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Contents

Monthly Volume 12 Number 11 November 27, 2020

REVIEW

883 Malnutrition in cirrhosis: More food for thought Chapman B, Sinclair M, Gow PJ, Testro AG

MINIREVIEWS

- 897 Paraneoplastic syndromes in cholangiocarcinoma Rahman SU, Sana MK, Tahir Z, Ali A, Shah PA
- 908 Noninvasive scores for the prediction of esophageal varices and risk stratification in patients with cirrhosis Bangaru S, Benhammou JN, Tabibian JH
- 919 Natremia and liver transplantation: The right amount of salt for a good recipe Lenci I, Milana M, Grassi G, Signorello A, Aglitti A, Baiocchi L

ORIGINAL ARTICLE

Basic Study

- 931 Inhibition of vascular adhesion protein-1 modifies hepatic steatosis in vitro and in vivo Shepherd EL, Karim S, Newsome PN, Lalor PF
- Aceclofenac-induced hepatotoxicity: An ameliorative effect of Terminalia bellirica fruit and ellagic acid 949 Gupta A, Pandey A
- 965 Obeticholic acid attenuates human immunodeficiency virus/alcohol metabolism-induced pro-fibrotic activation in liver cells

New-Aaron M, Ganesan M, Dagur RS, Kharbanda KK, Poluektova LY, Osna NA

976 Screening and identification of bioactive compounds from citrus against non-structural protein 3 protease of hepatitis C virus genotype 3a by fluorescence resonance energy transfer assay and mass spectrometry Khan M, Rauf W, Habib F, Rahman M, Iqbal M

Retrospective Cohort Study

- Cannabis use history is associated with increased prevalence of ascites among patients with nonalcoholic 993 fatty liver disease: A nationwide analysis Choi CJ, Weiss SH, Nasir UM, Pyrsopoulos NT
- 1004 Phase angle and non-alcoholic fatty liver disease before and after bariatric surgery Teixeira J, Marroni CA, Zubiaurre PR, Henz A, Faina L, Pinheiro LK, Mottin CC, Fernandes SA



Contents

Monthly Volume 12 Number 11 November 27, 2020

Retrospective Study

- 1020 Factors associated with 5-year survival of combined hepatocellular and cholangiocarcinoma Sempokuya T, Wien EA, Pattison RJ, Ma J, Wong LL
- 1031 Circulating miR-21-5p level has limited prognostic value in patients with hepatocellular carcinoma and is influenced by renal function

Franck M, Thon C, Schütte K, Malfertheiner P, Link A

1046 Real impact of tumor marker AFP and PIVKA-II in detecting very small hepatocellular carcinoma (≤ 2 cm, Barcelona stage 0) - assessment with large number of cases

Tarao K, Nozaki A, Komatsu H, Komatsu T, Taguri M, Tanaka K, Chuma M, Numata K, Maeda S

- 1055 Non-invasive splenic parameters of portal hypertension: Assessment and utility Ahmad AK, Atzori S, Maurice J, Taylor-Robinson SD, Lim AKP
- 1067 Outcome of gastric antral vascular ectasia and related anemia after orthotopic liver transplantation Emhmed Ali S, Benrajab KM, Dela Cruz AC

Clinical Trials Study

1076 Hepatitis B surface antigen and hepatitis B core-related antigen kinetics after adding pegylated-interferon to nucleos(t)ids analogues in hepatitis B e antigen-negative patients

Broquetas T, Garcia-Retortillo M, Micó M, Canillas L, Puigvehí M, Cañete N, Coll S, Viu A, Hernandez JJ, Bessa X, Carrión JA

Observational Study

1089 Occurrence of seeding metastases in resectable perihilar cholangiocarcinoma and the role of low-dose radiotherapy to prevent this

Franken LC, Roos E, Saris J, van Hooft JE, van Delden OM, Verheij J, Erdmann JI, Besselink MG, Busch OR, van Tienhoven G, van Gulik TM

Randomized Controlled Trial

1098 Metalloproteinase expression after desflurane preconditioning in hepatectomies: A randomized clinical trial

Koraki E, Mantzoros I, Chatzakis C, Gkiouliava A, Cheva A, Lavrentieva A, Sifaki F, Argiriadou H, Kesisoglou I, Galanos-Demiris K, Bitsianis S, Tsalis K

SYSTEMATIC REVIEWS

1115 Clinical utility of viscoelastic testing in chronic liver disease: A systematic review Wei H, Child LJ

CASE REPORT

1128 Hepatocellular carcinoma with tumor thrombus extends to the right atrium and portal vein: A case report Gomez-Puerto D, Mirallas O, Vidal-González J, Vargas V



