPR	4	NS

¹Total number of animals; ²↑% increase ($P < 0.05$) or ↓% decrease ($P < 0.05$) *vs* controls; ³mg; ⁴mg/kg; ⁵IU/kg; ⁶mL; ⁷Slight ischemia; ⁸Moderate ischemia; ⁹Severe ischemia. AL: Anastomotic leakage; BPR: Bursting pressure; BST: Breaking strength; F: Female; FGF-2: Fibroblast growth factor-2; GH: Growth hormone; GM-CSF: Granulocyte macrophage-colony stimulating factor; HBOT: Hyperbaric oxygen therapy; IP: Intraperitoneal; *iv*: Intravenous; LMWH: Low molecular weight heparin; LO: Local; M: Male; MSCs: Bone marrow derived mesenchymal stem cells; N/A: Data not available; NS: Not statistically significant; PDGF-BB: Platelet-derived growth factor-BB; PO: Per os; SC: Subcutaneous; VEGF-A: Vascular endothelial growth factor-A.

A study on the effect of a prostacyclin analogue (OP-41483) on AL was undertaken in dogs with colonic ischemia of variable severity^[47]. Colonic ischemia was induced by devascularization of marginal vessels resulting in slight (40%-60% decrease in colonic blood flow), moderate (60%-80%) or severe (80%-100%) ischemia measured by a hydrogen gas clearance method^[47]. There was no significant difference in AL in the animals with slight ischemia. In the groups with moderate ischemia, OP-41483 prevented the occurrence of AL, possibly by increasing the blood flow in the anastomotic area. All animals with severe bowel ischemia died due to major anastomotic dehiscence^[47].

The enteral combination of neomycin and erythromycin decreased AL significantly in rats, whereas a parenteral combination of clindamycin and gentamicin was ineffective^[48].

The extracellular matrix protein, amelogenin, en-

hanced anastomotic BPR. The mechanism of action remains elusive because amelogenin had no effect on hydroxyproline levels^[49].

Vinpocetine^[40], sildenafil^[50] and the mast cell degranulating agent compound 48/80^[51] had no statistically significant impact on BPR in ischemic colon.

I/R injury

All eight agents tested in rat I/R injury models were evaluated in single studies (Table 2). Before^[52] or, more commonly, after construction of an anastomosis, I/R injury is induced by occluding mesenteric vessels of a 2-3 cm segment of the left colon^[53] or by occluding the superior mesenteric artery^[54-57] with microvascular clamps for 30-60 min before reperfusion.

Notably, antithrombin III (ATIII)^[56] and ethyl pyruvate^[57] treatment increased anastomotic BPR in the I/R injured rats by more than 60%, possibly because of an

