



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	1/1
	2	Four to seven key words—include "case report" as one of the key words	72/3
Key Words			62/2
	3a	Background: What does this case report add to the medical literature?	50/2 ✓
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	60/3
Abstract	3c	Conclusion: What is the main "take-away" lesson from this case?	78/3
	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	
Introduction			
Timeline	5	Information from this case report organized into a timeline (table or figure)	
Patient Information	6a	De-identified demographic and other patient or client specific information	97/4
	6b	Chief complaint—what prompted this visit?	87/4
	6c	Relevant history including past interventions and outcomes	106/4
Physical Exam	7	Relevant physical examination findings	117/4
	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	112, 128/5
Diagnostic Assessment	8b	Diagnostic reasoning including other diagnoses considered and challenges	114/5
	8c	Consider tables or figures linking assessment, diagnoses and interventions	
	8d	Prognostic characteristics where applicable	
	9a	Types such as life-style recommendations, treatments, medications, surgery	148/5
Interventions	9b	Intervention administration such as dosage, frequency and duration	
	9c	Note changes in intervention with explanation	
	9d	Other concurrent interventions	
	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	155/6
Follow-up and Outcomes	10b	Important follow-up diagnostic evaluations	
	10c	Assessment of intervention adherence and tolerability, including adverse events	
	11a	Strengths and limitations in your approach to this case	
Discussion	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	229/8
	11c	How does this case report suggest a testable hypothesis?	215/8
	11d	Conclusions and rationale	226/8
	12	When appropriate include the assessment of the patient or client on this episode of care	
Patient Perspective			
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	29/1
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	234/8