Contents

Monthly Volume 12 Number 11 November 27, 2020

ABOUT COVER

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WJH mainly publishes articles reporting research results and findings obtained in the field of hepatology and covering a wide range of topics including chronic cholestatic liver diseases, cirrhosis and its complications, clinical alcoholic liver disease, drug induced liver disease autoimmune, fatty liver disease, genetic and pediatric liver diseases, hepatocellular carcinoma, hepatic stellate cells and fibrosis, liver immunology, liver regeneration, hepatic surgery, liver transplantation, biliary tract pathophysiology, non-invasive markers of liver fibrosis, viral hepatitis.

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ORIGINAL ARTICLE

Basic Study Obeticholic acid attenuates human immunodeficiency virus/alcohol metabolism-induced pro-fibrotic activation in liver cells

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Abstract

BACKGROUND

The morbidity and mortality of human immunodeficiency virus (HIV)-infection is often associated with liver disease, which progresses slowly into severe liver dysfunction. There are multiple insults which exacerbate HIV-related liver injury, including HIV-associated dysregulation of lipid metabolism and fat turnover, coinfections with hepatotropic viruses and alcohol abuse. As we reported before, exposure of hepatocytes to HIV and alcohol metabolites causes high oxidative stress, impairs proteasomal and lysosomal functions leading to accumulation of HIV in these cells, which end-ups with apoptotic cell death and finally promotes development of liver fibrosis.

AIM

To study whether obeticholic acid (OCA) prevents HIV/ethanol metabolisminduced hepatotoxicity and subsequent activation of hepatic stellate cells (HSC) by HIV⁺ apoptotic hepatocyte engulfment.

METHODS

Huh7.5-CYP (RLW) cells were exposed to HIV and acetaldehyde-generating system (AGS) in the presence or absence of OCA. In the cells, we measured the



Dagur, Kusum K. Kharbanda, Larisa Y Poluektova , Natalia A. Osna. All authors have nothing to disclose.

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expression of HIV-related markers: HIVgagRNA-by real-time polymerase chain reaction (PCR), p24- by western blot, HIV DNA-by semi-nested PCR, integrated HIV DNA-by ddPCR. Lysosomal and proteasomal activities were measured using fluorometrically-labeled substrates. For hepatocyte apoptosis, cleaved caspase 3 and cleaved PARP were visualized by western blot and cytokeratin 18- by M30 ELISA-in supernatants. Apoptotic bodies were generated from untreated and HIV-treated RLW cells exposed to UV light. Pro-fibrotic activation of HSC was characterized by Col1A1 and transforming growth factor- β mRNAs, while inflammasome activation- by NLRP3, caspase 1, interleukin (IL)-6, IL-1 β mRNA levels.

RESULTS

In RLW cells, OCA treatment attenuated HIV-AGS-induced accumulation of HIVgagRNA, HIV DNA and p24. OCA suppressed reactive oxygen species production and restored chymotrypsin-like proteasome activity as well as cathepsin B lysosome activity. OCA also decreased HIV-AGS-triggered apoptosis in RLW cells. Exposure of HIV-containing apoptotic hepatocytes to HSC prevented activation of inflammasome and induced pro-fibrotic activation in these cells.

CONCLUSION

We conclude that by suppressing oxidative stress and restoring proteasomal and lysosomal functions impaired by HIV and ethanol metabolism, OCA decreases accumulation of HIV in hepatocytes, leading to down-regulation of apoptosis in these cells. In addition, OCA reverses pro-fibrotic and inflammasome-related activation of HSC triggered by engulfment of HIV-containing apoptotic hepatocytes, potentially contributing to suppression of liver fibrosis development.

Key Words: Human immunodeficiency virus; Liver; Obeticholic acid; Alcohol; Hepatocytes; Fibrosis

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Core Tip: We investigated the ability of obeticholic acid (OCA) to reverse pro-fibrotic effects of human immunodeficiency virus (HIV) and ethanol metabolism in liver cells. Based on our previous studies, hepatocyte apoptosis occurs under combined exposure of cells to HIV and ethanol metabolites. The subsequent engulfment of HIV-containing apoptotic hepatocytes by hepatic stellate cells induced pro-fibrotic activation in these cells, thereby promoting fibrosis development. Here, we demonstrated that OCA attenuates hepatocyte apoptosis by preventing accumulation of HIV components in liver cells exposed to virus and acetaldehyde-generating system (AGS) mimicking natural ethanol metabolism in primary hepatocytes. These beneficial effects of OCA are attributed to suppression of oxidative stress leading to restoration of HIV-AGSimpaired proteasomal and lysosomal functions in liver cells. OCA also reduces activation of inflammasome in hepatic stellate cells and their pro-fibrotic activation. Thus, anti-fibrotic properties of OCA can be used for combined treatment of HIVinfected alcohol abusers with a high risk of liver fibrosis development.

