



CARE Checklist (2013) of information to include when writing a case report

EXC-10

Topic	Item	Checklist item description	Reported on Page Number
Title	1	The words "case report" should be in the title along with the area of	
	2	2 to 5 key words that identify areas covered in this case	
	3a	Introduction—What is unique about this case? What does it add to the medical literature?	
Key Words	3b	The main symptoms of the patient and the important clinical findings.	
	3c	The main diagnoses, therapeutics interventions, and outcomes.	
	3d	Conclusion—What are the main "take-away" lessons from this case?	
Abstract	4	One or two paragraphs summarizing why this case is unique with references.	
	5a	De-identified demographic information and other patient specific information	
	5b	Main concerns and symptoms of the patient.	
Introduction	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline).	
	5d	Relevant past interventions and their outcomes.	
	6	Describe the relevant physical examination (PE) and other significant clinical findings.	
Clinical Findings	7	Important information from the patient's history organized as a timeline.	
	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys).	
	8b	Diagnostic challenges (such as access, financial, or cultural).	
Diagnostic Assessment	8c	Diagnostic reasoning including other diagnoses considered.	
	8d	Prognostic characteristics (such as staging in oncology) where applicable.	
	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care).	
Therapeutic Intervention	9b	Administration of intervention (such as dosage, strength, duration).	
	9c	Changes in intervention (with rationale).	
	10a	Clinician and patient-assessed outcomes (when appropriate).	
Follow-up and Outcomes	10b	Important follow-up diagnostic and other test results.	
	10c	Intervention adherence and tolerability (How was this assessed?).	
	10d	Adverse and unanticipated events.	
Discussion	11a	Discussion of the strengths and limitations in your approach to this case.	
	11b	Discussion of the relevant medical literature.	
	11c	The rationale for conclusions (including assessment of possible causes).	
Patient Perspective	11d	The primary "take-away" lessons of this case report.	
	12	When appropriate the patient should share their perspective on the treatments they received.	
	13	Did the patient give informed consent? Please provide if requested.	

Yes ☒ No ☐

