



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title	Key Words	1	The words "case report" should be in the title along with the area of focus	7-8 / 1
		2	Four to seven key words—include "case report" as one of the key words	69-70 / 3
Abstract	3a	Background: What does this case report add to the medical literature?	40-44 / 2	
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	46-58 / 2	
	3c	Conclusion: What is the main "take-away" lesson from this case?	62-67 / 3	
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	93-101 / 4	
Timeline	5	Information from this case report organized into a timeline (table or figure)	33-36 / 2	
Patient Information	6a	De-identified demographic and other patient or client specific information	104-116 / 4	
	6b	Chief complaint—what prompted this visit?	104-106 / 4	
	6c	Relevant history including past interventions and outcomes	154-158 / 6	
Physical Exam	7	Relevant physical examination findings	108-111 / 4	
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	124-126 / 5	
	8b	Diagnostic reasoning including other diagnoses considered and challenges	150-152 / 5	
	8c	Consider tables or figures linking assessment, diagnoses and interventions	213-214 / 9	
	8d	Prognostic characteristics where applicable	126-129 / 5	
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	131-138 / 5	
	9b	Intervention administration such as dosage, frequency and duration	134-136 / 5	
	9c	Note changes in intervention with explanation	135-138 / 5	
	9d	Other concurrent interventions	137-138 / 5	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	155-156 / 6	
	10b	Important follow-up diagnostic evaluations	154-158 / 6	
	10c	Assessment of intervention adherence and tolerability, including adverse events	157-158 / 6	
Discussion	11a	Strengths and limitations in your approach to this case	161-168 / 6	
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	200-202 / 7	
	11c	How does this case report suggest a testable hypothesis?	200-204 / 7	
	11d	Conclusions and rationale	214-219 / 8	
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	—	
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	—	
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	—	