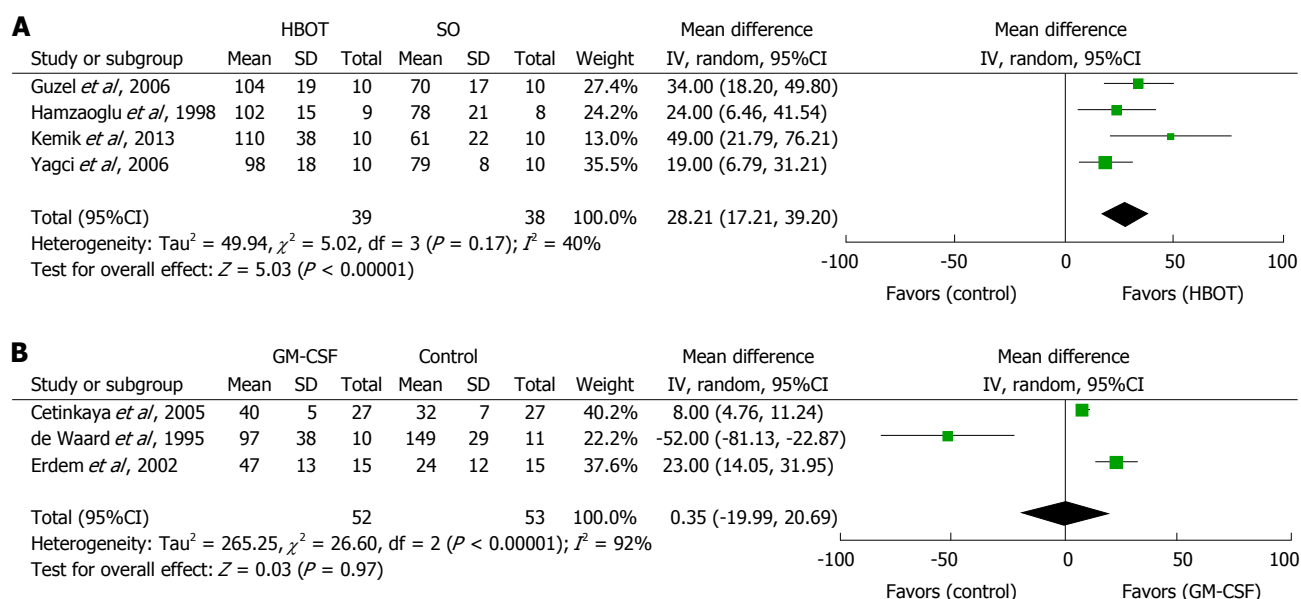


Figure 3 Forest plots of the bursting pressure in mmHg. The results of the meta-analysis for A: Hyperbaric oxygen therapy (HBOT) at days 4-5 in ischemic models (confer, Table 1); B: Granulocyte macrophage-colony stimulating factor (GM-CSF) at days 3 and 7 in chemotherapeutic models (confer, Table 5).

Table 2 Studies on therapeutic compounds in ischemia/reperfusion injury models

Ref.	Compound	Time of administration	Species	Sex	Sample size ¹	Dosage	Route	Test	Test day	Effect ²
Tekin <i>et al</i> ^[56]	AT III	Preoperative and postoperative	Rat	M	16	250 ³	<i>iv</i>	BPR	6	↑ 74
Unal <i>et al</i> ^[57]	Ethyl pyruvate	Preoperative	Rat	M	24	50 ⁴	IP	BPR	5	↑ 63
		Preoperative and postoperative								↑ 69
Kabali <i>et al</i> ^[53]	NAC	Preoperative	Rat	F	30	300 ⁴	PO/IP	BPR	7	↑ 25/↑ 37
Aydin <i>et al</i> ^[55]	Tempol	Preoperative and postoperative	Rat	M	20	30 ⁴	<i>iv</i>	BPR	5	↑ 6
Teke <i>et al</i> ^[58]	Activated protein C	Preoperative and postoperative	Rat	M	24	0.1 ⁴	<i>iv</i>	BPR	7	↑ 7
Teke <i>et al</i> ^[59]	Caffeic acid phenethyl ester	Preoperative and postoperative	Rat	M	24	0.0028 ⁴	<i>iv</i> + IP	BPR	7	↑ 7
Teke <i>et al</i> ^[54]	Pyrrolidine dithiocarbamate	Preoperative and postoperative	Rat	M	20	100 ⁴	<i>iv</i>	BPR	6	↑ 6
Celik <i>et al</i> ^[52]	Montelukast	Preoperative and postoperative	Rat	M	24	10 ⁴	IP	BPR	5	↑ 36

¹Total number of animals; ²↑% increase ($P < 0.05$) vs controls; ³IU/kg; ⁴mg/kg; AT III: Antithrombin III; BPR: Bursting pressure; F: Female; IP: Intraperitoneal; *iv*: Intravenous; M: Male; NAC: N-acetyl cysteine; PO: Per os.

increase in hydroxyproline concentrations.

The antioxidant N-acetyl-cysteine (NAC) significantly increased the hydroxyproline level; histological evaluation also revealed increased collagen deposition compared with the I/R injured control group, independent of the administration route^[53].

