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***Basic Study***

**Gender differences in** **vascular reactivity of mesenteric arterioles in portal hypertensive and non-portal hypertensive rats**

Zhang B *et al.* Gender differences in vascular reactivity in PHT

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**Abstract**

***BACKGROUND***

Portal hypertension (PHT) is primarily caused by an increase in resistance to portal outflow and secondarily by an increase in splanchnic blood flow. Vascular hyporeactivity both in systemic circulation and in the mesenteric artery plays a role in the hyperdynamic circulatory syndrome.

***AIM***

To explore gender differences and the role of endogenous sex hormones in PHT and vascular reactivity of mesenteric arterioles in rats.

***METHODS***

Cirrhosis and PHT were established by subcutaneous injection of carbon tetrachloride (CCl4) in both male and female integral and castrated rats (ovariectomized [OVX] in female rats, orchiectomy [ORX] in male rats). The third-order branch of the mensenteric artery was divided and used to measure vascular reactivity to vasoconstrictors.

***RESULTS***

No significant difference in portal pressure was observed between integral and castrated male PHT rats (15.2 ± 2.1 mmHg *vs* 16.7 ± 2.7 mmHg, *P* > 0.05). The portal pressure in integral female PHT rats was lower than that in OVX female PHT rats (12.7 ± 2.7 mmHg *vs* 16.5 ± 2.4 mmHg, *P* < 0.05). In PHT rats, the concentration response curves of the mesenteric arterioles to norepinephrine were shifted to the right, and the maximal responses (Emax) values were decreased and effective concentrations causing half maximum responses (EC50) values were increased, compared to those of non-PHT rats, both in male and female rats. Compared to non-PHT integral male rats, the sensitivity of the mesenteric arterioles of non-PHT ORX male rats to norepinephrine was decreased (*P* > 0.05). However, there was no difference between integral and ORX male rats with PHT. In integral female PHT rats, the concentration response curves were shifted to the left (*P* < 0.05), and the Emax values were increased and EC50 values were decreased compared to OVX female PHT rats.

***CONCUSION***

Clear gender differences were observed in mesenteric vascular reactivity in CCl4-induced cirrhotic and PHT rats. Conservation of estrogen can retain the sensitivity of the mesenteric arterioles to vasoconstrictors and has a protective effect on splanchnic vascular function in PHT.

**Key words:** Portal hypertension; Vascular reactivity; Gender; Estrogen; Liver cirrhosis

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**Core tip:** In cirrhosis, extrahepatic vascular hypocontractility leads to splanchnic vasodilation and decreased splanchnic vascular resistance. In this study, clear gender differences were observed in mesenteric vascular reactivity in carbon tetrachloride-induced cirrhotic and portal hypertensive rats. Conservation of estrogen can retain the sensitivity of mesenteric arterioles to vasoconstrictors and has a protective effect on splanchnic vascular function in portal hypertension.

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**INTRODUCTION**

Portal hypertension (PHT) is primarily caused by an increase in resistance to portal outflow and secondarily by an increase in splanchnic blood flow, which worsens and maintains the increased portal pressure[[1](#_ENREF_1),[2](#_ENREF_2)]. Vascular hyporeactivity both in systemic circulation and in the mesenteric artery plays a role in the hyperdynamic circulatory syndrome[[1](#_ENREF_1),[2](#_ENREF_2)].

Gender differences in the incidence of liver cirrhosis, PHT, and vascular responsiveness have been demonstrated by some epidemiological and experimental studies[[3-6](#_ENREF_3)]. Cirrhotic rats treated with estradiol showed a significant decrease in portal pressure and a significant increase in hepatic blood flow, consistent with increased nitric oxide synthase in sinusoidal endothelial cells and inhibited activation of hepatic stellate cells. However, ICI-182.780 (an estrogen receptor antagonist) completely inhibits the reduction of portal pressure and elevation of hepatic blood flow[[6](#_ENREF_6),[7](#_ENREF_7)]. Estradiol inhibits the activation of transcription factors by suppressing reactive oxygen species generation and mitogen-activated protein kinase pathways, and inactivates the downstream transcription processes involved in transforming growth factor-β1 expression and hepatic stellate cell activation. In contrast, progesterone acts in opposition to the favorable effects of estradiol and its effects are blocked by estradiol[[8](#_ENREF_8)]. In male rats with PHT, the phenylephrine concentration–response curves of aortic rings with and without endothelium are lowered and shifted to the right. However, PHT does not induce vascular hyporesponsiveness in female rats[[3](#_ENREF_3)].

