

## Impact of intestinal ischemia/reperfusion and lymph drainage on distant organs in rats

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### Abstract

**AIM:** To investigate the impact of intestinal ischemia/reperfusion (I/R) injury and lymph drainage on distant organs in rats.

**METHODS:** Thirty-two Sprague-Dawley male rats, weighing 280-320 g, were randomly divided into blank, sham, I/R, and ischemia/reperfusion and drainage (I/R + D) groups ( $n = 8$ ). All rats were subjected to 60 min ischemia by clamping the superior mesenteric artery, followed by 120 min reperfusion. The rats in the I/R + D group received intestinal lymph drainage for 180 min. In the sham group, the abdominal cavity was opened for 180 min, but the rats received no treatment. The blank group served as a normal and untreated control. A chromogenic limulus assay kit was used for quantita-

tive detection of serum endotoxin. The serum concentrations of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin (IL)-6, IL-1 $\beta$ , soluble cell adhesion molecules (sICAM-1), and high mobility group protein box 1 (HMGB1) were determined with an enzyme-linked immunosorbent assay kit. Histological evaluations of the intestine, liver, kidney, and lung were performed by hematoxylin and eosin staining and immunohistochemistry. HMGB1 protein expression was assayed by western blot analysis.

**RESULTS:** The serum levels of endotoxin and HMGB1 in the I/R and I/R + D groups were significantly higher than those in the sham group (endotoxin, I/R and I/R + D vs sham:  $0.033 \pm 0.004$  EU/mL,  $0.024 \pm 0.003$  EU/mL vs  $0.017 \pm 0.009$  EU/mL, respectively,  $P < 0.05$ ; HMGB1, I/R and I/R + D vs sham:  $5.473 \pm 0.963$  EU/mL,  $4.906 \pm 0.552$  EU/mL vs  $0.476 \pm 0.406$  EU/mL, respectively,  $P < 0.05$ ). In addition, endotoxin and HMGB1 were significantly lower in the I/R + D group compared to the I/R group ( $P < 0.05$ ). The serum inflammatory factors IL-6, IL-1 $\beta$ , and sICAM-1 in the I/R and I/R + D groups were significantly higher than those in the sham group (IL-6, I/R and I/R + D vs sham:  $41.773 \pm 9.753$  pg/mL,  $19.204 \pm 4.136$  pg/mL vs  $11.566 \pm 2.973$  pg/mL, respectively,  $P < 0.05$ ; IL-1 $\beta$ , I/R and I/R + D vs sham:  $144.646 \pm 29.378$  pg/mL,  $65.829 \pm 10.888$  pg/mL vs  $38.178 \pm 7.157$  pg/mL, respectively,  $P < 0.05$ ; sICAM-1, I/R and I/R + D vs sham:  $97.360 \pm 12.714$  ng/mL,  $48.401 \pm 6.547$  ng/mL vs  $33.073 \pm 5.957$  ng/mL, respectively;  $P < 0.05$ ). The serum TNF- $\alpha$  in the I/R group were significantly higher than in the sham group ( $45.863 \pm 11.553$  pg/mL vs  $18.863 \pm 6.679$  pg/mL, respectively,  $P < 0.05$ ). These factors were significantly lower in the I/R + D group compared to the I/R group ( $P < 0.05$ ). The HMGB1 immunohistochemical staining results showed no staining or apparent injury in the blank group, and slight staining at the top of the microvillus was detected in the sham group. In the I/R group, both the top of villi and the basement membrane were stained for HMGB1 in most areas, and injury in the I/R + D group was less than that in the I/R group. HMGB1 expression in the liver, kidney,

and lung of rats in the I/R + D group was significantly lower than the rats in the I/R group ( $P < 0.05$ ).

**CONCLUSION:** Lymph drainage could block the “gut-lymph” pathway, improve intestinal barrier function, and attenuate distant organ injury incurred by intestinal I/R.

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**Key words:** Intestinal ischemia/reperfusion; Lymph drainage; Distant organ injury; High mobility group protein box 1; Endotoxin; Cytokines

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## INTRODUCTION

The gut is an important functional organ for the immune and endocrine systems, as well as its role as a protective barrier. Intestinal ischemia/reperfusion (I/R) injury is the “motor” of systemic inflammatory response syndrome (SIRS), acute respiratory distress syndrome (ARDS), and multiple organ dysfunction syndrome (MODS)<sup>[1-3]</sup>. Severe trauma, acute necrotizing pancreatitis, major surgery, extensive burns, and other stresses are all associated with intestinal barrier dysfunction. Although extensive investigative efforts have focused on clarifying the pathogenesis of SIRS, ARDS and MODS induced by intestinal I/R, the specific mechanism still remains controversial<sup>[4]</sup>.

