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**Name of Journal:** *World Journal of Gastroenterology***Manuscript NO:** 55021**Manuscript Type:** ORIGINAL ARTICLE**Case Control Study****Food groups, diet quality and colorectal cancer risk in the Basque Country**

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## Nutritional Adequacy and Diet Quality in Colorectal Cancer ...

<https://www.tandfonline.com/doi/abs/10.1080/01635581.2016.1158299>

Apr 26, 2016 · ABSTRACTRecent evidence has shown that an unhealthy diet is associated with a higher risk of **tumor recurrence**, metastasis, and death among patients with **colorectal cancer** (CRC). The aims of this study were to assess **nutritional adequacy** and **diet quality** in a **group** of CRC patients postsurgery and to identify possible associations between **dietary** and **nutritional aspects** and ...

**Author:** Iker Alegria-Lertxundi, Maider Alvarez... **Publish Year:** 2016

## Common dietary patterns and risk of cancers of the colon ...

<https://onlinelibrary.wiley.com/doi/full/10.1002/ijc.31362>

Exploratory analysis suggested a **reduced risk of distal colon cancer** in **grouped red meat free diets** (HR = 0.56, 95% CI: 0.34–0.95), though numbers with this outcome were small. These results indicate that a protective **association of red meat free diets** specifically on **distal colon cancer** merits confirmation in a larger study.

**Cited by:** 2 **Author:** Diego Rada Fernández de Jauregui, Cha...

**Publish Year:** 2018

## Mediterranean diet and colorectal cancer risk: results ...

<https://link.springer.com/article/10.1007/s10654-013-9795-x> ▾

Apr 12, 2013 · The authors investigated the association of adherence to Mediterranean **diet** with **colorectal cancer** (CRC) **risk** in the European Prospective Investigation into **Cancer** and nutrition study. Adherence to Mediterranean **diet** was expressed through two 10-unit scales, the Modified Mediterranean **diet** score (MMDS) and the Centre-Specific MMDS (CSMMDS).

**Cited by:** 159 **Author:** Christina Bamia, Pagona Lagiou, Pagona...

**Publish Year:** 2013 **Author:** Christina Bamia



Food groups, diet quality and colorectal cancer risk in the Basque



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## [Social inequalities in a population based colorectal ...](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4594998)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4594998>

This study reveals socioeconomic inequalities in a number of **quality** indicators for the **Basque Country's colorectal cancer** screening programme between 2009 and 2011. Men in the most disadvantaged socioeconomic class evidence the lowest participation rate, but also the highest rates of premalignant and malignant lesions, between 23 and 55 % ...

Cited by: 16

Author: Jose Luis Hurtado, Amaia Bacigalupe, M...

Publish Year: 2015

## [Population-based colorectal cancer screening: comparison ...](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3887272)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3887272>

METHODS. This study involved the first round of a CRC population-based screening program **in the Basque Country** – restricted to some previously determined health districts – from January 2009 to March 2010, and invited residents aged 50–69, from the **Basque** Health Service database (n = 37,999). People with **colorectal cancer** resection (CCR) history and who had undergone a previous ...

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Author: Miren Begoña Zubero, Eunáte Arana-Arri...

Publish Year: 2014

## [Nutritional Adequacy and Diet Quality in Colorectal Cancer ...](https://www.researchgate.net/publication/301896981...)

<https://www.researchgate.net/publication/301896981...>

Recent evidence has shown that an unhealthy **diet** is associated with a higher **risk** of tumor recurrence, metastasis, and death among patients with **colorectal cancer** (CRC).

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## Meat, fish, and colorectal cancer risk: the European ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/pmid/15956652>

The increase in **colorectal cancer risk** associated with high intake of red and processed meat was more apparent in the **group** of participants in the categories of low (<17 g/day) and medium (17 to 26 g/day in women and 17 to 28 g/day in men) fiber intake than in the high (>26 g/day in women and >28 g/day in men) intake **group** (P interaction = .06 ...

**Cited by:** 1051**Author:** Teresa Norat, Sheila Bingham, Pietro Fer...**Publish Year:** 2005

## Social inequalities in a population based colorectal ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4594998>

This study reveals socioeconomic inequalities in a number of **quality** indicators for the **Basque Country's colorectal cancer** screening programme between 2009 and 2011. Men in the most disadvantaged socioeconomic class evidence the lowest participation rate, but also the highest rates of premalignant and malignant lesions, between 23 and 55 % ...

**Cited by:** 17**Author:** Jose Luis Hurtado, Amaia Bacigalupe, M...**Publish Year:** 2015

## PubMed

<https://pubmed.ncbi.nlm.nih.gov/29582162>

Purpose: To assess if the associations found between three previously identified dietary patterns with breast, prostate and gastric **cancer** are also observed for **colorectal cancer** (CRC). Methods: MCC-Spain is a multicase-control study that collected information of 1629 incident cases of CRC and 3509 population-based controls from 11 Spanish provinces.

**Cited by:** 18**Author:** Adela Castelló, Adela Castelló, Pilar Amia...**Publish Year:** 2019

## Nutritional Adequacy and Diet Quality in Colorectal Cancer ...

<https://www.researchgate.net/publication/301896981...>