The aim of this study was to investigate the influence of endogenous sex hormones on PHT and hyporeactivity of mesenteric arteries. Therefore, we investigated the gender difference in PHT and vascular reactivity of mesenteric arterioles by establishing a carbon tetrachloride (CCl4)-induced PHT model with both male and female integral and castrated rats.

**Materials and methods**

***Animal studies***

Animal maintenance and experimental procedures were performed in accordance with the guidelines of the Laboratory Animal Care and Use Committee at Shanghai Jiao Tong University School of Medicine and were approved by the local Animal Ethics Committee of Renji Hospital (Shanghai, China).

Forty female (weighing 183 ± 12 g) and forty male (weighing 202 ± 18 g) Sprague–Dawley rats, obtained from SLAC (Shanghai, China), with an average age of approximately 8 wk, were housed in a temperature- and humidity-controlled environment with 12-h light/dark cycles and free access to food and water.

Half of the female rats underwent bilateral ovariectomized (OVX) and the other half underwent sham operation (SO). Meanwhile, half of the male rats underwent bilateral orchiectomy (ORX) and the other half underwent SO. At 2 wk after the primary surgery, the female rats were randomly divided as follows into four groups of 10 rats each: SO control, OVX control, SO PHT, and OVX PHT. The male rats were similarly divided into four groups: SO control, ORX control, SO PHT, and ORX PHT. The PHT groups were subcutaneously injected with 40% CCl4 in peanut oil at a dose of 0.4 mL/100 g body weight twice weekly, for 12 wk. The control groups were treated subcutaneously with the same volume of saline.

***Hemodynamic measurements***

At the end of the 12-wk experimental period, the rats were anesthetized with 1% sodium pentobarbital (0.4 mL/100 g body weight). A 22 G catheter was introduced into the portal vein to measure portal pressure after making an incision at the midline of the abdomen. All parameters were recorded using the SP840 pressure transducer and a multichannel recorder (Philips, Irvine, CA, United States)[4].

***Determination of mesenteric arteriole reactivity to norepinephrine***

Following the determination of portal pressure, the mesenteric arteries were removed, as previously described[[4](#_ENREF_4)]. Briefly, the third-order arterioles of the mesentery were carefully dissected, and transferred to a vascular perfusion system[[4](#_ENREF_4)]. Cumulative norepinephrine (NE) concentration response curves (10−8 mol/L-10−4 mol/L) were obtained by increasing the concentration in quarter-log increments[[4](#_ENREF_4)].

***Statistical analysis***

Cumulative NE concentration response curves were ﬁtted by a non-linear regression analysis (GraphPad Software Inc., San Diego, CA, United States). Maximal responses (Emax) and effective concentrations causing half maximum responses (EC50) were obtained from the curves. Values are expressed as the means ± standard deviations. Statistical comparisons were performed using one-way analysis of variance. *P* < 0.05 was considered significant. All statistical analyses were performed by GraphPad Software.

**RESULTS**

***Portal pressure in integrated and castrated male and female rats***

In male rats, administration of CCl4 induced significant PHT; however, no difference was found between SO PHT and ORX PHT rats (15.2 ± 2.1 mmHg *vs* 16.7 ± 2.7 mmHg, *P* > 0.05; Figure 1).

In female rats, administration of CCl4 also induced significant PHT; however, the portal pressure in SO PHT rats was lower than that in OVX PHT rats (12.7 ± 2.7 mmHg *vs* 16.5 ± 2.4 mmHg, *P* < 0.05; Figure 2).

