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Eosinophilic esophagitis: **Current** concepts in diagnosis and treatment

Gómez-Aldana A *et al.* Eosinophilic esophagitis

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Abstract

Eosinophilic esophagitis is an immune-allergic pathology of multifactorial etiology (genetic and environmental) that affects both pediatric and adult patients. Its symptoms, which include heartburn, regurgitation, and esophageal stenosis (with dysphagia being more frequent in eosinophilic esophagitis in young adults and children), are similar to those of gastroesophageal reflux disease, causing delays in diagnosis and treatment. Although endoscopic findings such as furrows, esophageal mucosa trachealization, and whitish exudates may suggest its presence, this diagnosis should be confirmed histologically based on the presence of more than 15 eosinophils per high-power field and the exclusion of other causes of eosinophilia (parasitic infections, hypereosinophilic inflammatory bowel disease, among others) for which treatment could be initiated. Currently, the 3 “D”s (“Drugs, Diet, and Dilation”) are considered the fundamental components of treatment. The first 2 components, which involve the use of corticosteroids, immunosuppressants and empirical diets or guided food elimination based on allergy tests, are more useful in the initial phases, whereas endoscopic dilation is reserved for esophageal strictures. Herein, the most important aspects of eosinophilic esophagitis pathophysiology will



Eosinophilic esophagitis: recent aspects in diagnosis and treatment



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The aim of this review is to provide a concise update on recent clinically relevant advances in the development of diagnostic and therapeutic approaches for EoE ...

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Current concepts in eosinophilic esophagitis | SpringerLink

<https://link.springer.com/article/10.1007/s40629-017-0037-8> - 이 페이지 번역하기

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(PDF) Current concepts in eosinophilic esophagitis - ResearchGate

https://www.researchgate.net/.../319693412_Current_concepts_in... - 이 페이지 번역하기

Methods This article discusses new aspects of the pathogenesis, symptoms, **diagnosis**, and **treatment** of **EoE**. Results EoE affects both children and adults and is ...



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Eosinophilic esophagitis - Diagnosis and treatment - Mayo ...

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Your doctor will consider both your symptoms and test results to diagnose eosinophilic esophagitis. This will include determining whether you have gastroesophageal reflux disease (GERD). Tests to diagnose eosinophilic esophagitis include: 1. Upper endoscopy. Your doctor will use a long narrow tube (endoscope) containing a light and tiny camera and insert it through your mouth down the esophagus. The doctor will inspect the lining of your esophagus for inflammation and swelling, horizontal ring...

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Current concepts in eosinophilic esophagitis | SpringerLink

<https://link.springer.com/article/10.1007/s40629-017-0037-8> ▾

Sep 13, 2017 · Background. Eosinophilic esophagitis (EoE) is a disease entity first described in the 1990s, but showing an increasing incidence that is characterized clinically by esophageal dysfunction and histologically by a striking eosinophil infiltration.

Cited by: 5 Author: Dagmar Simon, Alex Straumann, Alain M...

Publish Year: 2017

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Current concepts in eosinophilic esophagitis. ... symptoms, diagnosis, and treatment of EoE. Results EoE affects both children and adults and is frequently associated with atopic disease and IgE ...

Eosinophilic Esophagitis: Causes, Treatment, and Diet

<https://www.healthline.com/health/eosinophilic-esophagitis> ▾

Aug 02, 2017 · Eosinophilic esophagitis is a condition caused when certain white blood cells, called eosinophils, are found in the **esophagus**. It results in pain, difficulty swallowing, and heartburn.

Author: Carrie Madormo, RN, MPH

Current concepts and treatment options in eosinophilic ...

<https://mayoclinic.pure.elsevier.com/en/publications/current-concepts-and-treatment...> ▾

Diagnosis is confirmed by the presence of 20 or more eosinophils per high power field in the **esophagus**. The available **treatment** options include elemental diet, avoidance of specific food allergens, topical and systemic corticosteroids, and humanized monoclonal antibodies against IL-5.

Eosinophilic esophagitis

Medical Condition

Image for Condition

An allergic inflammation of esophagus which involves build up of eosinophils in its lining.

Rare (Fewer than 200,000 cases per year in US)

Often requires lab test or imaging

Treatment from medical professional advised

Can last several years or be lifelong

It is usually caused by food allergies or acid reflux. It is characterized by difficulty in swallowing, heart burn, reduced appetite and vomiting. Treatment involves removal of the triggering agents, endoscopy and medications such as PPI and topical corticosteroids.

Symptoms

- Difficulty in swallowing
- Vomiting
- Heart burn
- Reduced appetite
- Poor weight gain in children
- Irritability in children
- A feel of food "stuck" in the esophagus