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Dietary management of neurogenic bowel in adults with spinal ...

AbstractObjective: To examine the literature for current evidence on the **dietary management of neurogenic bowel** in adults with **spinal cord injuries** (SCIs).

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In order to evaluate the effect of standardized **management on spinal cord injury** patients with **neurogenic bowel** dysfunction, 50 cases of **spinal cord injury** ...

[PDF] Nutrition and Spinal Cord Injury

<https://www.nutrition.va.gov/docs/UpdatedPatientEd/NutritionandSCI01-15.pdf>

Good **nutrition** is one of many ways to decrease possible complications like **neurogenic bowel**, **urinary tract infections**, and **pressure wounds** in patients with **Spinal Cord Injury** (SCI). **Eating** the right amount of calories and protein can help you ...

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3118252>

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Manuscript NO: 53694

Manuscript Type: REVIEW

Diet in neurogenic bowel management: A viewpoint on spinal cord injury

Bernardi M *et al.* Spinal cord injury

Marco Bernardi, Anna Lucia Fedullo, Elisabetta Bernardi, Diego Munzi, Ilaria Peluso,
Jonathan Myers, Florigio Romano Lista, Tommaso Sciarra

Abstract

The aim of this review is to offer dietary advice for individuals with spinal cord injury (SCI) and neurogenic bowel dysfunction. With this in mind, we consider health conditions that are dependent on the level of lesion including skeletal muscle atrophy, autonomic dysreflexia and neurogenic bladder. In addition, SCI is often associated with a sedentary lifestyle, which increases risk for osteoporosis and diseases associated with chronic low-grade inflammation, including cardiovascular and

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