Other compounds that prevented I/R-induced reductions in anastomotic patency included tempol^[55], the immunomodulating compounds activated protein C^[58], caffeic acid phenethyl ester^[59] and pyrrolidine dithiocarbamate^[54].

One study reported significantly increased anastomotic BPR and hydroxyproline levels after treatment with montelukast administered intraperitoneally^[52].

Colonic obstruction

Four different agents were investigated in models of colonic obstruction (Table 3). In these models, typically the left-sided colon was obstructed by suture ligation for 24 h. Re-laparotomy was then performed, the obstructed segment was excised, and an end-to-end

anastomosis was constructed^[23,60-63].

In rats with an obstructed colon, intraoperative lavage with povidone iodine (PI) increased anastomotic BPR significantly on day 6 compared with untreated controls in two independent studies^[23,60]. Because the BPR was similar to lavage with saline alone, the additional value of PI remains questionable^[23,60]. NG-nitro-L-arginine methyl ester, an inhibitor of nitric oxide synthase, was found to be detrimental to anastomotic healing in rats with an obstructed colon^[23]. Intra-abdominal irrigation is time consuming, costly, cumbersome and possibly increases the risk of spillage^[64,65]. These circumstances should be taken into account when investigating new lavage agents.

EPO administered after construction of the anastomosis of the obstructed colon significantly increased BPR on day 7 in rats and guinea pigs^[61,63]. EPO possibly enhanced anastomotic healing through increased neovascularization and fibroblast proliferation leading to more collagen in the anastomotic wound^[61,63]. Therefore, further exploration of EPO to improve anastomotic

Table 3 Studies on therapeutic compounds in obstructive colon and obstructive jaundice models

Ref.	Compound	Time of administration	Species	Sex	Sample size ¹	Dosage	Route	Test	Test day	Effect ²
Erbil <i>et al</i> ^[23]	PI	Preoperative	Rat	M	144	10 ³	Lavage	BPR	3/6	↑ 44/↑ 42
	L-NAME					0.1 ³				↓ 26/↓ 28
Aguilar-Nascimento <i>et al</i> ^[60]	PI	Preoperative	Rat	M	40	10 ³	Lavage	BPR	3/6	NS/↑ 41
								BST		NS/↑ 28
Faruquzzaman <i>et al</i> ^[63]	EPO	Postoperative	Guinea pig	M	20	500 ⁴	SC	BPR	7	↑ 15
Moran <i>et al</i> ^[61]	EPO	Postoperative	Rat	M	20	500 ⁴	SC	BPR	7	↑ 12
Galanopoulos <i>et al</i> ^[62]	Iloprost	Postoperative	Rat	M	40	0.002 ⁵	IP	BPR	4/8	↑ 115/↑ 74
								AL		NS/NS
⁶ Gulcelik <i>et al</i> ^[17]	GM-CSF	Intraoperative	Rat	M	44	0.050 ⁵	LO	BPR	3	↑ 24

¹Total number of animals; ²↑% increase ($P < 0.05$) or ↓% decrease ($P < 0.05$) *vs* controls; ³%-solution; ⁴IU/kg; ⁵mg/kg; ⁶Model of obstructive jaundice. AL: Anastomotic leakage; BPR: Bursting pressure; BST: Breaking strength; EPO: Erythropoietin; GM-CSF: Granulocyte macrophage-colony stimulating factor; IP: Intraperitoneal; L-NAME: NG-nitro-L-arginine methyl ester; LO: Local; M: Male; NS: Not statistically significant; PI: Povidone iodine; SC: Subcutaneous.

wound healing under these conditions seems justified.

Iloprost increased BPR on days 4 and 8 in rats, possibly by stimulating angiogenesis and fibroblast activity^[62]. Moreover, iloprost reduced the levels of immunodetectable MMP-13 in the anastomotic tissue, which may explain the increased collagen deposition with iloprost. Significantly more intra-abdominal adhesions formed, which were assessed according to the scale of van der Ham *et al*^[66], in the rats with obstruction compared with the animals without obstruction^[62]. The prostacycline analog iloprost did not reduce adhesion formation in the obstructed animals^[63]. Although iloprost seemed to reduce AL (10% *vs* 30% for saline controls), this difference did not reach statistical significance^[63].

