



CARE Checklist – 2016: Information for writing a case report

		Item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	Line 1 / Page 1
Key Words	2	Four to seven key words—include "case report" as one of the key words	Line 20 / Page 2
Abstract	3a	Background: What does this case report add to the medical literature?	Line 2 / Page 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 10 / Page 2
	3c	Conclusion: What is the main "take-away" lesson from this case?	Line 17 / Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 24 / Page 2
Timeline	5	Information from this case report organized into a timeline (table or figure)	Line 22 / Page 4
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 7 / Page 3
	6b	Chief complaint—what prompted this visit?	Line 3 / Page 3
	6c	Relevant history including past interventions and outcomes	Line 9 / Page 4
Physical Exam	7	Relevant physical examination findings	Line 24 / Page 3
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 14 / Page 3
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 2 / Page 4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Line 1 / Page 10
	8d	Prognostic characteristics where applicable	Line 7 / Page 4
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 6 / Page 4
	9b	Intervention administration such as dosage, frequency and duration	Line 9 / Page 4
	9c	Note changes in intervention with explanation	Line 8 / Page 4
	9d	Other concurrent interventions	Line 10 / Page 4
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 7 / Page 4
	10b	Important follow-up diagnostic evaluations	Line 4 / Page 4
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 5 / Page 4
Discussion	11a	Strengths and limitations in your approach to this case	Line 7 / Page 6
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 28 / Page 4
	11c	How does this case report suggest a testable hypothesis?	Line 27 / Page 5
	11d	Conclusions and rationale	Line 44 / Page 6
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 19 / Page 4
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 20 / Page 4
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 24 / Page 1