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INTRODUCTION

Liver disease is a second-leading cause of mortality in human immunodeficiency virus (HIV)-infected patients^[1]. While effective anti-retroviral treatment (ART) has



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dramatically decreased the onset of acquired immunodeficiency syndrome, the morbidity and mortality are often associated with liver disease, which progresses slowly into severe liver dysfunction. This progression is related not only to the ARTinduced hepatotoxicity, but to HIV properties likely associated with progression of non-alcoholic fatty liver disease/non-alcoholic steatohepatitis (NASH)^[2,3]. There are multiple insults, which promote HIV-related liver injury, including dysregulation of lipid metabolism and fat turnover, co-infections with hepatotropic viruses and alcohol abuse^[4,5].

Recently, we have shown that alcohol metabolite, acetaldehyde promotes accumulation of HIV proteins in hepatocytes, inducing oxidative stress and cell apoptosis^[6]. Furthermore, the engulfment of these HIV-containing hepatocytes by nonparenchymal cells, macrophages and hepatic stellate cells (HSC) causes inflammasome activation in macrophages and pro-fibrotic activation of HSC^[6]. This indicates that massive apoptosis of infected hepatocytes may induce continuous activation of HSC leading to liver fibrosis development. Since acetaldehyde-triggered HIV replication in hepatocytes is abortive^[6], HIV accumulation cannot be fully controlled by ART and requires the treatment with additional anti-fibrotic drugs.

One of the promising drugs with anti-fibrotic activity is obeticholic acid (OCA). In 2016, OCA became the United States Food and Drug Administration-approved to treat primary biliary cholangitis and currently is at phase 3 trial (Regenerate) to treat fibrosis caused by NASH^[7]. OCA is a farnesoid-X receptor (FXR) agonist, which binds to the FXR in the nucleus of liver and intestinal cells. Multiple genes are activated by this pathway, including the control of metabolism of bile acids, lipids, glucose, and amino acids. FXR is highly expressed on hepatocytes and immune cells, and is involved in pathogenesis of viral hepatitis, alcohol-and non-alcohol-induced liver disease^[8]. In NASH-fibrosis, OCA regulates liver injury progression via targeting of gut microbiota^[9]. Currently, it is not quite clear whether OCA directly modulates hepatocyte apoptosis: While some studies reported the lack of anti-apoptotic effects of OCA on these cells^[10], other studies demonstrated the reduction of hepatocyte apoptosis by OCA-mediated suppression of metabolic stress and prevention of subsequent p53 activation, with further anti-fibrotic and anti-inflammatory downstream effects^[11]. These studies were mainly performed on experimental in vivo models, which makes difficult to exclude the effects of OCA on gut microbiota, narrowing down the mechanisms to only OCA-regulated hepatocyte apoptosis. None of published in vivo or in vitro studies have been performed in the context of the effects of OCA on HIV- and alcohol-induced liver injury. However, activation of HSC by engulfment of HIV-expressing apoptotic hepatocytes generated as a downstream event in HIV and ethanol metabolism-induced oxidative stress is one of the reasons for liver fibrosis progression, which serves as an important target to prevent end-stage liver disease development. Thus, based on already characterized mechanisms of liver injury progression triggered by the combination of HIV with acetaldehyde^[6], we aimed to investigate whether OCA protects from apoptotic hepatocyte death and from activation of HSC by engulfment of apoptotic HIV-infected hepatocytes.

MATERIALS AND METHODS

This is the original (basic) study performed at University of Nebraska Medical Center, Omaha, NE, United States. Here, for the first time, in vitro approach is used to characterize the ability of OCA to reverse the pathology induced by HIV and ethanol metabolism in liver parenchymal and non-parenchymal cells. In our study, OCA has been tested as an anti-fibrotic drug, which affects the pathogenesis of HIV-alcoholinduced liver fibrosis development.

Reagents and media

High glucose Dulbecco's modified eagle medium and fetal bovine serum were purchased from Invitrogen (Carlsbad, CA, United States), Trizol was from Life Technologies, primer probes and real-time polymerase chain reaction (RT-PCR) reagents were from Applied Biosystems by Thermo Fisher Scientific, CA, United States. Other reagents, all analytical grade quality, were from Sigma (St. Louis, MO, United States).