***Mesenteric arteriole reactivity to NE in male rats***

In non-PHT male rats, cumulative NE concentration response curves of mesenteric arterioles in ORX control rats was shifted to the right compared to that in SO control rats, with a similar Emax (78.71 ± 4.80% *vs* 80.95 ± 6.18%, *P* > 0.05), but a higher EC50 (4.17 ± 2.45 × 10-6 mol/L *vs* 2.51 ± 0.63 × 10−6 mol/L, *P* > 0.05), indicating that the sensitivity of mesenteric arterioles to NE might be slightly decreased because of castration (Figure 3, Table 1).

In the SO and ORX PHT rats, the concentration response curves were shifted to the right, with decreased Emax values (56.93 ± 15.33% and 52.76 ± 10.29% *vs* 78.71 ± 4.80%, *P* < 0.05) and increased EC50 values (4.77 ± 2.17 × 10-6 mol/L and 4.31 ± 2.89 × 10-6 mol/L *vs* 2.51 ± 0.63 × 10-6 mol/L, *P* > 0.05 and *P* < 0.05, respectively), compared to non-PHT integral male rats.

The concentration response curves between SO PHT and ORX PHT male rats coincided with each other, with similar Emax (56.93 ± 15.33% *vs* 52.76 ± 10.29%, *P* > 0.05) and similar EC50 (4.77 ± 2.17 × 10-6 mol/L *vs* 4.31 ± 2.89 × 10-6 mol/L, *P* > 0.05).

***Mesenteric arteriole reactivity to NE in female rats***

In non-PHT female rats, concentration response curves coincided with each other in SO control and OVX control rats, with similar Emax values (77.27 ± 6.37% *vs* 74.84 ± 5.91%, *P* > 0.05) and EC50 values (4.22 ± 1.97 × 10-6 mol/L *vs* 3.50 ± 1.48 × 10-6 mol/L, *P* > 0.05, Figure 4, Table 2).

In the SO PHT and OVX PHT rats, the concentration response curves were shifted to the right, with decreased Emax values (64.71 ± 7.53% and 53.70 ± 10.49% *vs* 77.27 ± 6.37%, *P* < 0.05) and increased EC50 values (7.14 ± 7.71 × 10−6 mol/L and 7.78 ± 9.28 × 10−6 mol/L *vs* 4.22 ± 1.97 × 10−6 mol/L, *P* > 0.05), compared to non-PHT integral female (SO control) rats.

However, the concentration response curve was lowered and shifted to the right in OVX PHT rats compared to SO PHT rats, with a lower Emax (53.70 ± 10.49% *vs* 64.71 ± 7.53%, *P* < 0.05) and higher EC50 (7.78 ± 9.28 × 10-6 mol/L *vs* 7.14 ± 7.71 × 10-6 mol/L, *P* > 0.05).

**DISCUSSION**

Splanchnic vasodilation is the pathophysiological hallmark in the development of hyperdynamic circulatory syndrome in liver cirrhosis and PTH[[9](#_ENREF_9),[10](#_ENREF_10)]. This has been attributed mainly to marked vascular hyporeactivity to endogenous vasoconstrictors. In cirrhosis, extrahepatic vascular hypocontractility leads to vasodilation and contributes to PHT[[9](#_ENREF_9),[10](#_ENREF_10)]. The increased portal tributary blood flow is attributable to decreased splanchnic vascular resistance and consecutive splanchnic vasodilation[[11](#_ENREF_11)]. This splanchnic vasodilation is mediated by overproduction of vasodilators (such as nitric oxide [NO]) and by concomitant defects in contractile signaling pathways (such as RhoA/Rho-kinase signaling pathway)[[11](#_ENREF_11)].

Previous studies on vascular reactivity mostly used isolated aorta, peripheral arteries, or mesenteric arteries. However, vascular resistance mainly depends on the arterioles rather than the aorta, and the physiological mechanisms of regulating vasoconstriction in arterioles and aortas are not entirely the same[[12](#_ENREF_12),[13](#_ENREF_13)]. The resistance of the splanchnic arteries in PHT depends mainly on the mesenteric arteries, especially the pre-capillary resistance vessels (diameter within 260 μm)[[14](#_ENREF_14)]. In this study of vascular reactivity, we investigated the change in inner diameter of the third branches of the mesenteric arteries (diameter ~100 μm) under the microamplification system. By this technique, we evaluated small changes in the blood vessels by exogeneous vasoconstrictors, which showed good effects in our previous experiments[[15](#_ENREF_15)].