Recently, numerous studies have shown that the transport of inflammatory mediators occurs through the intestinal lymphatics in trauma-hemorrhage shock (T/HS). Deitch *et al.*<sup>[5]</sup> demonstrated that toxic gut-derived substances enter the mesenteric lymph to cause lung injury. In addition, ligating the lymph duct in a variety of species after hemorrhagic shock can prevent distant organ injury<sup>[6]</sup>. Damle *et al.*<sup>[7]</sup>, Watkins *et al.*<sup>[8]</sup> and Jordan *et al.*<sup>[9]</sup> have shown that lymph is the key link between T/HS and MODS. The production and release of inflammatory factors through the “gut-lymph” pathway to the circulatory system can cause acute lung injury (ALI) and a systemic inflammation state<sup>[10-13]</sup>. Our recent work, together with findings by other investigators, suggests that thoracic/mesenteric lymphatic duct ligation prior to intestinal I/R injury protects the lung from injury and modulates the serum levels of endotoxin, D-lactate, diamine oxidase, and cytokines<sup>[14,15]</sup>. However, the composition of lymph that is responsible for distant organ injury remains unknown.

Some experiments have demonstrated that T/HS lymph

is sterile and does not contain measurable levels of endotoxin<sup>[16]</sup>, but does contain some biologically active non-microbial protein and lipid species<sup>[17,18]</sup>. Recent studies proposed that mesenteric lymph-induced distant organ injury in intestinal I/R was directly mediated by gut-derived endogenous ligands, one of which is the high mobility group protein box 1 (HMGB1). In intestinal I/R injury, intestinal epithelium cells and macrophages synthesize and release toll-like receptor 4 (TLR4) endogenous ligands, which can be recognized by and combine with TLR4<sup>[19]</sup>. HMGB1 is also the key factor of inflammation of aseptic injury (including T/HS and liver I/R injury)<sup>[20,21]</sup>. In liver I/R injury, HMGB1 can directly combine with TLR2 or TLR4 and cause inflammation<sup>[22]</sup>. The binding of HMGB1 and TLR4 may also be the most important trigger of the inflammatory response to I/R injury in the heart, kidney, brain, lung, and other organs<sup>[23-26]</sup>. Recent studies suggest that HMGB1 acts as a late mediator of lethal sepsis and an early mediator of inflammation and necrosis following I/R injury<sup>[19,27,28]</sup>.

This study is a continuation of our previous study. We hypothesized that the HMGB1-TLR4 combination plays an important role in the distant organ injury caused by intestinal I/R injury. The purpose of this study was to determine the impact of intestinal I/R injury and lymph drainage on the intestine and distant organs in rats, and to clarify whether HMGB1 in the intestinal mesenteric lymph after I/R mediates distant organ injury.

## MATERIALS AND METHODS

### Animals

Thirty-two male Sprague-Dawley rats that were specific pathogen-free grade and weighed 280-320 g were purchased from Beijing Vital River Laboratory Animal Technology Co. Ltd. The rats were housed under barrier-sustained conditions at a temperature of 25 °C with 12 h light/dark cycles, and had free access to water and food for five days prior to the operation. The rats were randomly divided into four groups: blank, sham, ischemia/reperfusion and drainage (I/R + D), and I/R ( $n = 8$  for each group). All rats were maintained in accordance with the recommendations of the Guide for the Care and Use of Laboratory Animals. The research protocols were approved by the Academic Committee of Peking Union Medical College and Chinese Academy of Medical Sciences.

### Intestinal I/R and lymph drainage

Prior to the operation, all rats were fasted overnight, but were allowed access to water *ad libitum*. The rats were anesthetized with an intraperitoneal injection of 1% sodium pentobarbital (50 mg/kg). A midline incision was performed to bluntly separate the superior mesenteric artery (SMA) and intestinal lymphatic trunk. In the I/R and I/R + D groups, the SMA was occluded for 60 min with an artery clamp, followed by reperfusion for 120 min. In the I/R + D group, a small incision was made on the proximal end of the intestinal lymphatic trunk. A catheter (Jinan Medical Silicone Tube Plant, China)

**Table 1** Serum levels of endotoxin and high mobility group protein box 1 in the ischemia/reperfusion and ischemia/reperfusion + drainage groups compared to respective controls (mean  $\pm$  SD,  $n = 8$ )

Groups	Endotoxin (EU/mL)	HMGB1 (ng/mL)
Blank	0.014 $\pm$ 0.005	0.277 $\pm$ 0.292
Sham	0.017 $\pm$ 0.009 <sup>a</sup>	0.476 $\pm$ 0.406
I/R + D	0.024 $\pm$ 0.003 <sup>a,c,e</sup>	4.906 $\pm$ 0.552 <sup>a,c</sup>
I/R	0.033 $\pm$ 0.004 <sup>a,c</sup>	5.473 $\pm$ 0.963 <sup>a,c</sup>

