**CARE Checklist – 2016: Information for writing a case report**



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| **Topic** |  | **Item** | **Checklist item description** |
| **Title** | **1** | The words “case report” should be in the title along with the area of focus + **1/1** |
| **Key Words** | **2** | Four to seven key words—include “case report” as one of the key words + **9/1** |
| **Abstract** | **3a** | Background: What does this case report add to the medical literature? + **6/1** |
|  | **3b** | Case summary: chief complaint, diagnoses, interventions, and outcomes + **3/1** |
|  | **3c** | Conclusion: What is the main “take-away” lesson from this case? + **5/1** |
| **Introduction** | **4** | The current standard of care and contributions of this case—with references (1-2 paragraphs)+ **12/1** |
|  **Timeline** | **5** | Information from this case report organized into a timeline (table or figure) **no** |
| **Patient Information** | **6a** | De-identified demographic and other patient or client specific information + **32/1** |
|  | **6b** | Chief complaint—what prompted this visit? + **33/1** |
|  | **6c** | Relevant history including past interventions and outcomes + **30/1** |
| **Physical Exam** | **7** | Relevant physical examination findings + **34/1** |
| **Diagnostic** | **8a** | Evaluations such as surveys, laboratory testing, imaging, etc. + **36/1** |
| **Assessment** | **8b** | Diagnostic reasoning including other diagnoses considered and challenges + **37/1** |
|  | **8c** | Consider tables or figures linking assessment, diagnoses and interventions + **38/1** |
|  | **8d** | Prognostic characteristics where applicable **no** |
| **Interventions** | **9a** | Types such as life-style recommendations, treatments, medications, surgery + **42/1** |
|  | **9b** | Intervention administration such as dosage, frequency and duration + **42/1** |
|  | **9c** | Note changes in intervention with explanation + **1/2** |
|  | **9d** | Other concurrent interventions **no** |
| **Follow-up and** | **10a** | Clinician assessment (and patient or client assessed outcomes when appropriate) + **2/2** |
| **Outcomes** | **10b** | Important follow-up diagnostic evaluations + **2/2** |
|  | **10c** | Assessment of intervention adherence and tolerability, including adverse events + **2/2** |
| **Discussion** | **11a** | Strengths and limitations in your approach to this case + **8/2** |
|  | **11b** | Specify how this case report informs practice or Clinical Practice Guidelines (CPG) **no** |
|  | **11c** | How does this case report suggest a testable hypothesis? **no** |
|  | **11d** | Conclusions and rationale |  + **8/3** |
| **Patient Perspective** | **12** | When appropriate include the assessment of the patient or client on this episode of care |
| **Informed Consent** | **13** | Informed consent from the person who is the subject of this case report is required by most journals+ |
| **Additional Information** | **14** | Acknowledgement section; Competing Interests; IRB approval when required |

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**Line/Page**