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## Non-pharmacological treatments in the irritable bowel syndrome

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4688714>

Jun 15, 2001 · In this review we consider the evidence for psychopathology in **IBS** and the **efficacy of non-pharmacological interventions**. **PSYCHOLOGICAL MORBIDITY IN IBS** From the very first reports of **IBS** in the medical literature, psychological factors have been recognised as an important component of the **syndrome**.

**Cited by:** 9

**Author:** A Leahy, O Epstein

**Publish Year:** 2001

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<https://bmjopen.bmj.com/content/9/3/e027778> ▾

Mar 01, 2019 · Introduction **Non-pharmacological** treatments are used in the management of **irritable bowel syndrome**, and their **effectiveness** has been evaluated in multiple meta-analyses. The robustness of the results in the meta-analyses was not evaluated. We aimed to assess whether there is evidence of diverse biases in the meta-analyses and to identify the treatments without ...

**Cited by:** 3

**Author:** Song Jin, Yi-Fan Li, Di Qin, Dan-Qing Lu...

**Publish Year:** 2019

## Aspects of the non-pharmacological treatment of irritable ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4616219>

Oct 28, 2015 · **IBS** is a complex **syndrome** and most research concludes that the management of **IBS** should rely on a combination of **non-pharmacological and pharmacological therapies** as well as dietary and **lifestyle modifications**.

**Cited by:** 6

**Author:** Elsa Maria Eriksson, Kristina Ingrid Andr...

**Publish Year:** 2015

## Management of irritable bowel syndrome with diarrhea: a ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6778998>

Oct 04, 2019 · Introduction Irritable bowel syndrome (IBS) is a common functional gastrointestinal disorder.



11

**Name of Journal:** *World Journal of Gastroenterology*

**Manuscript NO:** 58077

**Manuscript Type:** META-ANALYSIS

**Efficacy and safety of non-pharmacological interventions for irritable bowel syndrome in adults**

Non-pharmacological interventions for irritable bowel syndrome

Yun-Kai Dai, Yun-Bo Wu, Ru-Liu Li, Wei-Jing Chen, Chun-Zhi Tang, Li-Ming Lu, Ling Hu

## Abstract

### BACKGROUND

Although non-pharmacological interventions (NPI) for irritable bowel syndrome (IBS) have been applied clinically, their relative efficacy and safety are poor understood.

### AIM

To compare and rank different NPI in the treatment of IBS.

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Introduction. **Irritable bowel syndrome (IBS)** is a chronic functional **bowel** disease characterised by altered **bowel** habits and abdominal pain. It affects 11.2% of the general population, 1 7.0%–17.0% of the Asian population, 1 12%–15% of the European population 1 and 7%–16% of the US population. 2 **IBS** is closely related to a decrease in quality of life and working days and increase in ...

**Cited by:** 3 **Author:** Song Jin, Yi-Fan Li, Di Qin, Dan-Qing Lu...

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**Publish Year:** 2019

### [Non-pharmacological treatments for adult patients with ...](#)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4054651>

Jun 05, 2014 - Second, we will include trials in which **non-pharmacological** treatments were used at least once a week for a minimum total of 4 weeks. **Non-pharmacological interventions** with different protocols of **intervention** procedure will be included. To assess the **effectiveness of non-pharmacological** treatments, we plan to compare them with positive controls.

**Cited by:** 5 **Author:** Min Chen, Hui Zheng, Juan Li, Dequan H...

**Publish Year:** 2014

### [\[PDF\] An update on efficacy and safety considerations for the ...](#)

<https://www.tandfonline.com/doi/pdf/10.1080/17425255.2020.1767067>

REVIEW An update on **efficacy and safety** considerations for the latest drugs used to treat **irritable bowel syndrome** Taraneh Mousavi a,b, Shekoufeh Nikfar c,d,e and Mohammad Abdollahi a,b,c

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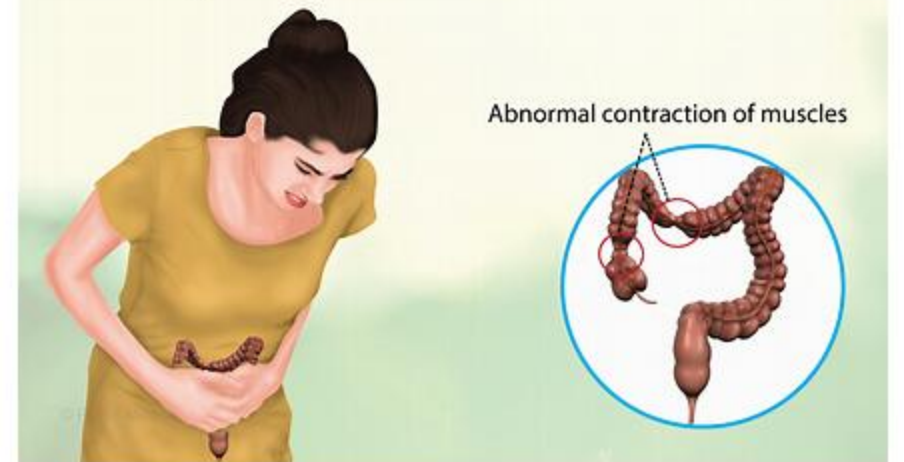
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## Irritable Bowel Syndrome

Medical Condition

A chronic gastrointestinal disorder



A chronic gastrointestinal disorder that affects the large intestine causing diarrhea, abdominal pain, cramps, bloating and gas.