Our study showed that ORX decreased the sensitivity to vasoconstrictors of the mesenteric arterioles of non-PHT male rats, which is consistent with the study of Rorbert *et al*[[3](#_ENREF_3)], indicating that androgen affects vascular tone in physiological conditions[[16](#_ENREF_16),[17](#_ENREF_17)]. However, in cirrhotic and PHT rats, androgens had little effect on the vascular reaction to vasoconstrictors.

In contrast to male rats, OVX had no effect on the vascular reaction to NE in non-PHT female rats. Compared to OVX female PHT rats, the sensitivity of the mesenteric arterioles to NE in integral female PHT rats was enhanced, indicating that conservation of estrogen can retain the sensitivity of the mesenteric arterioles to vasoconstrictors and have a protective effect in splanchnic vascular function in PHT.

Estrogen plays an important role in reducing the portal pressure in cirrhotic rats, mainly by the modulation of endothelial NO synthase and NO production, oxidative stress and RhoA/ROCK pathway, either in sinusoidal endothelial cells of cirrhotic liver or extrahepatic arteries, which could be blocked by ICI-182.780[[7](#_ENREF_7),[18](#_ENREF_18)].

In summary, estrogen can improve hyporeactivity of the splanchnic arteries to vasoconstrictors, while androgens cannot. Further investigations are required to explain these differences.

**Article Highlights**

***Research background***

Portal hypertension (PHT) is primarily caused by an increase in resistance to portal outflow and secondarily by an increase in splanchnic blood flow. Vascular hyporeactivity both in systemic circulation and in the mesenteric artery plays a role in the hyperdynamic circulatory syndrome. Gender differences in the incidence of liver cirrhosis, PHT and vascular responsiveness have been demonstrated by some epidemiological and experimental studies. Cirrhotic rats treated with estradiol showed a significant decrease in portal pressure and a significant increase in hepatic blood flow, consistent with increased nitric oxide synthase in sinusoidal endothelial cells and inhibited activation of hepatic stellate cells.

Previous studies on vascular reactivity mostly used isolated aorta, peripheral arteries, or mesenteric arteries. In this study of vascular reactivity, we investigated the change in inner diameter of the third branches of the mesenteric arteries (diameter ~100 μm) under the microamplification system.

***Research motivation***

Despite the increased level of circulating endogenous vasoconstrictors in PHT, the sensitivity of blood vessels to them is significantly reduced. The pathogenetic mechanisms of this phenomenon have not been fully investigated.

***Research objectives***

The aim of this study was to investigate the influence of endogenous sex hormones on PHT and hyporeactivity of mesenteric arteries.

***Research methods***

Cirrhosis and PHT were established by subcutaneous injection of CCl4 in both male and female integral and castrated rats (ovariectomized [OVX] in female rats, orchiectomy [ORX] in male rats). The third-order branch of the mensenteric artery was divided and used to measure vascular reactivity to vasoconstrictors. The third-order arterioles of the mesentery were carefully dissected and transferred to a vascular perfusion system. Two glass micropipettes (top diameter, 50 μm) were inserted into each end of the arteriole. Cumulative norepinephrine (NE) concentration response curves (10-8 mol/L-10-4 mol/L) were obtained by increasing the concentration in quarter-log increments.

***Research results***

ORX decreased the sensitivity to vasoconstrictors of the mesenteric arterioles of non-PHT male rats, indicating that androgen affects vascular tone in physiological conditions. However, in cirrhotic and PHT rats, conservation of androgens had little effect on the vascular reaction to vasoconstrictors.

OVX had no effect on the vascular reaction to NE in non-PHT female rats. Compared to OVX female PHT rats, the sensitivity of mesenteric arterioles to NE in integral female PHT rats was enhanced, indicating that conservation of estrogen can retain the sensitivity of the mesenteric arterioles to vasoconstrictors and has a protective effect on splanchnic vascular function in PHT.

***Research conclusions***

Clear gender differences were observed in mesenteric vascular reactivity in carbon tetrachloride-induced cirrhotic and PHT rats. Conservation of estrogen can retain the sensitivity of the mesenteric arterioles to vasoconstrictors and has a protective effect on splanchnic vascular function in PHT.

