CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	**1**	The words "case report" should be in the title along with the area of focus	3/1
Key Words	**2**	Four to seven key words—include "case report" as one of the key words	67–69/2
Abstract	**3a**	Background: What does this case report add to the medical literature?	41–48/2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	50–61/2
	3c	Conclusion: What is the main "take-away" lesson from this case?	63–65/2
Introduction	**4**	The current standard of care and contributions of this case—with references (1-2 paragraphs)	79–89/3
Timeline	**5**	Information from this case report organized into a timeline (table or figure)	350–361/12
Patient Information	**6a**	De-identified demographic and other patient or client specific information	93/3
	6b	Chief complaint—what prompted this visit?	92–94/3
	6c	Relevant history including past interventions and outcomes	96–106/3–4
Physical Exam	**7**	Relevant physical examination findings	112–115/4
Diagnostic Assessment	**8a**	Evaluations such as surveys, laboratory testing, imaging, etc.	117–128/4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	130–141/4–5
	8c	Consider tables or figures linking assessment, diagnoses and interventions	342–349/11, 373–374/13
	8d	Prognostic characteristics where applicable	143–147/5
Interventions	**9a**	Types such as life-style recommendations, treatments, medications, surgery	209–212/7
	9b	Intervention administration such as dosage, frequency and duration	150–156/5
	9c	Note changes in intervention with explanation	156–157/5
	9d	Other concurrent interventions	157–163/5
Follow-up and Outcomes	**10a**	Clinician assessment (and patient or client assessed outcomes when appropriate)	167–168/5
	10b	Important follow-up diagnostic evaluations	168–170/6
	10c	Assessment of intervention adherence and tolerability, including adverse events	171/6
Discussion	**11a**	Strengths and limitations in your approach to this case	174–178/6, 236–240/8
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	
	11c	How does this case report suggest a testable hypothesis?	252–255/8
	11d	Conclusions and rationale	242–255/8
Patient Perspective	**12**	When appropriate include the assessment of the patient or client on this episode of care	
Informed Consent	**13**	Informed consent from the person who is the subject of this case report is required by most journals	398–404/14–19
Additional Information	**14**	Acknowledgement section; Competing Interests; IRB approval when required	259–268/9