

Project Title:

Integrated and comprehensive management of children / people with type 1 diabetes to prevent complications in a low resource society of Sindh Pakistan.

What is the study about?

In Pakistan, Baqai institute of diabetology and endocrinology, we are starting a welfare project with name of “Insulin my life (IML)”, in the province of Sindh. This was a collaborative work of Baqai Institute of Diabetology & Endocrinology (BIDE), World Diabetes Foundation (WDF) and Baqai Medical University (BMU). Ethical approval was obtained by the Institutional Review Board (IRB) of BIDE.

Aim of the study

we aimed to observe the effectiveness of optimal care for people with type 1 diabetes by filling questionnaire and consent form throughout the province of Sindh, Pakistan. This information will help doctors and nurses to better understand diabetes and improve care for children and young people with diabetes. It will also help with teaching younger doctors and nurses, and help health officials understand the needs of this group.

Benefits to participants

In this study, free consultation, free medical supplies including insulin, glucometers, glucose strips, lancets, insulin syringes and SMBG recording booklets will be provided. During follow up of our study, free HbA1c will be checked after every six months. Participant will also be provided community based awareness and education sessions through camps and media coverage. Printed educational material in English, Urdu and regional languages (Sindhi) will also be provided to subjects with T1DM, their parents and community.

What will the study involve?

The doctor or nurse will record in the study files information that has already been collected when the diagnosis of your diabetes was made – age, weight, height, ethnic group, family history of diabetes, symptoms, any complication and the blood test results at the time of diagnosis.

Who can participate in the study?

Any child or young person who is diagnosed with type 1 diabetes.

Are there any benefits for participating in the study?

Participant will be helping doctors and nurses working in diabetes to understand the disease better so they can improve care for children and youth who have diabetes.

Are there any risks associated with this study?

The blood test will be similar to others that participants have had. It may cause soreness or bruising at the site. If it is possible, we will time the blood collection with a routine blood test that your doctor will ask participant to have anyway.

Participation is voluntary

Participant do not must have to participate in this study. If he / she say no, that is OK. It is up to participant. Even if he / she takes part at the beginning and change mind later on and don't want to be a part of the study that is OK as well. All they need to do is tell the physician that they don't want to take part anymore. Whether they participate or not will not affect their relationship with the doctors and the hospital.

What will happen to the information collected?

The information collected about participants history, and the results of measuring the chemicals in their blood, will only be used by the research team for the purpose of the study. No-one else will be allowed to use this information.

Name: _____ (participant)

Signature of the participant*

Dated: _____

*** Adult \geq 19 years otherwise parents or and guardians**