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Skin-gut axis: The relationship between intestinal bacteria and skin health

Alexandra R Vaughn, Manisha Notay, Ashley K Clark, Raja K Sivamani

Abstract

The gut microbiome is an emerging area of interest in medicine. Imbalances in the gut microbiome have been linked to a number of disease states such as obesity and type 2 diabetes. The relationship between normally residing intestinal bacteria (the *gut microbiota*) and their potential role in the pathogenesis of skin diseases is an area of research for which we are only beginning to understand. Small studies have demonstrated underlying changes in the gut microbiome of patients with certain

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