

## ESPS PEER-REVIEW REPORT

**Name of journal:** World Journal of Neurology

**ESPS manuscript NO:** 29560

**Title:** Disciplined sleep for healthy living : Role of Noradrenaline

**Reviewer's code:** 00646452

**Reviewer's country:** Japan

**Science editor:** Fang-Fang Ji

**Date sent for review:** 2016-08-22 15:43

**Date reviewed:** 2016-09-15 07:15

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	Google Search:	<input checked="" type="checkbox"/> Accept
<input checked="" type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> The same title	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> Duplicate publication	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	<input type="checkbox"/> Plagiarism	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		<input type="checkbox"/> No	<input type="checkbox"/> Major revision
		BPG Search:	
		<input type="checkbox"/> The same title	
		<input type="checkbox"/> Duplicate publication	
		<input type="checkbox"/> Plagiarism	
		<input type="checkbox"/> No	

## COMMENTS TO AUTHORS

This manuscript by Mehta et al. is well-written review to cover sleep and noradrenaline in health and diseases. This reviewer has no major concerns with this manuscript although this manuscript might be little bit long. (References might be too many). This reviewer thinks it suitable for publication in the journal.

### REPLY:

We thank the reviewer for his/her time going through the MS and appreciating our efforts. We tried to keep its length as minimum as possible. After the comments we again reduced the length marginally though, but it increased by a paragraph as we had to address the comments by the other reviewer suggestion (**f. Obstructive sleep apnoea**). Given the nature of the review I think you would appreciate that it is difficult to reduce the length and the references further to make it meaningful. As per your suggestion we have deleted a few references; the revised manuscript has lesser number of references.

## ESPS PEER-REVIEW REPORT

**Name of journal:** World Journal of Neurology

**ESPS manuscript NO:** 29560

**Title:** Disciplined sleep for healthy living : Role of Noradrenaline

**Reviewer's code:** 02794723

**Reviewer's country:** Germany

**Science editor:** Fang-Fang Ji

**Date sent for review:** 2016-08-22 15:43

**Date reviewed:** 2016-10-06 20:16

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	Google Search:	<input type="checkbox"/> Accept
<input checked="" type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> The same title	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> Duplicate publication	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	<input type="checkbox"/> Plagiarism	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		<input type="checkbox"/> No	<input checked="" type="checkbox"/> Major revision
		BPG Search:	
		<input type="checkbox"/> The same title	
		<input type="checkbox"/> Duplicate publication	
		<input type="checkbox"/> Plagiarism	
		<input type="checkbox"/> No	

## COMMENTS TO AUTHORS

The manuscript is well written and gives an overview of the rule of adreanline in sleep. But the manuscript is very long and it needs shortening (for example in the introduction). Furthermore sleep apnea should be addresses as for example in OSAS apnea leads to sympathtic activations and arousal with effect on cardiac function based also on noradrenaline.

## REPLY:

We thank the reviewer for his valuable time to go through our MS and appreciating our efforts. As mentioned above we reduced the length of the MS as well as reduced the number of references. As suggested we have added a paragraph dealing with OSAS and REMS on P 23-24.