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Editorial board member of *World Journal of Gastrointestinal Surgery*, Professor Marcello Donati, MD, PhD, FACS, is an Italian general surgeon, who completed his surgical training in hepatobiliary, advanced abdominal oncologic and emergency surgery in Germany. He is currently Associate Professor of General Surgery at University of Catania (Italy) and has been a Visiting Professor in Hamburg (Germany), Sarajevo (Bosnia-Herzegovina), Malta (Malta International School of Medicine) and Bremen (Germany) as well as an Invited Lecturer in Bialystok (Poland), Minsk (Belarus), and Harvard-Boston (United States). He has spoken in many National and International Congresses and served as editorial board member and reviewer for many international journals of surgery, gastroenterology, and oncology, authoring about 150 papers. (L-Editor: Filipodia)

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RESPONSIBLE EDITORS FOR THIS ISSUE

Production Editor: Ji-Hong Liu; Production Department Director: Xiang Li; Editorial Office Director: Jia-Ping Yan.

NAME OF JOURNAL

World Journal of Gastrointestinal Surgery

ISSN

ISSN 1948-9366 (online)

LAUNCH DATE

November 30, 2009

FREQUENCY

Monthly

EDITORS-IN-CHIEF

Shu-You Peng, Varut Lohsirirawat, Jin Gu

EDITORIAL BOARD MEMBERS

<https://www.wjgnet.com/1948-9366/editorialboard.htm>

PUBLICATION DATE

October 27, 2020

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INSTRUCTIONS TO AUTHORS

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<https://www.wjgnet.com/bpg/GerInfo/288>

PUBLICATION MISCONDUCT

<https://www.wjgnet.com/bpg/gerinfo/208>

ARTICLE PROCESSING CHARGE

<https://www.wjgnet.com/bpg/gerinfo/242>

STEPS FOR SUBMITTING MANUSCRIPTS

<https://www.wjgnet.com/bpg/GerInfo/239>

ONLINE SUBMISSION

<https://www.f6publishing.com>

Gastric splenosis mimicking a gastrointestinal stromal tumor: A case report

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Author contributions: Isopi C and Vitali G reviewed the literature and drafted the manuscript in consultation with Solaini L and Ercolani G; Isopi C and Vitali G are joint first authors; Pieri F performed the final pathology; Pieri F, Solaini L and Ercolani G critically revised the manuscript; All authors issued final approval for the version to be submitted.

Informed consent statement: Informed written consent was obtained from the patient for publication of this report and any accompanying images.

Conflict-of-interest statement: The authors declare that they have no conflict of interest.

CARE Checklist (2016) statement: The authors have read the CARE Checklist (2016), and the manuscript was prepared and revised according to the CARE Checklist (2016).

Open-Access: This article is an open-access article that was selected by an in-house editor and fully peer-reviewed by external

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Abstract

BACKGROUND

Mass lesions located in the wall of the stomach (and also of the bowel) are referred to as "intramural." The differential diagnosis of such lesions can be challenging in some cases. As such, it may occur that an inconclusive fine needle aspiration (FNA) result give way to an unexpected diagnosis upon final surgical pathology. Herein, we present a case of an intramural gastric nodule mimicking a gastric gastrointestinal stromal tumor (GIST).

CASE SUMMARY

A 47-year-old Caucasian woman, who had undergone splenectomy for trauma at the age of 16, underwent gastroscopy for long-lasting epigastric pain and dyspepsia. It revealed a 15 mm submucosal nodule bulging into the gastric lumen with smooth margins and normal overlying mucosa. A thoraco-abdominal computed tomography scan showed in the gastric fundus a rounded mass (30 mm in diameter) with an exophytic growth and intense enhancement after administration of intravenous contrast. Endoscopic ultrasound scan showed a hypoechoic nodule, and fine needle FNA was inconclusive. Gastric GIST was considered the most probable diagnosis, and surgical resection was proposed due to symptoms. A laparoscopic gastric wedge resection was performed. The postoperative course was uneventful, and the patient was discharged on the seventh postoperative day. The final pathology report described a rounded encapsulated accumulation of lymphoid tissue of about 4 cm in diameter consistent with spleen parenchyma implanted during the previous splenectomy.

