



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<i>Line 2, Page 1</i>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<i>Line 71-72, Page 5</i>
Abstract	3a	Background: What does this case report add to the medical literature?	<i>Line 49-55, Page 4</i>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<i>Line 57-67, Page 4</i>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<i>Line 69-70, Page 5</i>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<i>Line 83-100, Page 5-6</i>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<i>Figure 6</i>
Patient Information	6a	De-identified demographic and other patient or client specific information	<i>Line 103, Page 6</i>
	6b	Chief complaint—what prompted this visit?	<i>Line 103-104, Page 6</i>
	6c	Relevant history including past interventions and outcomes	<i>Line 116-118, Page 7</i>
Physical Exam	7	Relevant physical examination findings	<i>Line 120-123, Page 7</i>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<i>Line 125-147, Page 8-9</i>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<i>Line 149-153, Page 9</i>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	<i>Figures 1-5</i>
	8d	Prognostic characteristics where applicable	<i>Not applicable</i>
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<i>Line 155-161, Page 9</i>
	9b	Intervention administration such as dosage, frequency and duration	<i>Line 172-173, Page 10</i>
	9c	Note changes in intervention with explanation	<i>Line 170-173, Page 10; Line 192-196, Page 11</i>
	9d	Other concurrent interventions	<i>Line 197-198, Page 11</i>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<i>Line 201, Page 11;</i>
	10b	Important follow-up diagnostic evaluations	<i>Line 202-204, Page 11</i>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<i>Not applicable</i>
Discussion	11a	Strengths and limitations in your approach to this case	<i>Line 247-253, Page 13-14</i>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<i>Line 258-260, Page 14</i>
	11c	How does this case report suggest a testable hypothesis?	<i>Line 217-224, Line 239-241, Page 12-13</i>
	11d	Conclusions and rationale	<i>Line 255-261, Page 14</i>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<i>Not applicable</i>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<i>Line 35-36, Page 2</i>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<i>Line 37-38, Page 2; Line 262-265, Page 14</i>