<sup>a</sup> $P < 0.05$  vs the blank group; <sup>c</sup> $P < 0.05$  vs the sham group; <sup>e</sup> $P < 0.05$  vs the I/R group. I/R: Ischemia/reperfusion; I/R + D: Ischemia/reperfusion + drainage; HMGB1: High mobility group protein box 1.

was inserted into the incision obliquely 3-5 mm toward the distal end. A small amount of medical adhesive (Beijing Fuaille Science and Technology Development Co. Ltd, China) was used on the serosa adjacent to the right kidney to fix the catheter. Outflow of lymph from the catheter was collected with a sterile test-tube (Nunc, Denmark) for 180 min. In the sham group, the abdominal cavity was opened for 180 min but the rats received no treatment. The blank group served as a normal and untreated control. The lymph (0.6-1.2 mL per rat) was collected for 180 min.

### Specimen collection

After the operation, the catheter was removed. Blood was then extracted from the inferior vena cava and centrifuged at 3000  $g$  for 15 min at 4 °C; the serum was separated and stored at -80 °C for further analysis. After the rats were fully exsanguinated, a 3 cm proximal section of the jejunum and 3 cm distal section of the ileum were excised, rinsed in ice-cold normal saline, and dried on filter paper. The liver, kidney, and lung were stored at -80 °C.

### Sample analysis

**Measurement of endotoxin:** A chromogenic limulus assay kit (Yi Hua Medical Technology Co. Ltd, Shanghai, China) was used for the quantitative detection of serum endotoxin, and the assay was performed according to the manufacturer's directions.

**Cytokines and HMGB1 assay:** The serum concentrations of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin (IL)-6, IL-1 $\beta$ , soluble cell adhesion molecules (sICAM-1), and HMGB1 were determined using enzyme-linked immunosorbent assay kits (Sun Biomedical Technology Co., Ltd., Beijing, China) according to the kit protocols.

**Hematoxylin and eosin staining of rats tissue slices:** Samples of the intestine, liver, kidney, and lung were fixed in 10% formalin solution and sectioned (4 mm) after dehydration, cleaning, and paraffin embedding. The sections were flattened, mounted, and heated on blank glass slides. Histological evaluations were performed by hematoxylin and eosin staining and pathological examination.

**HMGB1 immunohistochemistry:** The slices of intes-

tine, liver, kidney, and lung embedded in paraffin were used for histological examination. A mouse anti-HMGB1 primary antibody (Beijing Biosynthesis Biotechnology Co., Ltd., China) and biotinylated secondary antibody (Beijing Biosynthesis Biotechnology Co., Ltd., China) were used for immunohistochemical staining. Brownish-yellow stained areas were recognized as regions with positive antigen expression.

### HMGB1 protein expression-Western blotting analysis:

Total protein extract was prepared, and samples were separated using sodium dodecyl sulfate polyacrylamide gels. Proteins were then transferred to nitrocellulose membranes overnight at room temperature and blocked for 8 h with 5% bovine serum albumin. The membranes were then incubated overnight in anti-HMGB1 primary antibody (1  $\mu$ g/mL, ABCAM Ltd, Cambridge, United Kingdom) diluted in blocking solution (1:500, Beijing Biosynthesis Biotechnology Co., Ltd., China). Membranes were washed in Tris-buffered saline with Tween and incubated in horseradish peroxidase-conjugated mouse secondary antibodies in 5% milk (1:3000, Santa Cruz Inc., United States) for 1 h at room temperature. Protein bands were visualized by chemiluminescence.

### Statistical analysis

Quantitative data were presented as mean  $\pm$  SD. Statistical software SPSS 17.0 (SPSS, Inc., Chicago, IL, United States) was used to test the homogeneity of variance. Multiple comparisons were performed with one-way analysis of variance followed by a least-significant difference test. Statistical significance was set at  $P < 0.05$ .

