



CARE Checklist (2013) of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Page Number
Title	1	The words “case report” should be in the title along with the area of	P1
Key Words	2	2 to 5 key words that identify areas covered in this case	P3
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	P3
	3b	The main symptoms of the patient and the important clinical findings	P3
	3c	The main diagnoses, therapeutics interventions, and outcomes	P3
	3d	Conclusion—What are the main “take-away” lessons from this case?	P3
Introduction	4	One or two paragraphs summarizing why this case is unique with references	P4
Patient Information	5a	De-identified demographic information and other patient specific information	P4-5
	5b	Main concerns and symptoms of the patient	P4-5
	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline). . .	P4-5
	5d	Relevant past interventions and their outcomes	P4-5
Clinical Findings	6	Describe the relevant physical examination (PE) and other significant clinical findings.	P5-6
Timeline	7	Important information from the patient’s history organized as a timeline	P6
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys).	P4-5
	8b	Diagnostic challenges (such as access, financial, or cultural)	
	8c	Diagnostic reasoning including other diagnoses considered	
	8d	Prognostic characteristics (such as staging in oncology) where applicable	
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	P5-6
	9b	Administration of intervention (such as dosage, strength, duration)	
	9c	Changes in intervention (with rationale)	
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (when appropriate)	P6-7
	10b	Important follow-up diagnostic and other test results	
	10c	Intervention adherence and tolerability (How was this assessed?)	
	10d	Adverse and unanticipated events	
Discussion	11a	Discussion of the strengths and limitations in your approach to this case	P7-9
	11b	Discussion of the relevant medical literature.	P7-9
	11c	The rationale for conclusions (including assessment of possible causes)	P7-9
	11d	The primary “take-away” lessons of this case report	P7-9
Patient Perspective	12	When appropriate the patient should share their perspective on the treatments they received	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>