***Research perspectives***

Estrogen can improve hyporeactivity of the splanchnic arteries to vasoconstrictors, while androgens cannot. Endothelial NO synthase and NO production, oxidative stress, and some signal pathways may participate in the underlying mechanism.

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**Figure 1** **Portal pressure of the four male groups.** Administration of CCl4 induced significant increase in portal pressure; however, no difference was found among SO PHT, and ORX PHT rats (15.2 ± 2.1 *vs* 16.7 ± 2.7 mmHg, *P* > 0.05). a*P* < 0.05 *vs* SO control rats; c*P* < 0.05 *vs* ORX control rats. PHT: Portal hypertension; SO: Sham operation; ORX: Orchiectomy.



**Figure 2** **Portal pressure of the four female groups.** Administration of CCl4 induced significant PHT; however, the portal pressure in SO PHT rats was lower than that in OVX PHT rats (12.7 ± 2.7 *vs* 16.5 ± 2.4 mmHg, *P* < 0.05). a*P* < 0.05 *vs* SO control rats; c*P* < 0.05 *vs* OVX control rats; e*P* < 0.05 *vs* SO PHT rats. PHT: Portal hypertension; SO: Sham operation; OVX: Ovariectomized.



**Figure 3 Concentration response curves of mesenteric arterioles to NE from the four male groups.** In non-PHT male rats, cumulative NE concentration response curve of mesenteric arterioles in ORX control rats was shifted to the right compared to SO control rats. In PHT rats, the concentration response curves were shifted to the right, compared to those in non-PHT integral male rats. However, there was no difference between SO and ORX male rats with PHT. a*P* < 0.05 *vs* SO control rats; c*P* < 0.05 *vs* ORX control rats. PHT: Portal hypertension; SO: Sham operation; ORX: Orchiectomy.



**Figure 4 Concentration response curves of mesenteric arterioles to NE from the four female groups.** In non-PHT female rats, concentration response curves coincided with each other in SO control and OVX control rats. In the PHT rats, the concentration response curves were lowered and shifted to the right compared to SO control rats. However, the concentration response curve was lowered and shifted to the right in OVX PHT rats compared to SO PHT rats. a*P* < 0.05 *vs* SO control rats; c*P* < 0.05 *vs* OVX control rats; e*P* < 0.05 *vs* SO PHT rats. PHT: Portal hypertension; SO: Sham operation; OVX: Ovariectomized.

**Table 1 Maximal responses and effective concentrations causing EC50 of mesenteric arterioles to NE in the four male groups**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **SO control** | **ORX control** | **SO PHT** | **ORX PHT** |
| Emax, % | 80.95 ± 6.18 | 78.71 ± 4.8 | 56.93 ± 15.33a | 52.76 ± 10.29c |
| EC50, 10-6 mol/L | 2.51 ± 0.63 | 4.17 ± 2.45 | 4.77 ± 2.17a | 4.31 ± 2.89 |

a*P* < 0.05 *vs* SO control rats; c*P* < 0.05 *vs* SO control rats. PHT: Portal hypertension; SO: Sham operation; ORX: Orchiectomy; Emax: Maximal responses; EC50: Effective concentrations causing half maximum responses.

**Table 2 Maximal responses and effective concentrations causing EC50 of mesenteric arterioles to NE in the four female groups**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **SO control** | **OVX control** | **SO PHT** | **OVX PHT** |
| Emax, % | 77.27 ± 6.37 | 74.84 ± 5.91 | 64.71 ± 7.53a | 53.70 ± 10.49a,c,e |
| EC50, 10-6 mol/L | 4.22 ± 1.97 | 3.50 ± 1.48 | 7.14 ± 7.71 | 7.78 ± 9.28 |

a*P* < 0.05 *vs* SO control rats; c*P* < 0.05 *vs* OVX control rats; e*P* < 0.05 *vs* SO PHT rats. PHT: Portal hypertension; SO: Sham operation; OVX: Ovariectomized; Emax: Maximal responses; EC50: Effective concentrations causing half maximum responses.