Obstructive jaundice

Obstructive jaundice was modeled by ligation of the common bile duct. The anastomosis was constructed 7 d later^[17]. GM-CSF, the only agent investigated in this clinical condition, increased BPR and the hydroxyproline level^[17] (Table 3). Increased mononuclear infiltration of the anastomoses was suggested to be the mechanism for the improved anastomotic wound healing with GM-CSF^[17].

Peritonitis

Sixteen different compounds were identified, none of which qualified for the meta-analysis (Table 4). Experimental peritonitis is commonly established by puncture of the colon^[67], ligated cecum^[68-71], or intraperitoneal administration of fecal suspension^[72], *Escherichia coli* suspension^[73] or the Gram-negative wall component lipopolysaccharide (endotoxin)^[74]. Anastomoses were then performed 5-14 h later. In one study, the cecum was ligated and punctured after the anastomosis was performed^[75].

In one study, the vasomodulating agent sildenafil was administered intraperitoneally after the anastomoses were constructed in female rats with peritonitis. Sildenafil decreased intra-abdominal adhesions and increased BPR by 43% on day 7 compared with the controls that received saline alone^[67]. Furthermore, sildenafil stimulated new vessel formation in the anastomoses^[67].

In another rodent peritonitis model, intravenous administration of the thrombin inhibitor ATIII increased anastomotic BPR by 34% on day 2 and by 38% on day 7 compared with the peritonitis control^[74]. Diller *et al*^[74] attributed the improved anastomotic healing with ATIII to increased numbers of perfused capillaries and reduced clot formation, although these improvements failed to reach the levels of the non-infected controls.

Unfractionated heparin (UFH) and low molecular weight heparin (LMWH) prevented the reduction in BPR in animals with peritonitis^[72]. Histopathological examinations revealed increased vascularization and collagen formation of the anastomotic wounds treated with UFH and LMWH^[72]. Notably, UFH and LMWH facilitate intraperitoneal bacterial clearance by preventing formation of fibrin that may act as a reservoir for bacteria^[72].

Ethyl pyruvate increased BPR by 51%, possibly due to its anti-inflammatory effects^[76].

Reactive oxygen species (ROS) are thought to delay wound healing under septic conditions. Tempol is a stable piperidine nitroxide that may dampen the negative impact of ROS through its intracellular scavenging capacity. Tempol also restored glutathione levels and decreased the polymorphonuclear neutrophil counts in the anastomoses^[68]. These effects possibly contributed to the elevated hydroxyproline and BPR levels with tempol^[68].

The anti-inflammatory immunomodulating granulocyte-CSF (G-CSF)^[75], activated protein C^[69], caffeic acid phenethyl ester^[70] and pyrrolidine dithiocarbamate^[71] are attractive for prevention of the deleterious effects of peritonitis and also increase anastomotic BPR. Although G-CSF increased hydroxyproline levels, they were still lower than in the normal control group without peritonitis^[75]. Activated protein C has been shown to reduce 28-d all-cause mortality in sepsis patients and is now approved for the treatment of patients with severe sepsis^[69,77]. The usefulness of activated protein C in colonic anastomotic wound healing in the presence of peritonitis will require more study because of the increased risk of bleeding^[77].

