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PEER-REVIEW REPORT

Name of journal: World Journal of Psychiatry

Manuscript NO: 39584

Title: Antidepressant Foods: An Evidence-Based Nutrient Profiling System for Depression

Reviewer’s code: 00742054

Reviewer’s country: Australia

Science editor: Li-Jun Cui

Date sent for review: 2018-05-11

Date reviewed: 2018-05-18

Review time: 6 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input checked="" type="checkbox"/> Grade B: Minor language polishing	(High priority)	<input checked="" type="checkbox"/> Anonymous
<input checked="" type="checkbox"/> Grade C: Good		<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of language polishing	(General priority)	Peer-reviewer’s expertise on the topic of the manuscript:
<input type="checkbox"/> Grade E: Do not publish	<input type="checkbox"/> Grade D: Rejection	<input type="checkbox"/> Minor revision	<input checked="" type="checkbox"/> Advanced
		<input checked="" type="checkbox"/> Major revision	<input type="checkbox"/> General
		<input type="checkbox"/> Rejection	<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

Thank you for conducting the research on the Antidepressant Foods! Please see below my comments: Abstract: - No reference should be cited in the Abstract. Please remove reference (1) from Methods. Introduction: There are several statements in this section



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that have not been referenced properly. Please provide reference for the following sentences and paragraphs: - Page 3, Para 1, line 4, "A growing evidence base, including the first randomized controlled trial,...(needs REFERENCE); - Page 3, para 2, line 8, "The SUN cohort study..." (needs REFERENCE); - Page 4, para 1, line 4, "...anxiety symptoms attempted by Jacka et al. ..." (needs REFERENCE); - Page 5, para 1, "There are inherent challenges in prescribing a dietary pattern Nutrient density is the ratio of a food's nutrient value to it's caloric content." (the whole paragraph needs REFERENCE); Methods: - Page 5, para 1, line 5: please replace "conducted during the week of February 17th, 2017" with "conducted during February 2017". - I am a bit confused as to what kind of studies were included in the analysis. you search terms were depressive disorder, major, and depression along with the name of nutrients. Did all the studies, searched for or included in, conducted research on the role of nutrients of interest in mental health? Or did they measure amount of nutrient in each food? Or something else? This is not clear. Tables: - It will be more useful to the readers if you provide colour's codes for Table 3. What does each colour represent? Which category of food? Conclusion: This paper investigated the amount of nutrients in foods. However, the following statement in the Conclusion is not what you showed in your paper and I suggest you to remove it "Good nutrition is essential for brain health, making ... change, yet rarely receive nutrition education."

INITIAL REVIEW OF THE MANUSCRIPT

Google Search:

- The same title
- Duplicate publication
- Plagiarism
- No



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BPG Search:

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- No



PEER-REVIEW REPORT

Name of journal: World Journal of Psychiatry

Manuscript NO: 39584

Title: Antidepressant Foods: An Evidence-Based Nutrient Profiling System for Depression

Reviewer’s code: 00506058

Reviewer’s country: Egypt

Science editor: Li-Jun Cui

Date sent for review: 2018-05-11

Date reviewed: 2018-05-18

Review time: 7 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	(High priority)	<input checked="" type="checkbox"/> Anonymous
<input checked="" type="checkbox"/> Grade C: Good		<input checked="" type="checkbox"/> Accept	<input type="checkbox"/> Onymous
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<input type="checkbox"/> Grade E: Do not publish	<input type="checkbox"/> Grade D: Rejection	<input type="checkbox"/> Minor revision	<input type="checkbox"/> Advanced
		<input type="checkbox"/> Major revision	<input checked="" type="checkbox"/> General
		<input type="checkbox"/> Rejection	<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

Reviewer report Manuscript title: “Antidepressant Foods: An Evidence Based Nutrient Profiling System for Depression”. The authors did a systematic review on nutrients with antidepressant properties An antidepressant food score was based on a nutrient



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profiling system designed to detect foods with antidepressant effects. The study is well designed, the methods used are correct, and new and interesting data clearly presented.

INITIAL REVIEW OF THE MANUSCRIPT

Google Search:

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- Plagiarism
- No

BPG Search:

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- No