CONCLUSION

Splenosis is a rare condition that should always be considered as a possible

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Manuscript source: Invited manuscript

Received: June 30, 2020

Peer-review started: June 30, 2020

First decision: July 30, 2020

Revised: August 13, 2020

Accepted: September 14, 2020

Article in press: September 14, 2020

Published online: October 27, 2020

P-Reviewer: Alshomimi S, Gong N, Tabibian JH, Tian YT, Zhang XF

S-Editor: Wang JL

L-Editor: Filipodia

P-Editor: Zhang YL



diagnosis in splenectomized patients who present with an intramural gastric nodule.

Key Words: Splenosis; Intramural gastric mass; Gastric nodule; Laparoscopic gastric surgery; Gastrointestinal stromal tumor; Case report

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Core Tip: Intramural gastric nodules are rare, but all differential diagnoses must always be considered. If feasible, a preoperative fine needle aspiration can help the surgeon in selecting the best treatment option. Splenosis is uncommon in the general population, but it must be considered in each patient with a history of splenectomy (especially after trauma). In this specific cluster it is reasonable to insist on ruling out splenosis even making a second histologic sampling after a first failure.

Citation: Isopi C, Vitali G, Pieri F, Solaini L, Ercolani G. Gastric splenosis mimicking a gastrointestinal stromal tumor: A case report. *World J Gastrointest Surg* 2020; 12(10): 435-441

URL: <https://www.wjgnet.com/1948-9366/full/v12/i10/435.htm>

DOI: <https://dx.doi.org/10.4240/wjgs.v12.i10.435>

INTRODUCTION

The masses arising from the wall of the stomach are referred to as “intramural”. In these cases the endoscopic and radiologic features may lead to several differential diagnoses because several overlapping characteristics have been shown to exist among the various gastric masses. Intramural lesions can be benign or malignant, and the most common diagnosis is gastrointestinal stromal tumors (GISTs).

Only a preoperative sampling allows planning the best therapeutic approach, but when the nature of the nodule cannot be preoperatively determined, an assessment about size, possible diagnoses, patient’s characteristics and clinical symptoms should be done before considering an upfront surgical approach.

Herein, we present a case of an intramural gastric nodule mimicking gastric gastrointestinal stromal tumor, whose nature could be defined only after surgery.

CASE PRESENTATION

Chief complaints

A 47-year-old Caucasian woman was referred to our unit for an intragastric nodule detected during a gastroscopy.

History of present illness

The gastroscopy was performed for long lasting epigastric pain and dyspepsia.

History of past illness

Patient’s past medical history included: Asthma, hypothyroidism, migraine and a splenectomy for trauma.

Personal and family history

No family histories were identified.

Physical examination

The patient was in good general condition and slightly overweight (body mass index: 25.6). There were no abdominal mass and no pain on palpation.

Laboratory examinations

Routine laboratory tests revealed no abnormalities.

Imaging examinations

Endoscopy showed a 15 mm submucosal nodule bulging into the gastric lumen with smooth margins and macroscopically normal overlying mucosa. Biopsies were negative for malignancy and showed superficial chronic gastritis.

Consequently, a thoraco-abdominal computed tomography scan (Figure 1A and 1B) and an endoscopic ultrasound with a fine needle aspiration were planned. Those investigations found a roundish formation on the gastric fundus of about 30 mm in diameter with an exophytic development. The mass was in close contiguity with the left adrenal gland and the left pillar of the diaphragm with no signs of infiltration. The ultrasound appearance was of a solid mass with well-defined margins with a homogeneous and well vascularized internal texture in the absence of calcified or necrotic areas. The fine needle aspiration (FNA) was performed without complications, but the result was nondiagnostic due to inadequate tissue yield.

FINAL DIAGNOSIS

Our main diagnostic suspect remained a gastric GIST and the symptoms could be related to the location of the mass. After a careful evaluation of the risks and benefits and according to the European Society for Medical Oncology guidelines^[1], the surgical excision was planned.