Abdominal lavage with the taurine derivative tauro-

Table 4 Studies on therapeutic compounds in models of peritonitis

Ref.	Compound	Time of administration	Species	Sex	Sample size ¹	Dosage	Route	Test	Test day	Effect ²
Ayten <i>et al</i> ^[67]	Sildenafil	Postoperative	Rat	F	14	8 ³	IP	BPR	7	↑ 43
Diller <i>et al</i> ^[74]	ATIII	Intraoperative	Mouse	M	60	250 ⁴	<i>iv</i>	BPR	2	↑ 34
									4	NS
									7	↑ 38
Gunerhan <i>et al</i> ^[72]	UFH	Postoperative	Rat	M	45	50 ³	SC	BPR	7	↑ 12
	LMWH					1.5 ³				↑ 19
Onur <i>et al</i> ^[76]	Ethyl pyruvate	Postoperative	Rat	N/A	20	50 ³	IP	BPR	7	↑ 51
Aytekin <i>et al</i> ^[68]	Tempol	Preoperative and postoperative	Rat	M	20	30 ³	<i>iv</i>	BPR	6	↑ 10
Ergin <i>et al</i> ^[75]	G-CSF	Preoperative and postoperative	Rat	M	20	0.050 ³	SC	BPR	4	↑ 26
Teke <i>et al</i> ^[69]	Levamisole	Preoperative and postoperative	Rat	M	24	5 ³	<i>iv</i>	BPR	7	NS
	Activated protein C					0.1 ³				↑ 9
Teke <i>et al</i> ^[70]	Caffeic acid phenethyl ester	Preoperative and postoperative	Rat	M	24	0.0028 ³	IP	BPR	7	↑ 9
Teke <i>et al</i> ^[71]	Pyrrolidine dithiocarbamate	Preoperative and postoperative	Rat	M	20	100 ³	<i>iv</i>	BPR	6	↑ 7
Akkuş <i>et al</i> ^[73]	Taurolidine	Intraoperative	Rat	F	40	0.5 ⁵	Lavage	BPR	3/7	↑ 26/↑ 12
Bicalho <i>et al</i> ^[78]	Chlorhexidine	Intraoperative	Rat	M	16	0.05 ⁵	Lavage	BPR	7	NS
Wang <i>et al</i> ^[79]	Hydroxyethyl starch	Preoperative and postoperative	Rat	M	32	7.5 ⁶	<i>iv</i>	BPR	5	NS
						15 ⁶				↑ 9
						30 ⁶				↓ 5
Wang <i>et al</i> ^[80]	Hydroxyethyl starch	Preoperative and postoperative	Rat	M	20	15 ⁶	<i>iv</i>	BPR	5	↑ 9
Sucullu <i>et al</i> ^[81]	HBOT	Postoperative	Rat	M,F	32			BPR	3/7	↑ 186/↑ 74
Rocha <i>et al</i> ^[82]	HBOT	Postoperative	Rat	M	30			BST	5	NS
Vaneerdeweg <i>et al</i> ^[83]	Gentamicin	Intraoperative	Rat	M	30	2.6 ⁷ /12 ³	LO/IM	BPR	4	NS/NS

¹Total number of animals; ²↑% increase ($P < 0.05$) or ↓% decrease ($P < 0.05$) *vs* controls; ³mg/kg; ⁴IU/kg; ⁵%-solution; ⁶mL/kg; ⁷mg. ATIII: Antithrombin III; BPR: Bursting pressure; BST: Breaking strength; F: Female; G-CSF: Granulocyte-colony stimulating factor; HBOT: Hyperbaric oxygen therapy; IM: Intramuscular; IP: Intraperitoneal; *iv*: Intravenous; LMWH: Low molecular weight heparin; LO: Local; M: Male; N/A: Data not available; NS: Not statistically significant; PO: Per os; SC: Subcutaneous; UFH: Unfractionated heparin.

lidine increased BPR on days 3 and 7^[73]. Chlorhexidine lavage had no significant effect on BPR compared with 4-time lavage with 5 mL of sterile saline prior to construction of the anastomosis^[78].

Intravenous administration of hydroxyethyl starch (HES) at 15 mL/kg increased BPR on postoperative day 5 in two studies carried out by the same research group^[79,80], whereas 30 mL/kg was detrimental to anastomotic healing^[80]. These findings may be explained by the anti-inflammatory effects of HES at 15 mL/kg^[79,80], whereas at higher doses, HES reduces platelet aggregation to the injured endothelium^[80]. These facts make HES less practical for use in a clinical setting.

