



## CARE Checklist – 2016: Information for writing a case report

| Topic                     | Item | Checklist item description   | Line/Page |
|---------------------------|------|--|-----------|
| Title<br>Key Words        | 1    | The words "case report" should be in the title along with the area of focus                          | 1         |
|                           | 2    | Four to seven key words—include "case report" as one of the key words                                | 3         |
| Abstract                  | 3a   | Background: What does this case report add to the medical literature?                                | 2         |
|                           | 3b   | Case summary: chief complaint, diagnoses, interventions, and outcomes                                | 2         |
|                           | 3c   | Conclusion: What is the main "take-away" lesson from this case?                                      | 3         |
| Introduction              | 4    | The current standard of care and contributions of this case—with references (1-2 paragraphs)         | 3         |
| Timeline                  | 5    | Information from this case report organized into a timeline (table or figure)                        | 3         |
| Patient Information       | 6a   | De-identified demographic and other patient or client specific information                           | 4-5       |
|                           | 6b   | Chief complaint—what prompted this visit?  | 4-5       |
|                           | 6c   | Relevant history including past interventions and outcomes   | 4-6       |
| Physical Exam             | 7    | Relevant physical examination findings   | 4-6       |
| Diagnostic<br>Assessment  | 8a   | Evaluations such as surveys, laboratory testing, imaging, etc.                                       | 4-6       |
|                           | 8b   | Diagnostic reasoning including other diagnoses considered and challenges                             | 4-6       |
|                           | 8c   | Consider tables or figures linking assessment, diagnoses and interventions                           | 4-6       |
|                           | 8d   | Prognostic characteristics where applicable  | 4-6       |
| Interventions             | 9a   | Types such as life-style recommendations, treatments, medications, surgery                           | 4-6       |
|                           | 9b   | Intervention administration such as dosage, frequency and duration                                   | 4-6       |
|                           | 9c   | Note changes in intervention with explanation  | 4-6       |
|                           | 9d   | Other concurrent interventions   | 4-6       |
| Follow-up and<br>Outcomes | 10a  | Clinician assessment (and patient or client assessed outcomes when appropriate)                      | 4-6       |
|                           | 10b  | Important follow-up diagnostic evaluations   | 4-6       |
|                           | 10c  | Assessment of intervention adherence and tolerability, including adverse events                      | 4-6       |
| Discussion                | 11a  | Strengths and limitations in your approach to this case  | 6         |
|                           | 11b  | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)                  | 6         |
|                           | 11c  | How does this case report suggest a testable hypothesis?   | 6         |
|                           | 11d  | Conclusions and rationale  | 6         |
| Patient Perspective       | 12   | When appropriate include the assessment of the patient or client on this episode of care             | 6         |
| Informed Consent          | 13   | Informed consent from the person who is the subject of this case report is required by most journals | 1         |
| Additional Information    | 14   | Acknowledgement section; Competing Interests; IRB approval when required                             | 1-2       |

Zhangtao Zhang Yang Liu Xiangyi Li  
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