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Name of Journal: *World Journal of Gastroenterology*

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Functional gastrointestinal disorders in inflammatory bowel disease: Time for a paradigm shift?

Dipesh H Vasant, Alexander C Ford

Abstract

Recent advances in biological therapies have revolutionised and redefined treatment targets in inflammatory bowel disease (IBD). There is now a stronger emphasis on achieving the more stringent therapeutic goals of mucosal and



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Anti-tumor necrosis factor- α (anti-TNF α) agents are used for induction and maintenance of remission in patients with inflammatory bowel diseases (IBD). However, biologic drugs present a large economic burden on health insurance systems.

Cited by: 2

Author: Shota Saito, Kyoko Nakazawa, Kenji Suz...

Publish Year: 2018

Mucosal healing in inflammatory bowel disease - Mayo Clinic

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Inflammatory bowel disease (IBD) is a chronic inflammatory disease that can cause **progressive functional and structural damage to the gastrointestinal tract**. Medical therapies for IBD have traditionally focused on symptom control.

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The purpose of this clinical practice update review is to describe key principles in the diagnosis and management of **functional gastrointestinal (GI) symptoms** in patients with inflammatory bowel disease (IBD). The evidence and best practices summarized in this manuscript are based on relevant ...



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Functional bowel disorders such as irritable **bowel** syndrome (IBS) are usually diagnosed based on symptoms that may overlap with those associated with **inflammatory bowel disease (IBD)**.

Distinguishing symptoms of this origin from those driven by persistent pathological changes associated with **IBD** such as inflammation or fibrosis may be challenging.

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A paradigm shift According to Edward V. Loftus Jr., M.D., a gastroenterologist specializing in IBD at Mayo Clinic's campus in Rochester, Minnesota, many experts are now advocating for a **paradigm shift that emphasizes mucosal healing, rather than clinical remission, as the primary treatment objective.**

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<https://www.ncbi.nlm.nih.gov/pubmed/30099108>

AGA Clinical Practice Update on **Functional Gastrointestinal** Symptoms in Patients With **Inflammatory Bowel Disease**: Expert Review. Colombel JF(1), Shin A(2), Gibson PR(3). Author information: (1)Department of Gastroenterology, Icahn School of Medicine at Mount Sinai, New York, New York.



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A paradigm shift. According to Edward V. Loftus Jr., M.D., a gastroenterologist specializing in IBD at Mayo Clinic's campus in Rochester, Minnesota, many experts are now advocating for a paradigm shift that emphasizes **mucosal healing**, rather than clinical remission, as the primary treatment objective.

"Administering therapies directed at mucosal healing that may favorably modify the natural history of ...

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AGA Clinical Practice Update on **Functional Gastrointestinal** Symptoms in Patients With **Inflammatory Bowel Disease**: Expert Review. Colombel JF(1), Shin A(2), Gibson PR(3). Author information: (1)Department of Gastroenterology, Icahn School of Medicine at Mount Sinai, New York, New York.

Cited by: 19 **Author:** Jean Frederic Colombel, Andrea Shin, Pe...

Publish Year: 2019

[Functional gastrointestinal disorders and mood disorders ...](#)

<https://www.ncbi.nlm.nih.gov/pubmed/16374257>

RESULTS: Of 361 patients surveyed, 149 (44 ulcerative colitis [UC] and 105 Crohn's **disease** [CD]) had inactive **IBD** during the previous 12 months. Symptoms of at least 1 FGID occurred in 81.9%. **Functional** anorectal **disorders** were the most prevalent (53.7%) followed by **functional bowel disorders** (51.7%), and both were of greater prevalence than in ...

Cited by: 279 **Author:** Forough Farrokhyar, John K Marshall, Br...

Publish Year: 2006

[The effect of functional gastrointestinal disorders on ...](#)

<https://onlinelibrary.wiley.com/doi/full/10.1111/j.1365-2036.2008.03754.x>

Jul 23, 2008 - Background Symptoms of **functional gastrointestinal disorders** (FGIDs) are common in patients with **inflammatory bowel disease** (IBD). Psychological comorbidities of anxiety and depression are also highly prevalent in **IBD**. Aim To quantify the burden of FGIDs in a hospital-based cohort of