## RESULTS

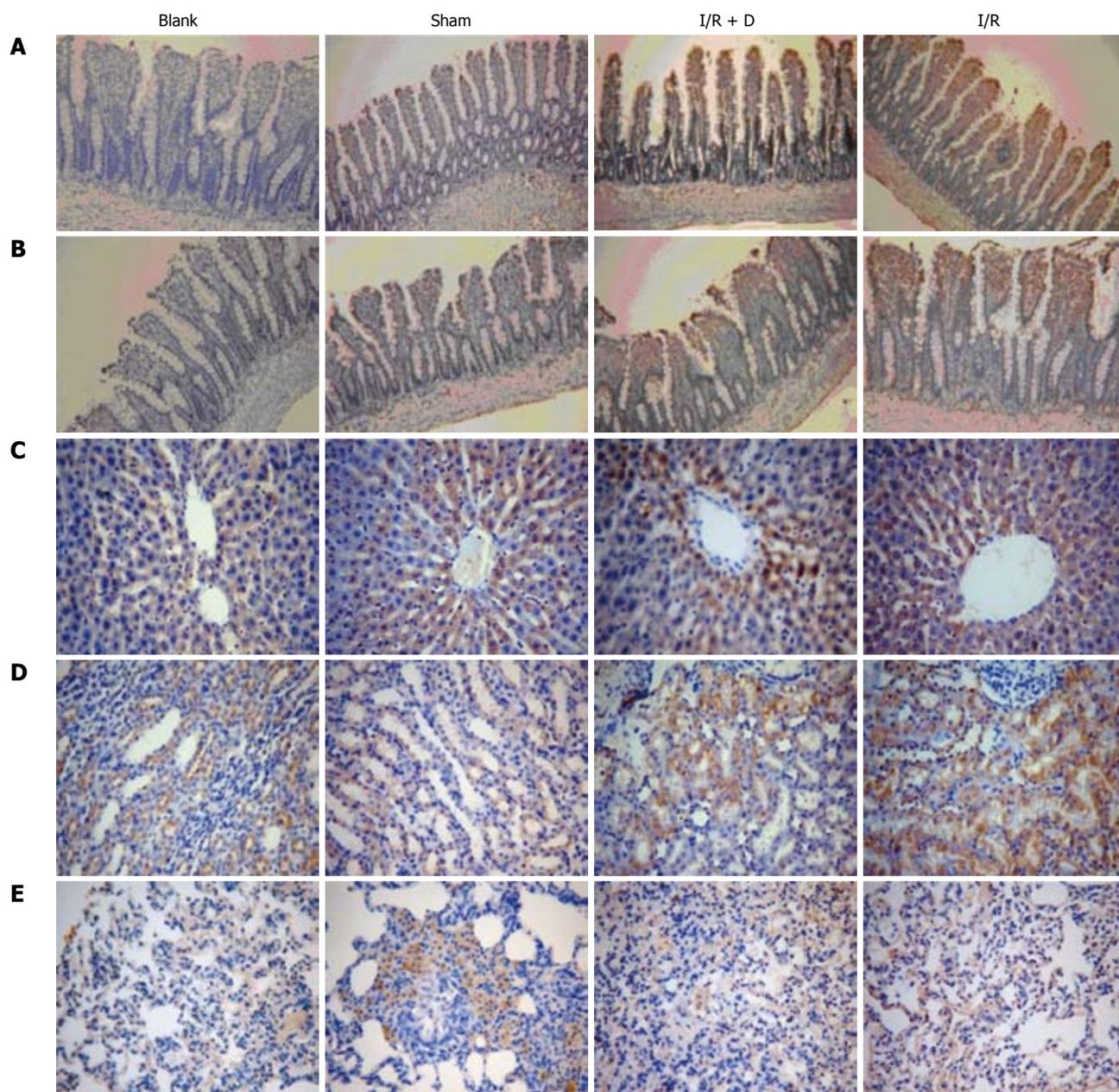
### Serum levels of HMGB1, endotoxin and inflammatory factors

The serum levels of HMGB1 and endotoxin in the I/R and I/R + D groups were significantly higher than those in the blank and sham groups ( $P < 0.05$ ). In addition, the level of endotoxin in the I/R group was higher than that in the I/R + D group ( $P < 0.05$ ). The level of HMGB1 in the I/R group was slightly higher than that in the I/R + D group, but the difference was not significant ( $P > 0.05$ ) (Table 1).

The levels of inflammatory cytokines IL-6, IL-1 $\beta$  and sICAM-1 in the I/R and I/R + D groups and TNF- $\alpha$  in the I/R group were remarkably higher than those in the blank and sham groups ( $P < 0.05$ ). The levels of inflammatory factors in the I/R + D group were markedly lower compared to those in the I/R group ( $P < 0.05$ ). There was no significant difference in cytokine levels between the blank and sham groups ( $P > 0.05$ ) (Table 2).

### Intestinal, liver, kidney and lung HMGB1 immunohistochemistry

Intestinal morphology showed little change in the sham group compared to the blank group. In contrast, the jeju-



**Figure 1** Immunohistochemistry staining of high mobility group protein box 1 in the jejunum (A), ileum (B), liver (C), kidney (D) and lung (E) (n = 8). I/R + D: Ischemia/reperfusion and drainage; I/R: Ischemia/reperfusion. Images shown at 100× magnification (A and B) and 200× magnification (C, D and E).

