

## Response to reviewers

Edited file had been adopted. Further amendment made in the manuscript was highlighted in yellow.

### Reviewer 1

1. Improve and clarify the scientific hypothesis of the study

Response:

The scientific hypothesis of this study is supplemented in the last paragraph of Introduction session

2. Clarify the inclusion and exclusion criteria

Response:

Further clarification of the inclusion and exclusion criteria was made in the Eligibility of Method session.

3. Improve the classifications and determinations of the selected studies, such as for example, study quality assessment included design, level of evidence, New Castle score (Ottawa Quality Assessment Cohort Studies) for nonrandomized clinical trials and Jadad Scale for randomized clinical trials

Response:

Newcastle-Ottawa score was added and presented in table 2 to evaluate the quality of the included studies.

### Reviewer 2

1. Please unify abbreviations, GRWR and GBWR, GV/SLV and ESLV. Otherwise, readers out of this field will be mixed up.

Response:

Abbreviations, GRWR and GBWR, GV/SLV and ESLV are unified in the revised manuscript

### Reviewer 3

1. There are some typos that needs to be correct in the manuscript.

Response:

Further proof-reading has been performed with typos corrected.

The edited file was adopted