



Department of Psychiatry

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Director:
Joel Sadavoy, MD FRCPC
Founder, Geriatric
Psychiatry
FCPA (Distinguished)

July 17, 2013

Psychiatrist:
Virginia Wesson, MD,
MSc, FRCPC

Dear Editor,

Manager:
Hélène Wong, MSc, MBA

Please find enclosed the edited manuscript in Word format (file name: 3577-review.doc)

Mental Health Clinician:
Sarah Begbie, MSW, RSW
Jennifer Carr, OT
Reg. (Ont.)
Rhonda Feldman, PhD,
CPsych
Gita Lakhanpal, OT Reg.
(Ont.), MES

Title: Improving Caregiving Competence, Stress Coping, and Mental Well-being in Informal Dementia Carers

Running Title: Piloting the Reitman Centre CARERS Program

Authors: Mary Chiu, Virginia Wesson, Joel Sadavoy

**Psychiatric Resource
Consultant:**
Einat Danieli, BOT, ROT

Name of Journal: World Journal of Psychiatry

ESPS Manuscript NO: 3577

The manuscript has been updated according to the suggestions of the reviewers, and content changes have been highlighted in aqua as per reviewer's instructions:

Research:
Mary Chiu, PhD
Dunstan Pushpakumar,
BSc, MPH

1) Format has been updated:

- a. Font has been set to 10 point Book Antiqua.
- b. All Table titles have been bolded.
- c. Figure 1 has been inserted as word format and the different parts may be moved around and/or edited by double-clicking on the figure.

Educator:
Laura Jayne Nelles, MFA,
PhD(abd)

2) Content revisions have been made according to the suggestions of the reviewer:

- a. Data collection procedures, results and discussion regarding "Participant Satisfaction Survey" have been taken out of the manuscript, as reviewers pointed out that this data and discussion may not be relevant or meaningful.
- b. More detailed demographic data regarding carers is now provided in the manuscript. Clinical records were reviewed and information regarding psychiatric history of carers and pre-morbid relationship between carers and care recipients were extracted and included in the manuscript under the "Results" section. Reviewers also suggested that care recipients' diagnosis be included. This information was not collected or readily available for all care recipients since carers are the major focus and participants in the CARERS program. The majority of care recipients were diagnosed somewhere else (i.e. memory clinics in the city, by their own GPs or referred psychiatrists and neurologists), and some may not have a clear diagnosis. Regardless, carers may still participate in the CARERS program.
- c. The first half of the "Discussion" section has been edited to focus on discussing results of the study.

**Senior Administrative
Coordinator:**
Anne-Marie Vico, BA

Program Assistant:
Jenny Carlson, BA

- d. A "Comments" section has been included to help readers outside the field of the article to better understand the content of the manuscript.
 - e. A statement has been included under the "Method" section to describe Informed Consent.
 - f. The aim of the research has been summarized as the last paragraph of the "Introduction" section.
 - g. The order of appearance for "Participants" paragraph and "Intervention" paragraph has been switched in the "Method" section. A brief "Ethics" paragraph has been added.
 - h. The wordings have been updated in the "Abstract" section reporting statistics.
- 3) DOI and PMID were included in References whenever available. Typesetting was also corrected.

Thank you again for your considering our manuscript for publication in the *World Journal of Psychiatry*.

Sincerely yours,



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