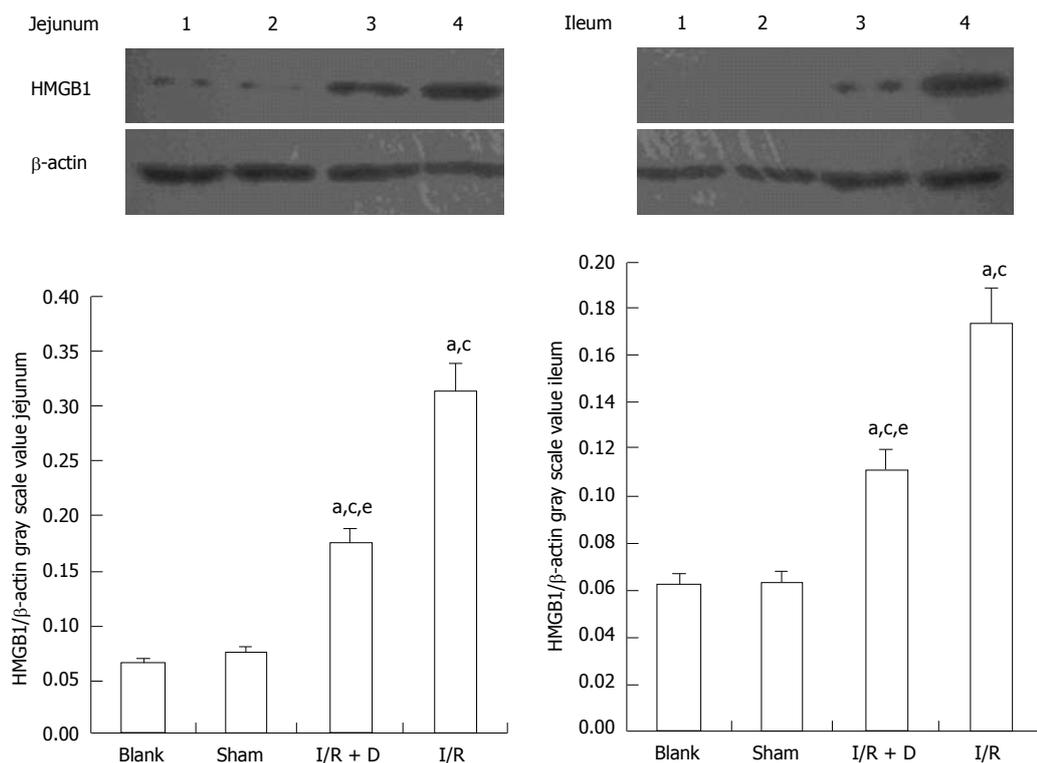
**Table 2** Serum levels of cytokines in the ischemia/reperfusion and ischemia/reperfusion + drainage groups compared to respective controls (mean ± SD, n = 8)

Groups	TNF-α (pg/mL)	IL-1β (pg/mL)	IL-6 (pg/mL)	sICAM-1 (ng/mL)
Blank	13.799 ± 6.456	22.476 ± 8.498	8.687 ± 0.761	30.901 ± 6.962
Sham	18.863 ± 6.679	38.178 ± 7.157	11.566 ± 2.973	33.073 ± 5.957
I/R + D	25.381 ± 9.281 <sup>a,c</sup>	65.829 ± 10.888 <sup>a,c,e</sup>	19.204 ± 4.136 <sup>a,c,e</sup>	48.401 ± 6.547 <sup>a,c,e</sup>
I/R	45.863 ± 11.553 <sup>a,c</sup>	144.646 ± 29.378 <sup>a,c</sup>	41.773 ± 9.753 <sup>a,c</sup>	97.360 ± 12.714 <sup>a,c</sup>

<sup>a</sup>P < 0.05 vs the blank group; <sup>c</sup>P < 0.05 vs the sham group; <sup>e</sup>P < 0.05 vs the I/R group. I/R: Ischemia/reperfusion; I/R + D: Ischemia/reperfusion + drainage; TNF: Tumor necrosis factor; IL: Interleukin; sICAM: Soluble cell adhesion molecule.

num and ileum mucosa in the I/R group showed swelling and atrophy, and appeared fragile and black in color in some segments of the intestine. In the I/R + D group, the intestinal mucosa showed slight swelling, no breakage, and less apparent damage than the I/R group.

Analysis of the jejunum and ileum in the blank group confirmed that there was no HMGB1 staining or apparent injury. A small amount of staining at the top of the microvillus was detected in the sham group, indicating slight injury. In the I/R group, both the top of villi and the basement membrane were stained for HMGB1 in most areas. Injury in the I/R + D group was less than that in the I/R group, although we did find some areas showing positive staining (Figure 1A and B).



