



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title	Key Words	1	The words “case report” should be in the title along with the area of focus	✓ p. 1
		2	Four to seven key words—include “case report” as one of the key words	✓ p. 5
Abstract		3a	Background: What does this case report add to the medical literature?	✓ p. 4
		3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	✓ p. 4
		3c	Conclusion: What is the main “take-away” lesson from this case?	✓ p. 4
Introduction		4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	✓ p. 5
Timeline		5	Information from this case report organized into a timeline (table or figure)	
Patient Information		6a	De-identified demographic and other patient or client specific information	✓ p. 6
		6b	Chief complaint—what prompted this visit?	✓ p. 6
		6c	Relevant history including past interventions and outcomes	✓ p. 6
Physical Exam		7	Relevant physical examination findings	✓ p. 6, 7
Diagnostic Assessment		8a	Evaluations such as surveys, laboratory testing, imaging, etc.	✓ p. 6-8
		8b	Diagnostic reasoning including other diagnoses considered and challenges	✓ p. 7, 8
		8c	Consider tables or figures linking assessment, diagnoses and interventions	✓ see attachment
		8d	Prognostic characteristics where applicable	✓ p. 6-8
Interventions		9a	Types such as life-style recommendations, treatments, medications, surgery	
		9b	Intervention administration such as dosage, frequency and duration	
		9c	Note changes in intervention with explanation	
		9d	Other concurrent interventions	
Follow-up and Outcomes		10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	✓ p. 8.
		10b	Important follow-up diagnostic evaluations	✓ p. 8
		10c	Assessment of intervention adherence and tolerability, including adverse events	
Discussion		11a	Strengths and limitations in your approach to this case	✓ p. 8-11
		11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	✓ p. 8-11
		11c	How does this case report suggest a testable hypothesis?	✓ p. 8-11
		11d	Conclusions and rationale	✓ p. 10
Patient Perspective		12	When appropriate include the assessment of the patient or client on this episode of care	
Informed Consent		13	Informed consent from the person who is the subject of this case report is required by most journals	✓ p. 2
Additional Information		14	Acknowledgement section; Competing Interests; IRB approval when required	✓ p. 11