

**ESPS Manuscript NO:** 25120

**Title:** Stochastic Resonance Whole Body Vibration Increases Muscle Relaxation but not Cardiovascular Activation: A Randomized Controlled Trial

**Manuscript Type:** Randomized Controlled Trial

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#### **BIOSTATISTICS STATEMENT**

The statistical methods of this study included analyses of variance. The correctness of analyses were reviewed by the first author who was a lecturer of empirical research methods and statistics for many years before he became a professor of work and organizational psychology.

A handwritten signature in black ink that reads "Achim Elfering". The signature is written in a cursive, flowing style.

Prof. Dr. Achim Elfering