TREATMENT

The laparoscopic resection was performed with a three trocars technique (10 mm supraumbilical and right hypochondrium and 5 mm left hypochondrium). After a careful lysis of the adhesions related to the previous splenectomy, the exophytic mass of the fundus was identified. The perigastric vessels were dissected in order to expose the nodule; the resection was performed with a linear stapler.

OUTCOME AND FOLLOW-UP

The postoperative course was uneventful, and the patient was discharged on the seventh postoperative day. The final pathology of the specimen did not confirm our hypothesis but reported a rounded encapsulated accumulation of lymphoid tissue of 4 cm in diameter consistent with spleen parenchyma probably implanted during the previous splenectomy (Figure 2).

At the 6 mo follow-up the patient was symptom free.

DISCUSSION

Ectopic splenic tissue can be found in the body as accessory spleens and splenosis^[2]. The former is congenital and receives blood supply from the splenic artery. The latter is a benign condition caused by the spillage upon the peritoneal surface of cells from the spleen after splenic trauma or surgical procedures.

Splenosis is usually considered to be a rare phenomenon, but its real prevalence is difficult to define. Pearson *et al*^[3] showed that recurrent splenic activity after urgent splenectomy is frequent, and according to Sikov *et al*^[4], its incidence could be as high as 76% in patients who had undergone splenectomy for trauma.

Splenosis is a benign condition, usually found incidentally and unless symptomatic surgery is not indicated^[5]. In some cases the implantation could be responsible for serious conditions like gastrointestinal hemorrhage, pain from compression of the abdominal structures and bowel obstruction^[6]. Splenosis may resemble several abdominal malignancies. As such several studies reported cases of splenosis mimicking a pancreatic mass^[7], lymphomas^[8], neuroendocrine tumors^[9], intramural colonic masses^[10], liver masses^[11,12] and GISTs^[13-16]. For this variability, the diagnosis of splenosis may be challenging. On a peripheral smear the absence of Howell-Jolly and Heinz bodies and siderocytes despite a history of splenectomy could mildly suggest the presence of a splenosis^[17]. Imaging may not be accurate in defining this condition^[18]. Differential diagnoses between benign^[19-26] and malignant^[27-32] forms and

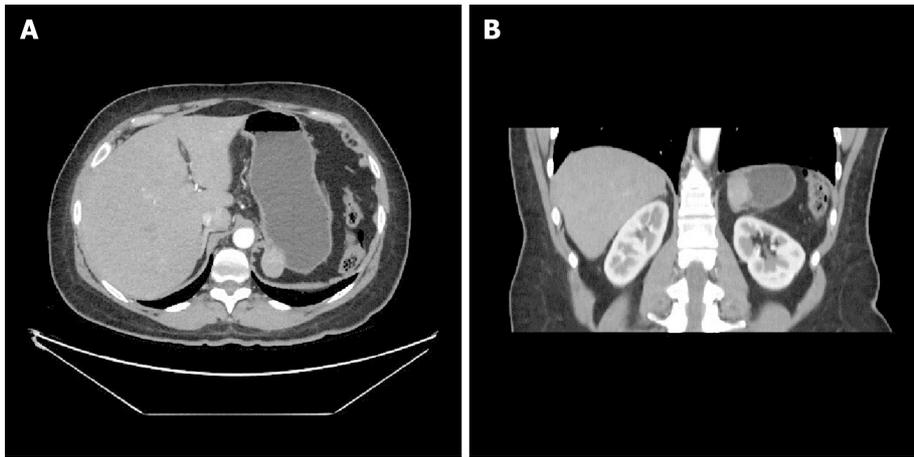


Figure 1 Preoperative abdominal computed tomography scan with intravenous contrast administration: A: Transverse; B: Coronal.