**Figure 2** Expression levels of high mobility group protein box 1 protein in the jejunum and ileum ( $n = 8$ ). Top: Western blotting analysis of high mobility group protein box 1 (HMGB1) in the jejunum (left) and ileum (right). Lane 1: Blank; Lane 2: Sham; Lane 3: I/R + D; Lane 4: I/R; Bottom: Quantification of HMGB1 protein levels in the jejunum (left) and ileum (right). HMGB1 levels were normalized to the levels of the  $\beta$ -actin internal control. <sup>a</sup> $P < 0.05$  vs the blank group; <sup>c</sup> $P < 0.05$  vs the sham group; <sup>e</sup> $P < 0.05$  vs the I/R group. I/R + D: Ischemia/reperfusion and drainage; I/R: Ischemia/reperfusion.

There was a significant level of HMGB1 staining in the liver of I/R group, while only a few liver cells were stained in the I/R + D group. HMGB1 staining in the medullary region and the outer medulla of the kidney were obviously increased in the I/R group compared to controls. Analysis of HMGB1 expression in the lung showed that a large number of cells, including endothelial cells and macrophages, were positively stained. Immunohistochemistry in the blank and sham groups showed almost no yellow staining in the liver, kidney, or lung (Figure 1C-E).

#### Intestinal, liver, kidney and lung HMGB1 expression by western blot

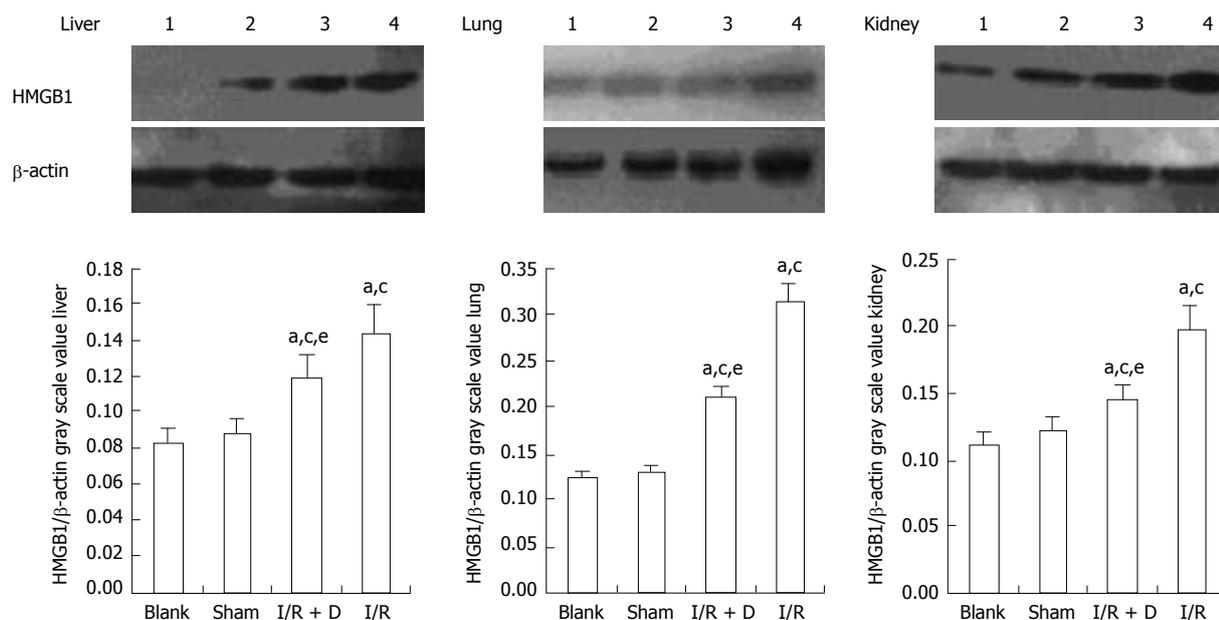
The expression of HMGB1 levels in the jejunum and ileum was significantly higher ( $P < 0.05$ ) in the I/R and I/R + D groups than in the blank and sham groups (which corresponded to the immunohistochemistry data) and HMGB1 expression was significantly lower in the I/R + D group than in the I/R group ( $P < 0.05$ ) (Figure 2). Furthermore, the expression of HMGB1 protein levels in the liver, kidney, and lung was significantly higher in the I/R and I/R + D groups than in the blank and sham groups ( $P < 0.05$ ), and levels in all three organs in the I/R + D group were significantly lower than those in the I/R group ( $P < 0.05$ ) (Figure 3). Together, these data showed that rats in the I/R + D group had significantly less injury than those of the I/R group, suggesting that blocking the “gut-lymph” pathway may attenuate the increase in HMGB1 levels incurred by I/R, and consequently decrease distant

tissue injury.

