



## CARE Checklist – 2016: Information for writing a case report

| Topic                         | Item | Checklist item description   | Line/Page  |
|-------------------------------|------|--|------------|
| <b>Title</b>                  | 1    | The words "case report" should be in the title along with the area of focus                          | 1/1        |
| <b>Key Words</b>              | 2    | Four to seven key words—include "case report" as one of the key words                                | 72/3       |
| <b>Abstract</b>               | 3a   | Background: What does this case report add to the medical literature?                                | 62/2       |
|                               | 3b   | Case summary: chief complaint, diagnoses, interventions, and outcomes                                | 50/2 ✓     |
|                               | 3c   | Conclusion: What is the main "take-away" lesson from this case?                                      | 60/3       |
| <b>Introduction</b>           | 4    | The current standard of care and contributions of this case—with references (1-2 paragraphs)         | 78/3       |
| <b>Timeline</b>               | 5    | Information from this case report organized into a timeline (table or figure)                        | 97/4       |
| <b>Patient Information</b>    | 6a   | De-identified demographic and other patient or client specific information                           | 87/4       |
|                               | 6b   | Chief complaint—what prompted this visit?  | 106/4      |
|                               | 6c   | Relevant history including past interventions and outcomes   | 117/4      |
| <b>Physical Exam</b>          | 7    | Relevant physical examination findings   | 112, 118/5 |
| <b>Diagnostic Assessment</b>  | 8a   | Evaluations such as surveys, laboratory testing, imaging, etc.                                       | 114/5      |
|                               | 8b   | Diagnostic reasoning including other diagnoses considered and challenges                             |            |
|                               | 8c   | Consider tables or figures linking assessment, diagnoses and interventions                           |            |
|                               | 8d   | Prognostic characteristics where applicable  |            |
| <b>Interventions</b>          | 9a   | Types such as life-style recommendations, treatments, medications, surgery                           | 148/5      |
|                               | 9b   | Intervention administration such as dosage, frequency and duration                                   |            |
|                               | 9c   | Note changes in intervention with explanation  |            |
|                               | 9d   | Other concurrent interventions   |            |
| <b>Follow-up and Outcomes</b> | 10a  | Clinician assessment (and patient or client assessed outcomes when appropriate)                      | 155/6      |
|                               | 10b  | Important follow-up diagnostic evaluations   |            |
|                               | 10c  | Assessment of intervention adherence and tolerability, including adverse events                      |            |
| <b>Discussion</b>             | 11a  | Strengths and limitations in your approach to this case  | 229/8      |
|                               | 11b  | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)                  | 215/8      |
|                               | 11c  | How does this case report suggest a testable hypothesis?   | 226/8      |
|                               | 11d  | Conclusions and rationale  |            |
| <b>Patient Perspective</b>    | 12   | When appropriate include the assessment of the patient or client on this episode of care             |            |
| <b>Informed Consent</b>       | 13   | Informed consent from the person who is the subject of this case report is required by most journals | 29/1       |
| <b>Additional Information</b> | 14   | Acknowledgement section; Competing Interests; IRB approval when required                             | 234/8      |