Postoperative HBOT in rats increased BPR by 186% on day 3 and by 74% on day 7^[81]. In another study, HBOT had no effect on BST on day 5^[82].

Local or systemic application of gentamicin^[83], as well as levamisole^[75], had no effect on BPR in male rats with peritonitis.

Chemotherapy

Five different compounds were tested in rats treated with different chemotherapeutic agents (Table 5). In these studies, 5-fluorouracil was given preoperatively^[84,85] or on postoperative days 3–8^[86–90]. Mitomycin-C was given as a single intraoperative dose^[91].

Three studies investigated the effect of GM-CSF^[86,87,91] and were subjected to meta-analysis. The combined estimate demonstrated that GM-CSF failed to increase anastomotic BPR (95%CI: -20 to 21 mmHg, $P = 0.97$) compared with controls (Figure 3B). The inconsistency between studies was large ($I^2 = 92\%$). The two studies demonstrating improved anastomotic healing also reported a significantly increased hydroxyproline concentration in the anastomoses, as well as distinct histological changes, including increased mononuclear infiltration compared with chemotherapy alone (fluorouracil or mitomycin-C)^[86,91]. de Waard *et al*^[87] found that GM-CSF increased BPR, but not BST, in fluorouracil-treated rats. They also applied a considerably lower dose of GM-CSF (5 µg)^[87] than the other two research groups (50 µg)^[86,91]. In addition, GM-CSF was administered intraperitoneally and not locally. Taken together, these data indicate that the GM-CSF dose used by de Waard *et al*^[87] was too low. In contrast, a single local application of GM-CSF in expanded polytetrafluoroethylene tubes implanted subcutaneously in humans inhibited collagen deposition dose-dependently and resulted in systemic effects on wound healing at doses of 4 µg or more^[92].

Iloprost enhanced BPR anastomotic healing on postoperative day 3^[88] and day 5^[89] compared with both the chemotherapeutic group and the non-chemotherapeutic

Table 5 Studies on therapeutic compounds in chemotherapeutic model

Ref.	Compound	Time of administration	Species	Sex	Sample size ¹	Dosage	Route	Test	Test day	Effect ²
Cetinkaya <i>et al</i> ^[91]	GM-CSF	Postoperative	Rat	N/A	54	0.050 ³	LO	BPR	3	↑ 26
Erdem <i>et al</i> ^[86]	GM-CSF	Postoperative	Rat	N/A	30	0.050 ³	LO	BPR	3	↑ 98
de Waard <i>et al</i> ^[87]	GM-CSF	Postoperative	Rat	M	31	0.005 ³	IP	BPR/BST	7	↓ 35/NS
	Interleukin-2					⁴ 2 × 10 ⁶	SC			NS/NS
Bostanoglu <i>et al</i> ^[88]	Iloprost	Postoperative	Rat	M	38	0.002 ³	N/A	BPR	3/7	↑ 63/NS
Vasiliadis <i>et al</i> ^[90]	Iloprost	Postoperative	Rat	F	34	0.002 ³	IP	BPR	5/8	↑ 44/NS
								AL		↓ 30/↓ 30
Zacharakis <i>et al</i> ^[89]	IGF-1	Postoperative	Rat	M	32	2 ³	IP	BPR/AL	7	↑ 53/NS
Erenoglu <i>et al</i> ^[84]	HBOT	Postoperative	Rat	M	20			BPR	7	↑ 26
⁵ Yildiz <i>et al</i> ^[85]	HBOT	Postoperative	Rat	F	24			BPR	5	NS

¹Total number of animals; ²↑% increase ($P < 0.05$) or ↓% decrease ($P < 0.05$) *vs* controls; ³mg/kg; ⁴IU/kg; ⁵Chemoradiotherapy model. AL: Anastomotic leakage; BPR: Bursting pressure; BST: Breaking strength; F: Female; GM-CSF: Granulocyte macrophage-colony stimulating factor; HBOT: Hyperbaric oxygen therapy; IGF-1: Insulin-like growth factor-1; IP: Intraperitoneal; LO: Local; M: Male; N/A: Data not available; NS: Not statistically significant; SC: Subcutaneous.