## DISCUSSION

Intestinal I/R injury can lead to severe intestinal damage and increased intestinal permeability. This study showed that intestinal I/R causes intestinal morphological changes, such as intestinal mucosal injury, visible erosion, necrosis, interstitial congestion in the lamina propria of villi top, edema, inflammation, and mucosa and submucosa hemorrhage. In the jejunum and ileum, slight staining was observed at the top of microvillus in the sham group, and both the top villi and the basement membrane were stained in most areas in the I/R group. Moreover, we found that injury in the I/R + D group was less than that of the I/R group. Our previous study in rats showed that the intestinal permeability increased and bacteria translocated after I/R injury, and that the mucosal thickness and villus height were significantly lower than in the control group<sup>[29]</sup>.

Recent studies have shown that the key mechanism of intestinal I/R injury that leads to a systemic inflammatory response and injury of distant tissues and organs may be mediated by several gut-derived cytokines released in the circulatory system through the “gut-lymph” pathway, which causes downstream injurious effects. The “gut-lymph” pathway theory is based on several observations. Firstly, lymph drainage before hemorrhagic shock can prevent organ dysfunction caused by the shock<sup>[8,30]</sup>;



**Figure 3** Expression levels of high mobility group protein box 1 in the liver, lung, and kidney ( $n = 8$ ). Top: Western blotting analysis of high mobility group protein box 1 (HMGB1) in the liver (left), lung (middle), and kidney (right). Lane 1: Blank; Lane 2: Sham; Lane 3: I/R + D; Lane 4: I/R; Bottom: Quantification of HMGB1 protein levels in the liver (left), lung (middle), and kidney (right). HMGB1 levels were normalized to the levels of the  $\beta$ -actin internal control. <sup>a</sup> $P < 0.05$  vs the blank group; <sup>b</sup> $P < 0.05$  vs the sham group; <sup>c</sup> $P < 0.05$  vs the I/R group. I/R + D: Ischemia/reperfusion and drainage; I/R: Ischemia/reperfusion.

and secondly, injecting normal animals with the lymph from animals undergoing hemorrhagic shock can lead to a variety of pathological injuries<sup>[12]</sup>, such as increased permeability, alveolar cell apoptosis, and accumulated neutrophils in the lung.

In this study, our results demonstrated a change in intestinal morphology and an increase in endotoxin, HMGB1, and cytokine serum levels in rats with intestinal I/R injury. Importantly, we found that intestinal lymph drainage could significantly reduce the symptoms of I/R injury. The endotoxin, HMGB1, and cytokine serum levels in the I/R + D group were significantly reduced compared to the I/R group. Cavriani *et al*<sup>[15]</sup> observed that lymphatic ligation changed the serum levels of IL-1 $\beta$  and IL-10, and alleviated the inflammatory response and lung injury in rats. Our previous study also indicated that intestinal lymph duct ligation could effectively reduce intestinal permeability and inflammatory cytokine and endotoxin levels in the circulation in rats after I/R injury<sup>[14,29]</sup>. Another study<sup>[31]</sup> showed that D-lactate could be detected in the circulation during ischemia for 5 min in I/R rats, and as time progressed, the degree of intestinal mucosa damage increased. Therefore, the D-lactate level could be an early indicator of mucosa damage and permeability changes. The results reported in this study are consistent with previous findings. These studies suggest that both lymph ligation and drainage can block the “gut-lymph” pathway and exert a protective effect on intestinal barrier function.

HMGB1 is the endogenous ligand of TLR4, and the HMGB1-TLR4 combination is an important step in I/R injury<sup>[32]</sup>. HMGB1, which was initially found to be a late lethal inflammatory factor in sepsis, was recently considered to be an inflammatory cytokine in ALI and hepatic

injury. In the early stages, HMGB1 levels increases immediately and continue to slowly increase as reperfusion time is extended. Moreover, an anti-HMGB1 antibody was able to alleviate the inflammation response, as well as significantly reduce myeloperoxidase, IL-1 $\beta$ , and IL-6 expression levels, and especially decrease the accumulation of neutrophils and pulmonary edema<sup>[23,33]</sup>. A recent study<sup>[4]</sup> found no bacteria or endotoxin in the circulation in rats with some trauma, surgery-induced SIRS, distant organ injury, and the administration of a TLR4 blocker significantly reduced inflammation and tissue damage. Therefore, it may not be endotoxin, but rather the endogenous ligand that activates TLR4.

