

PEER-REVIEW REPORT

Name of journal: World Journal of Clinical Cases

Manuscript NO: 50042

Title: Effect of cognitive behavior therapy combined with exercise intervention on the cognitive bias and coping styles of diarrhea-predominant irritable bowel syndrome patients

Reviewer's code: 03317263

Reviewer's country: Romania

Science editor: Ze-Mao Gong

Reviewer accepted review: 2019-07-12 03:44

Reviewer performed review: 2019-07-12 04:04

Review time: 1 Hour

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input checked="" type="checkbox"/> Grade B: Minor language	(High priority)	<input checked="" type="checkbox"/> Anonymous
<input checked="" type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input checked="" type="checkbox"/> Major revision	<input checked="" type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

Nice study needing some improvements. Please explain why only IBS-D and not IBS-C or IBS-M; better to include also a group of IBS-C. Protocol should be much better



**Baishideng
Publishing
Group**

7041 Koll Center Parkway, Suite
160, Pleasanton, CA 94566, USA
Telephone: +1-925-223-8242
Fax: +1-925-223-8243
E-mail: bpgoffice@wjgnet.com
https://www.wjgnet.com

explained. How followed the controls the protocol; association with pharmacotherapy may produce an important bias. These aspects should be explained and discussed as limitations. The discussion chapter is too long. Language needs to be polished.

INITIAL REVIEW OF THE MANUSCRIPT

Google Search:

- ☐ The same title
- ☐ Duplicate publication
- ☐ Plagiarism
- ☐ No

BPG Search:

- ☐ The same title
- ☐ Duplicate publication
- ☐ Plagiarism
- ☐ No

PEER-REVIEW REPORT

Name of journal: World Journal of Clinical Cases

Manuscript NO: 50042

Title: Effect of cognitive behavior therapy combined with exercise intervention on the cognitive bias and coping styles of diarrhea-predominant irritable bowel syndrome patients

Reviewer's code: 03887097

Reviewer's country: Singapore

Science editor: Ze-Mao Gong

Reviewer accepted review: 2019-07-12 15:32

Reviewer performed review: 2019-07-13 03:24

Review time: 11 Hours

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input type="checkbox"/> Anonymous
<input checked="" type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input checked="" type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input checked="" type="checkbox"/> Major revision	<input type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

Although the topic is of clinical interest, I found certain aspects of the manuscript to be considerably underdeveloped, and the writing and content requires major revisions

before publication can be advised. 1. The manuscript requires a close edit for language and grammar. For example, "To explore the effect of cognitive behavioral therapy combined with exercise intervention on cognitive bias and coping styles of patients with diarrhea-predominant irritable bowel syndrome to provide a theoretical reference for the prevention and treatment of diarrhea-predominant irritable bowel syndrome" is a very convoluted and poorly phrased sentence. It should be re-written as "To explore the effects of cognitive behavioral therapy combined with exercise intervention on cognitive bias and coping styles of patients with diarrhoea-predominant irritable bowel syndrome (IBS); and to provide a theoretical reference for the management of IBS." 2. Please change "diarrhea type" to "diarrhoea predominant type". The correct classifications are: constipation-predominant, diarrhea-predominant or mixed. 3. Important background regarding cognitive behavioral therapy is missing in the introduction/discussion sections. It should be mentioned that CBT has proven efficacy for chronic pain conditions and helps with modifying the pain experience as sufferers of chronic pain often have catastrophic beliefs (citation: [ncbi.nlm.nih.gov/pubmed/28028812](https://pubmed.ncbi.nlm.nih.gov/28028812/)). 4. Please change "Research objects" to "Research subjects". 5. Was IRB approval or waiver sought? Please provide actual IRB study number. 6. How was sample size determined? There is currently no evidence of power calculation. The present sample appears small and limited to a convenience sample. 7. Please change "addressthe" to address the". 8. "It is presumed that the causes may be psychological factors, dietary factors, heredity, infection, visceral sensory abnormalities and intestinal motility abnormalities." Inflammation may also play an important pathogenic role in IBS (citation: [ncbi.nlm.nih.gov/pmc/articles/PMC6159811](https://pubmed.ncbi.nlm.nih.gov/pmc/articles/PMC6159811/)). 9. Please rephrase "improve the normal adjustment ability of patients to intestinal sensations". Reference should be made to adaptive and maladaptive coping styles. 10. The limitations of the current study should be at least briefly mentioned.



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