



Estremera-Arevalo 1

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*Case Control Study*

**Nutrient drink test: A promising new tool for irritable bowel syndrome diagnosis**

Estremera-Arevalo F *et al.* Nutrient drink test for IBS diagnosis

Fermin Estremera-Arevalo, Marta Barcelo, Blanca Serrano, Enrique Rey

**Abstract**

**BACKGROUND**

The irritable bowel syndrome (IBS) is a highly prevalent condition. This is diagnosed on the basis of chronic symptoms after the clinical and/or investigative exclusion of organic diseases which can cause similar symptoms. There is no reproducible non-

**Match Overview**



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E. A. WILLIAMS. "Clinical trial: a multistrain probiotic preparation significantly reduces symptoms of irritable bowel sy ...

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作者: I Posserud - 2013 - 被引用次数: 16 - [相关文章](#)

We included 67 patients with IBS and 16 healthy controls. ... Keywords: Irritable bowel syndrome, postprandial symptoms, visceral hypersensitivity, meal test ..... in FD and gastroparesis, to serve as a tool to evaluate new treatment options. ... but we believe that the meal challenge test is a promising tool that may be used to ...

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作者: A Cozma-Petruț - 2017 - 被引用次数: 11 - [相关文章](#)

2017年6月7日 - Irritable bowel syndrome (IBS) is a common functional ... Nutrients presence in the GI tract affects GI motility, sensitivity, barrier ... trials (RCTs) to evaluate the effect of low alcohol intake on IBS symptoms. .... In recent years, dietary management has shown promise as a key tool in the treatment of IBS.

### Symptom pattern following a meal challenge test in ... - SAGE Journals

[journals.sagepub.com/doi/abs/10.1177/2050640613501817](https://journals.sagepub.com/doi/abs/10.1177/2050640613501817) ▼ [翻译此页](#)

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A standardized meal test seems to be a promising tool to study the symptom pattern in IBS and ... Keywords Irritable bowel syndrome, postprandial symptoms, visceral ... M. New insights into the pathogenesis and pathophysiology of irritable bowel .... in drinking tests with water and a nutritional

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### Irritable bowel syndrome - Diagnosis and treatment - Mayo Clinic

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2018年3月17日 - Find out about **irritable bowel syndrome symptoms** and **diagnosis**. ... If you have IBS with diarrhea, you likely will be **tested** for gluten ... Avoid foods that trigger your **symptoms**; Eat high-fiber foods; **Drink** plenty of fluids ... a **nutritional** therapy, has shown some **promise** as a **treatment** for IBS with diarrhea.

缺少字词: tool

### Diet in irritable bowel syndrome: What to recommend, not what to ...

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作者: A Cozma-Petruț - 2017 - 被引用次数: 18 - 相关文章

This article gives a high topical review of dietary approaches in **IBS treatment** and ... **Nutrients** presence in the GI tract affects GI motility, sensitivity, barrier function ..... lactose hydrogen breath **test**[12]; (2) If they wish to follow a milk-free diet, IBS ..... dietary management has shown **promise** as a key **tool** in the **treatment** of IBS.

### Symptom pattern following a meal challenge test in patients with ...

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作者: I Posserud - 2013 - 被引用次数: 18 - 相关文章

We included 67 patients with IBS and 16 **healthy** controls. ... Keywords: **Irritable bowel syndrome**, postprandial **symptoms**, visceral hypersensitivity, meal **test** ..... in FD and gastroparesis, to serve as a **tool** to **evaluate new treatment** options. ... but we believe that the meal challenge **test** is a **promising tool** that may be used to ...

### Irritable Bowel Syndrome (IBS) | Gastrointestinal Society

<https://www.badgut.org/information-centre/a-z-digestive-topics/ibs/> ▼ 翻译此页

2018年12月21日 - **Irritable bowel syndrome** (IBS) is a GI disorder that causes ... There are no medical



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### [Irritable bowel syndrome - Diagnosis and treatment - Mayo Clinic](#)

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缺少字词: ~~test~~

### [Diet in irritable bowel syndrome: What to recommend, not what to ...](#)

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作者: A Cozma-Petrut - 2017 - 被引用次数: 19 - [相关文章](#)

This article gives a high topical review of dietary approaches in **IBS treatment** .... pain and diarrhea have been associated only with binge **drinking** (more than 4 .... lactose hydrogen breath **test**[12]; (2) If they wish to follow a milk-free diet, IBS ..... dietary management has shown **promise** as a key **tool** in the **treatment** of IBS.

### [Irritable Bowel Syndrome — An Overview of Treatment Options](#)

<https://www.todaysdietitian.com/newarchives/040114p46.shtml> ▼ [翻译此页](#)

作者: RDL Blog - [相关文章](#)

Although **IBS** sometimes is **diagnosed** by excluding other GI **disorders**, current guidelines ... However, there's insufficient data to recommend breath **testing** for small intestinal ... managing **IBS symptoms** followed by information on **nutrition** management for **IBS**, .... **Drink** adequate amounts of fluid to help alleviate constipation.

### [Dietary treatment of irritable bowel syndrome | British Medical Bulletin ...](#)

<https://academic.oup.com/bmb/article/113/1/83/284254> - [翻译此页](#)

作者: OF Ahmad - 2015 - 被引用次数: 8 - [相关文章](#)

2015年1月19日 - **Irritable bowel syndrome** (IBS) is one of the commonest **diagnosed** ... mix and glucose (placebo) which were administered as **drinks** three times a ... IBS-U. Higher levels of hydrogen were excreted in breath **testing** ..... has shown **promise** as an emerging therapeutic **tool** in recent years. .... **New** issue alert.