



**PEER-REVIEW REPORT**

**Name of journal:** World Journal of Gastroenterology

**Manuscript NO:** 54476

**Title:** Nutrition in alcohol-related liver disease: Physiopathology and management

**Reviewer’s code:** 02353723

**Position:** Editorial Board

**Academic degree:** MD, PhD

**Professional title:** Adjunct Professor, Research Associate

**Reviewer’s Country/Territory:** Italy

**Author’s Country/Territory:** United Kingdom

**Manuscript submission date:** 2020-01-31

**Reviewer chosen by:** AI Technique

**Reviewer accepted review:** 2020-02-01 16:16

**Reviewer performed review:** 2020-02-06 15:12

**Review time:** 4 Days and 22 Hours

<b>Scientific quality</b>	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Very good <input type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
<b>Language quality</b>	<input type="checkbox"/> Grade A: Priority publishing <input type="checkbox"/> Grade B: Minor language polishing <input checked="" type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
<b>Conclusion</b>	<input type="checkbox"/> Accept (High priority) <input type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input checked="" type="checkbox"/> Major revision <input type="checkbox"/> Rejection
<b>Re-review</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Peer-reviewer statements</b>	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous Conflicts-of-Interest: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**



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The paper of Kamran et al., on nutrition in alcohol-related liver disease is comprehensive review. However, the authors need some adjustments regarding essentially the length of the manuscript and the elimination of some repetitions in the different chapters, which should be reorganized. There are also grammatical problems

**SPECIFIC COMMENTS**

1. The title does not reflect the content of the paper since it underlines the aspect of clinical management in ArLD, but there is a lot of space dedicated to physiopathology. Therefore, the authors should modify the title as: Nutrition in alcohol-related liver disease: physiopathology and management.
2. The abstract is ok, except for the use of some inappropriate terms such as “immunoparesis” (should be immunodepression), “malnurishment” (malnutrition), “nutritional depletion” (malnutrition or nutritional deficit). In addition, along all the manuscript there is a wrong use of “;” that should be “,”. Finally, the sentence ... malnutrition remains key component .. should become ...malnutrition remains a key component..
3. The introduction should be shortened, as for other parts of the manuscript, since some concepts are repeated. Change misuse with abuse and other orthographical mistakes. Eliminate the phrases “..are due to harmful alcohol consumption.”, “where; whilst the contribution alcohol makes to the liver injury may be sub-ordinal to other pathology, it is nonetheless implicated in the disease process.” Change “In contradistinction” with in contrast, means with mean, etc.
4. The entire paragraph on the appetite is redundant and the problem related to the intestinal involvement are repeated in other part of the manuscript.
5. As far as the impaired energy metabolism, the first sentence is too strong since there are several formulas to calculate REE and the use of indirect calorimetry is not mentioned. The last paragraph needs English revision.
6. In the chapter of “Anthropometry” add the concept of sarcopenic obesity (<http://dx.doi.org/10.1016/j.dld.2017.07.004>)
7. The refeeding syndrome is a clinical condition mainly observed in patients with short bowel syndrome or severe chronic



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malnutrition usually associated to prolonged fasting. At page 15, it should be reported that this is uncommon and could occur only in extreme cases. 8. At page 16, among the indications for initiating NG feeding, it should be added “refractory ascitis” , which is the most serious clinical condition associated with malnutrition and protein wasting that justifies the use of this therapeutical approach (<https://doi.org/10.1016/j.dld.2019.05.034>). 9. Malabsorption associate with steatorrhea in the cirrhotic patient is related to biliary problems; therefore it should be underlined that in the post ethylic cirrhosis, and especially in this case, the pancreas insufficiency due to the alcoholic damage, could be involved (page 18). 10. The conclusion should be drastically shortened (it is not another way to present a summary).



### PEER-REVIEW REPORT

**Name of journal:** World Journal of Gastroenterology

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<b>Scientific quality</b>	<input checked="" type="checkbox"/> Grade A: Excellent [ ] Grade B: Very good [ ] Grade C: Good [ ] Grade D: Fair [ ] Grade E: Do not publish
<b>Language quality</b>	<input checked="" type="checkbox"/> Grade A: Priority publishing [ ] Grade B: Minor language polishing [ ] Grade C: A great deal of language polishing [ ] Grade D: Rejection
<b>Conclusion</b>	[ ] Accept (High priority) <input checked="" type="checkbox"/> Accept (General priority) [ ] Minor revision [ ] Major revision [ ] Rejection
<b>Re-review</b>	[ ] Yes [ ] No
<b>Peer-reviewer statements</b>	Peer-Review: <input checked="" type="checkbox"/> Anonymous [ ] Onymous Conflicts-of-Interest: <input checked="" type="checkbox"/> Yes [ ] No

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Very well written paper on a very high prevalent condition.