



CARE Checklist: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	_line 3/p. 1_
Key Words	2	Four to seven key words—include “case report” as one of the key words	_line 5/p. 3_
Abstract	3a	Background: What does this case report add to the medical literature?	_Abstract, paragraph 1/p. 2_
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	_Abstract, paragraph 2/p. 2_
	3c	Conclusion: What is the main “take-away” lesson from this case	_Abstract, para 3/p. 3_
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	_ Background, paragraph 2/p. 4_
Timeline	5	Information from this case report organized into a timeline (table or figure)	_ N/A _
Patient Information	6a	De-identified demographic and other patient or client specific information	_Case presentation, paragraph 1_
	6b	Chief complaint—what prompted this visit	_ Case presentation, paragraph 1_
	6c	Relevant history including past interventions and outcome	_ Case presentation, paragraph 2_
Physical Exam	7	Relevant physical examination finding	_ Case presentation, paragraph 3_
Diagnostic	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	_Case presentation, paragraphs 4–6_
Assessment	8b	Diagnostic reasoning including other diagnoses considered and challenges	_ Case presentation, paragraph 4_
	8c	Consider tables or figures linking assessment, diagnoses and interventions	_pp. 12–15_
	8d	Prognostic characteristics where applicable	_ Case presentation, paragraph 6_
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	_ Case presentation, paragraph 4_

	9b	Intervention administration such as dosage, frequency and duration	_ Case presentation, paragraph 4_
	9c	Note changes in intervention with explanation	_ Case presentation, paragraph 5_
	9d	Other concurrent interventions	__ N/A __
Follow-up and	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	_ Case presentation, paragraph 6_
Outcomes	10b	Important follow-up diagnostic evaluations	_ Case presentation, paragraph 6_
	10c	Assessment of intervention adherence and tolerability, including adverse events	__ N/A __
Discussion	11a	Strengths and limitations in your approach to this case	_ Discussion and Conclusion, paragraph 3_
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	__ N/A __
	11c	How does this case report suggest a testable hypothesis?	__ N/A __
	11d	Conclusions and rationale	_ Discussion and Conclusion, paragraph 3_
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	__ N/A __
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	__ Yes __
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	__ N/A __