



## CARE Checklist: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
<b>Title</b>	1	The words “case report” should be in the title along with the area of focus	_line 3/p. 1_
<b>Key Words</b>	2	Four to seven key words—include “case report” as one of the key words	_line 5/p. 3_
<b>Abstract</b>	3a	Background: What does this case report add to the medical literature?	_Abstract, paragraph 1/p. 2_
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	_Abstract, paragraph 2/p. 2_
	3c	Conclusion: What is the main “take-away” lesson from this case	_Abstract, para 3/p. 3_
<b>Introduction</b>	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	_ Background, paragraph 2/p. 4_
<b>Timeline</b>	5	Information from this case report organized into a timeline (table or figure)	_ N/A _
<b>Patient Information</b>	6a	De-identified demographic and other patient or client specific information	_Case presentation, paragraph 1_
	6b	Chief complaint—what prompted this visit	_ Case presentation, paragraph 1_
	6c	Relevant history including past interventions and outcome	_ Case presentation, paragraph 2_
<b>Physical Exam</b>	7	Relevant physical examination finding	_ Case presentation, paragraph 3_
<b>Diagnostic</b>	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	_Case presentation, paragraphs 4–6_
<b>Assessment</b>	8b	Diagnostic reasoning including other diagnoses considered and challenges	_ Case presentation, paragraph 4_
	8c	Consider tables or figures linking assessment, diagnoses and interventions	_pp. 12–15_
	8d	Prognostic characteristics where applicable	_ Case presentation, paragraph 6_
<b>Interventions</b>	9a	Types such as life-style recommendations, treatments, medications, surgery	_ Case presentation, paragraph 4_

	<b>9b</b>	Intervention administration such as dosage, frequency and duration	<b>_ Case presentation, paragraph 4_</b>
	<b>9c</b>	Note changes in intervention with explanation	<b>_ Case presentation, paragraph 5_</b>
	<b>9d</b>	Other concurrent interventions	<b>_ N/A _</b>
<b>Follow-up and</b>	<b>10a</b>	Clinician assessment (and patient or client assessed outcomes when appropriate)	<b>_ Case presentation, paragraph 6_</b>
<b>Outcomes</b>	<b>10b</b>	Important follow-up diagnostic evaluations	<b>_ Case presentation, paragraph 6_</b>
	<b>10c</b>	Assessment of intervention adherence and tolerability, including adverse events	<b>_ N/A _</b>
<b>Discussion</b>	<b>11a</b>	Strengths and limitations in your approach to this case	<b>_ Discussion and Conclusion, paragraph 3_</b>
	<b>11b</b>	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<b>_ N/A _</b>
	<b>11c</b>	How does this case report suggest a testable hypothesis?	<b>_ N/A _</b>
	<b>11d</b>	Conclusions and rationale	<b>_ Discussion and Conclusion, paragraph 3_</b>
<b>Patient Perspective</b>	<b>12</b>	When appropriate include the assessment of the patient or client on this episode of care	<b>_ N/A _</b>
<b>Informed Consent</b>	<b>13</b>	Informed consent from the person who is the subject of this case report is required by most journals	<b>_ Yes _</b>
<b>Additional Information</b>	<b>14</b>	Acknowledgement section; Competing Interests; IRB approval when required	<b>_ N/A _</b>