Table 6 Studies on therapeutic compounds in models of radiotherapy

Ref.	Compound	Time of administration	Species	Sex	Sample size ¹	Dosage	Route	Test	Test day	Effect ²
Demir <i>et al</i> ^[96]	NAC	Preoperative and postoperative	Rat	M	24	300 ⁵	PO/IP	BPR	4	↑ 126/↑ 182
Ozdemir <i>et al</i> ^[94]	Amifostine	Preoperative	Rat	F	20	200 ⁵	IP	BPR	5	↑ 16
Carroll <i>et al</i> ^[93]	Ribose-cysteine ³	Preoperative	Rat	M	72	2000 ⁵	IP	BPR	7	↑ 50
	Ribose-cysteine ⁴	Preoperative				5000 ⁵	IP			N/A
	Ribose-cysteine ³ + glutamine ³	Preoperative and postoperative				2000 ⁵ + 3 ⁶	IP + PO			NS
	Amifostine ³	Preoperative				250 ⁵	IP			↑ 46
	Amifostine ⁴	Preoperative				250 ⁵	IP			NS
	MgCl ₂ ³ + ATP ³	Preoperative				10 ⁷ + 50 ⁷	<i>iv</i>			↑ 67
Rowe <i>et al</i> ^[97]	Ribose-cysteine	Preoperative	Pig	M	12	1000 ⁵	<i>iv</i>	BPR	9/11	NS
Değer <i>et al</i> ^[27]	Pycnogenol	Preoperative	Rat	M	40	200 ⁵	PO	BPR	3/7	↑ 19/↑ 38
Ozel Turku <i>et al</i> ^[95]	EPO	Preoperative and postoperative	Rat	M	16	500 ⁸	IM	BPR	N/A	NS

¹Total number of animals; ²↑% increase ($P < 0.05$) *vs* controls; ³40 GY; ⁴70 GY; ⁵mg/kg; ⁶%-solution; ⁷g/kg; ⁸IU/kg. ATP: Adenosine triphosphate; BPR: Bursting pressure; EPO: Erythropoietin; F: Female; IM: Intramuscular; IP: Intraperitoneal; *iv*: Intravenous; M: Male; NAC: N-acetyl cysteine; N/A: Data not available; NS: Not statistically significant; PO: Per os.

group, but not at later time points^[88,89]. Interestingly, iloprost significantly decreased the rate of AL from 30% to 0% in rats receiving chemotherapy^[90]. The positive effects on anastomotic strength in models of chemotherapy were possibly due to increased angiogenesis^[90] and collagen deposition with iloprost^[88,90]. Furthermore, iloprost significantly reduced the severity of intra-abdominal adhesions compared with the chemotherapeutic control group^[90].

A single study on IGF-1 treatment reported normalization of anastomotic BPR and hydroxyproline levels on day 7 in fluorouracil-treated rats^[89]. IGF-1 had no significant effects on AL^[89].

Postoperative HBOT increased BPR on day 7 in one study^[84] but had no significant effect on day 5 in another study, in which the rats received combined chemo- and radiotherapy before surgery^[85].

Interleukin-2 administered postoperatively had no effect on either BPR or BST^[87].

Radiotherapy

None of the eight agents identified and investigated in

radiotherapy models qualified for meta-analysis (Table 6). Animals were irradiated with half-body radiation^[27,93] or abdomino-pelvic radiation^[94-96] in a single dose and as rectosigmoid radiation^[97] 5 d a week for 40-45 d.