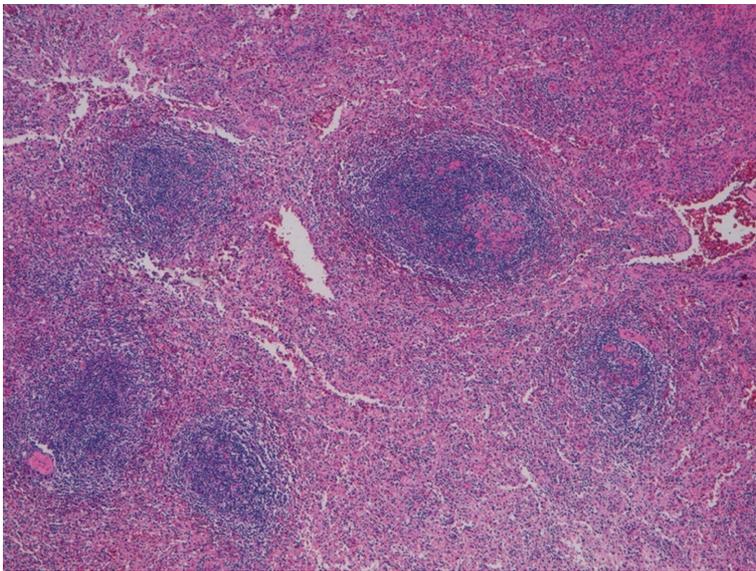


Figure 2 Lymphoid tissue found in the gastric nodule (hematoxylin and eosin staining, $\times 4$).

the radiologic features of intramural gastric masses^[33,34] are presented in the [Table 1](#).

Nowadays, there is a general consensus that the mainstay for the diagnosis of splenosis is the noninvasive scintigraphy using technetium-99m-labeled heat damaged red blood cell or indium 111-labeled platelets^[35]. However, it must be highlighted that the real critical point in diagnosing splenosis is thinking about it in a suggestive past medical history.

During the assessment of a gastric intramural nodule, mass biopsy may help solving the diagnostic dilemma. However, in our case preoperative diagnosis was not possible, and the patient was submitted to surgery according to her symptoms and the most probable diagnosis.

CONCLUSION

Splenosis is a rare condition that should always be considered as a possible diagnosis in patients who had undergone splenectomy. If feasible, a preoperative FNA may be the best preoperative investigation to rule out other diagnoses and to plan the most appropriate treatment.

Table 1 Characteristics of intramural gastric masses

	Location in the stomach	CT special features	Special features
Benign lesions			
Lipoma ^[19]	Antrum	Attenuation values -70 HU to -120 HU	Solitary, fibrous capsulated, soft (change in size and shape with peristalsis), no vessels
Leiomyoma ^[24]	Cardia	Low attenuation, endoluminal growth pattern	Negative for c-kit, positive for desmin and smooth muscle actin
Schwannoma ^[21]	Body	Minimal enhancement on the arterial phase	Absence of calcification, hemorrhage, necrosis; not encapsulated; positive for S-100
Glomus tumor ^[20]	Antrum	Strong enhancement on early-phase	Highly vascular; positive for calponin and smooth muscle actin
Inflammatory fibroid polyp ^[22]	Antrum	Enhancement on arterial phase	Positive for CD34 and vimentin
Hemangioma ^[25]	-	Strong enhancement on early-phase	Phleboliths are pathognomonic
Plexiform fibromyxoma ^[23]	Antrum	Myxoid tissue interspersed with vessels	Unique to the stomach, size from 2 cm to 15 cm
Ectopic pancreas ^[26]	Greater curvature	Similar to normal pancreas	-
Splenosis ^[5]	-	Enhancement on arterial phase	Splenectomized patients
Malignant lesions			
GIST ^[18]	Body	Smoothly circumscribed, bullseye sign	Positive for c-kit or dog-1; 50% greater than 2 cm
Non-GIST sarcoma (liposarcoma, leiomyosarcoma, unclassified sarcoma) ^[27]	-	Usually large, heterogeneous enhancement	Positive for desmin and smooth muscle actin, negative for c-kit
Lymphoma ^[33]	-	Wall thickening	Distant (more than close) and large adenopathy
Carcinoid ^[29]	-	Multiple small lesions	Reactive to synaptophysin and chromogranin A, hypergastrinemia related symptoms
Inflammatory myofibroblastic tumor ^[28]	-	Heterogeneously enhancing tumor (malignant appearance)	Borderline tumor, more frequent in young adults and children; reactivity for ALK
Metastasis ^[30-32]	-	-	"Homomorphic" endoscopic features; dyschromic lesions

CT: Computed tomography; GIST: Gastrointestinal stromal tumor; ALK: Anaplastic lymphoma kinase.

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