During I/R injury, the intestinal epithelial cells and macrophages synthesize and release TLR4 endogenous ligands, which bind to TLR4. TLR4 then activates signaling pathways, such as nuclear factor- $\kappa$ B, and regulates the synthesis of proteins and enzymes that promote the synthesis and release of a variety of cytokines. This results in the subsequent injury of the distant organs<sup>[19,23,27]</sup>. This study showed that serum levels of HMGB1 were significantly higher in the I/R and I/R + D groups than in the blank and sham groups, and that HMGB1 in the I/R + D group was significantly lower than in the I/R group. These results were consistent with HMGB1 protein expression in the intestine, liver, kidney, and lung as determined by western blot. The immunohistochemistry analysis of HMGB1 in the liver, kidney, and lung also showed that the distant organs were damaged during intestinal I/R injury. Yang *et al*<sup>[34]</sup> and Liu *et al*<sup>[35]</sup> found that treatment of transient ischemic rats with a neutralizing anti-HMGB1 antibody could reduce IL-6 mRNA and TNF- $\alpha$  mRNA on the surface of intestinal mucosa, attenuate injury, and improve the

survival rate. This indicates that HMGB1 released during the early stage may be the factor that promotes intestinal injury and a systemic inflammatory response. In this study, we observed an improvement in morphology, and the serum levels of endotoxin, inflammatory cytokines, and HMGB1 in the I/R + D group were significantly lower than in the I/R group. This could be due to the low blood flow caused by ischemia and hypoxia when organs were subjected to perfusion. It could also be due to the fact that factors such as inflammatory cytokines diffuse throughout the entire body through reperfused blood<sup>[7,36]</sup>. The degree of the injury in the liver, kidney, and lung, as well as the expression of HMGB1 in the I/R group, were significantly greater than in the I/R + D group ( $P < 0.05$ ). This demonstrates that HMGB1 participates in the occurrence and development of the injury during intestinal I/R, and that blocking the “gut-lymph” pathway can effectively reduce the injury of the intestinal barrier function and the levels of systemic inflammatory cytokines, as well as attenuate the stimulation of HMGB1 on intestine and distant organs.

In conclusion, intestinal injury after I/R can stimulate the release of HMGB1, endotoxin, and inflammatory cytokines, which may be related to intestinal barrier dysfunction and distant organ injury. Intestinal lymph drainage may improve the morphology and function of the intestine, reduce the levels of cytokines and endotoxin in circulation, and attenuate the injury of distant organs by blocking the “gut-lymph” pathway; providing a reference for clinical treatment.

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## COMMENTS

### Background

Intestinal ischemia/reperfusion (I/R) injury is the “motor” of systemic inflammatory response syndrome (SIRS), acute respiratory distress syndrome (ARDS), and multiple organ dysfunction syndrome (MODS). The ligating lymph duct in a variety of species after hemorrhagic shock can prevent distant organ injury. However, the composition of lymph that is responsible for distant organ injury remains unknown.

### Research frontiers

Recent studies proposed that mesenteric lymph-induced distant organ injury in intestinal I/R was directly mediated by gut-derived endogenous ligands, one of which is the high mobility group protein box 1 (HMGB1). HMGB1 acts as a late mediator of lethal sepsis and an early mediator of inflammation and necrosis following I/R injury. The research hot spot is whether HMGB1 in the intestinal mesenteric lymph after I/R mediates distant organ injury.

### Innovations and breakthroughs

This study is a continuation of previous study. The authors hypothesized that the HMGB1 and toll-like receptor 4 (TLR4) combination plays an important role in the distant organ injury caused by intestinal I/R injury. The purpose of this study was to determine the impact of intestinal I/R injury and lymph drainage on the intestine and distant organs in rats, and to clarify whether HMGB1 in the intestinal mesenteric lymph after I/R mediates distant organ injury.

## Applications

The study results suggest that intestinal injury after I/R stimulate the release of HMGB1, endotoxin, and inflammatory cytokines, and that lymph drainage could block the “gut-lymph” pathway, improve intestinal barrier function, reduce cytokine and endotoxin, and attenuate the injury of distant organs incurred by intestinal I/R; providing a reference for future clinical practice.

## Terminology

Intestinal I/R injury: Intestinal I/R injury is the “motor” of SIRS, ARDS and MODS, and can be associated with severe trauma, acute necrotizing pancreatitis, major surgery, extensive burns, and other stresses; HMGB1: HMGB1 is one of the endogenous ligands which can be recognized by and combine with TLR4, and is also the key factor of inflammation of aseptic injury.

## Peer review

This is a good descriptive study in which the authors have analyzed the impact of intestinal I/R injury and lymph drainage on distant organs in rats. The authors conclude that lymph drainage could block the “gut-lymph” pathway, improve intestinal barrier function, reduce cytokine and endotoxin, and attenuate the injury of distant organs in intestinal I/R lesions. The experiments were well designed, and the results were clearly demonstrated and analyzed. The techniques are appropriate and the conclusions are supported by the data presented.

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