



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist Item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	2 / 1
Key Words	2	Four to seven key words—include "case report" as one of the key words	81 / 3
Abstract	3a	Background: What does this case report add to the medical literature?	55-61 / 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	63-75 / 2
	3c	Conclusion: What is the main "take-away" lesson from this case?	77-79 / 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	95-125 / 4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Figure 1, Table 2 / 17, 20
Patient Information	6a	De-identified demographic and other patient or client specific information	Table 2 (neither name or ID) / 20
	6b	Chief complaint—what prompted this visit?	Not applicable
	6c	Relevant history including past interventions and outcomes	173-211 / 5, 6
Physical Exam	7	Relevant physical examination findings	Figure 1, 2 and Table 2 / 17, 18, 20
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	143-171 / 5
	8b	Diagnostic reasoning including other diagnoses considered and challenges	174-211 / 6, 7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Tables 1, 2 and Figures 1, 2 / 19, 20, 17, 18
	8d	Prognostic characteristics where applicable	220-222, 227-228 / 7
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	95-125 / 4
	9b	Intervention administration such as dosage, frequency and duration	Table 2 / 20
	9c	Note changes in intervention with explanation	95-125 / 4
	9d	Other concurrent interventions	266-272 / 8
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	230-263 / 7, 8
	10b	Important follow-up diagnostic evaluations	230-263 / 7, 8
	10c	Assessment of intervention adherence and tolerability, including adverse events	230-263 / 7, 8
Discussion	11a	Strengths and limitations in your approach to this case	266-274, 269-272 / 8, 11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	276-279 / 11
	11c	How does this case report suggest a testable hypothesis?	274-279 / 11
	11d	Conclusions and rationale	274-279 / 11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	230-260 / 7, 8
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	140-141 / 5
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	33-38 / 1