NAC is theoretically attractive in preventing oxidative damage after radiotherapy. NAC administered before and after construction of the anastomosis also increased BPR^[96]. In one study, NAC treatment increased the levels of superoxide dismutase and glutathione, but decreased malondialdehyde^[96]. Superoxide dismutase and glutathione are known to neutralize toxic substances in the cell, whereas malondialdehyde is a marker for oxidative stress^[96].

Other compounds found beneficial for the prevention of the deleterious effects of preoperative radiation include amifostine^[93,94] and magnesium chloride in combination with adenosine triphosphate^[93].

Ribose-cysteine^[93] administered before surgery improved anastomotic healing day 7 in rats receiving abdominal radiation with 40 GY, but not in irradiated pig colon days 9-11^[97]. No beneficial effects were reported by Carroll *et al*^[93], who investigated the effects of ribose-

cysteine combined with glutamine.

Pycnogenol administered preoperatively increased BPR on postoperative days 3 and 7 in male rats^[27].

EPO had no significant effect on anastomotic strength^[95].

DISCUSSION

We have previously reviewed therapeutics intended to enhance normal anastomotic repair in the colorectal region^[28]. In this paper we systematically retrieved publications on therapeutic agents intended to promote anastomotic wound healing under the influence of complicating factors, including ischemia, I/R injury, colonic obstruction, obstructive jaundice, peritonitis, chemotherapy and radiotherapy. The majority of the 48 different therapeutic compounds identified were only assessed in one study and/or in one complicated model. Meta-analysis was performed for HBOT and GM-CSF. Postoperative HBOT significantly improved wound healing in a rat model complicated by ischemia in the anastomosis. GM-CSF failed to show a beneficial effect on anastomotic healing in conjunction with chemotherapy. On the other hand, positive effects of GM-CSF were found in models of segmental ischemia^[46] and obstructive jaundice^[17]; these findings make this agent interesting for further investigation. Iloprost was found to be beneficial for early healing of anastomotic wounds in rats with colonic obstruction^[62] and in rats exposed to chemotherapy^[88,90], calling for further studies with this agent. The positive actions of NAC after I/R injury^[53] and radiotherapy^[96] justify further investigations on this antioxidant, as well.

Limitations

Because the 65 pre-clinical studies examined in our review used surrogate outcomes in models mimicking clinical phenomena, the results do not directly translate into clinical AL. Only 12 (25%) of the agents were investigated more than once in the same model. Furthermore, 13 (27%) therapeutic compounds were tested in two or more models of complicated anastomotic wound healing. We were unable to assess publication bias, for example, with Funnel plots, due to the small sample sizes of the included studies^[98].

Further exploration of the therapeutic agents identified in this review may be the next step to reach more robust conclusions regarding whether the agents could be effective in preventing AL in high-risk patients.

COMMENTS

Background

Despite improvements in preoperative management and surgical techniques, anastomotic leakage remains a major complication in gastrointestinal surgery. There are no therapeutic agents with documented prophylactic effect against this serious postoperative surgical complication. A recently published meta-analysis identified seven compounds with the potential to improve anastomotic healing under non-complicated conditions.

Research frontiers

This study is the first to systematically review therapeutic agents that are potentially capable of abolishing or reducing the deleterious effects of various known complicating factors on anastomotic healing.

Innovations and breakthroughs

The search identified 48 different therapeutic agents. A meta-analysis indicated that hyperbaric oxygen therapy improved colonic anastomotic repair in models of ischemia.

Applications

This systematic review identified therapeutic substances from pre-clinical studies on complicated anastomotic wound healing that would be worthwhile exploring further for the prevention of anastomotic leakage.

Terminology

Anastomotic leakage results in contamination of the abdominal cavity with intestinal contents, leading to peritonitis or sepsis, or in worst case mortality.

Peer-review

This systematic review assessed the efficacy of therapeutic agents against anastomotic leakage in animal models. The manuscript is excellent, very well written and educational despite being research-oriented. A widespread prospective multicenter trial would be ideal to follow up on the collected information.

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