



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	__1__
Key Words	2	Four to seven keywords—include “case report” as one of the keywords	__1__
Abstract	3a	Background:What does this case report add to the medical literature?	__1__
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	__1__
	3c	Conclusion:What is the main “take-away” lesson from this case?	__1__
Introduction	4	The current standard of care and contributions of this case—with references(1-2paragraphs)	__1,2__
Timeline	5	Information from this case report organized into a time line(table or figure)	__6-8__
Patient Information	6a	De-identified demographic and other patient or client specific information	__2__
	6b	Chief complaint—what prompted this visit?	__1,2__
	6c	Relevant history including past interventions and outcomes	__2__
Physical Exam	7	Relevant physical examination findings	__2__
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	__2,3__
	8b	Diagnostic reasoning including other diagnoses considered and challenges	__3,4__
	8c	Consider tables or figures linking assessment, diagnoses and interventions	__2,3__
	8d	Prognostic characteristics where applicable	__3__
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	__3__
	9b	Intervention administration such as dosage, frequency and duration	__3__
	9c	Note changes inintervention with explanation	__3,4__
	9d	Other concurrent interventions	__2,3__
Follow-up and Outcomes	10a	Clinician assessment(and patient or client assessed outcomes when appropriate)	__3__
	10b	Important follow-up diagnostic evaluations	__3__
	10c	Assessment of intervention adherence and tolerability, including adverse events	__3__
Discussion	11a	Strengths and limitations in your approach to this case	__4__
	11b	Specify how this case report informs practice or Clinical Practice Guidelines(CPG)	__4__
	11c	How does this case report suggest a testable hypothesis?	__4__
	11d	Conclusions and rationale	__1__
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	__3,4__
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	__4__
Additional Information	14	Acknowledgement section;Competing Interests;IRB approval when required	__4__