Cells and treatments

As experimental prototype of human primary hepatocytes, we used Huh7.5-CYP (RLW) cells. These cells have reduced innate immunity and can be infected with HIV.



To metabolize ethanol, they were stably transfected by CYP2E1, but do not express alcohol dehydrogenase (ADH). To overcome this limitation and mimic natural ethanol metabolism in primary hepatocytes, we treated RLW cells with acetaldehydegenerating system (AGS), which contains yeast ADH as a source of enzyme, NAD as a co-factor, and 50 mmol/L ethanol as a substrate for ADH and continuously produce physiologically relevant amount of acetaldehyde (Ach) without toxic effects. We have characterized and successfully used these cells and AGS for HCV-based ethanol liver studies^[12-14]. Cells were pre-treated for 24 h with AGS and then exposed to HIV_{ADA} (MOI 0.1) for 48 h. To investigate the effects of OCA, cells were pre-treated with OCA $(50 \mu mol/L)$ for 4 h before experiment.

HIV RNA, HIV DNA, integrated HIV DNA, western blot and reactive oxygen species

HIV RNA was detected by RT-PCR; HIV DNA was detected by semi-nested PCR; integrated HIV DNA was measured by digital droplet PCR; reactive oxygen species (ROS) were quantified by DCF (2',7'-dichlorofluorescein fluorescence method); western blot was performed as described. The details of all these methods were already published^[6].

Apoptosis measurements:

Apoptosis in RLW cells was measured by caspase 3 and PARP cleavage in cell lysates (western blot) and M30 Apoptosense ELISA (Duapharma group, Inc. West Chester, OH, United States) in cell supernatants.

Activities of proteasome and cathepsins

Proteasome activities and cathepsin B and L activities were assayed fluorometrically as described previously^[15,16].

Apoptotic bodies

Apoptotic bodies (AB) were generated from uninfected and HIV-infected RLW cells by exposure to UV light and characterized as shown previously^[13].

Hepatic stellate cells and treatments with AB

As the source of human HSC, we used commercially available human cell line, LX2 (EMD Millipore, cat SCC064) grown based on instructions from the manufacturer. AB from RLW cells (AB Hep), both uninfected (control) and HIV-infected (AB_{HIV}), were incubated with LX2 cells for 2-8 h at 1: 3 ratio and then pro-fibrotic markers [Col1A1, transforming growth factor (TGF)- β] and inflammasome-related parameters [NLRP3, caspase 1, interleukin (IL)-6, IL-1 β] were quantified by RT-PCR.

Statistical analyses

Data were analyzed using GraphPad Prism v7.03 software (GraphPad, La Jolla, CA, United States). Data from at least three duplicate independent experiments were expressed as mean ± SEM. Comparisons among multiple groups were performed by one-way ANOVA, using a Tukey post-hoc test. For comparisons between two groups, we used Student's t-test. A P value of 0.05 or less was considered significant.

RESULTS

Our previous studies on primary human hepatocytes exposed to ethanol and RLW cells treated with AGS demonstrated, first, that incubation of ADH-non-expressing RLW cells with AGS recapitulated the effects of ethanol on ethanol-metabolizing hepatocytes and second, that the highest levels of apoptotic hepatocyte death were observed when cells were exposed to both insults (ethanol/AGS and HIV)^[6]. That is why in this paper, we presented the data on ability of OCA to protect cells from the harmful effects of AGS on HIV-infected hepatocyte-like RLW cells to mimic ethanol metabolism observed in primary human hepatocytes. For OCA screening, we did not use primary human hepatocytes since their supply was limited and they quickly (in 24 h) de-differentiate to loose ethanol-metabolizing capacity.

OCA attenuates AGS-HIV-induced apoptotic cell death and oxidative stress

We found that while AGS + HIV induced caspase 3 cleavage almost three-fold, pretreatment with OCA suppresses these effects (Figure 1A and B). The same trend (but with lower magnitude of response to AGS) was observed on cleaved PARP, and OCA





Figure 1 Obeticholic acid attenuates apoptosis in acetaldehyde-generating system-human immunodeficiency virus-exposed Huh7.5-CYP cells. A: Cleaved caspase 3 (western blot, representative blot); B: Cleaved caspase 3 cleavage, quantification; C: Cleaved PARP (western blot, representative blot); D: Cleaved PARP, quantification; E: M30 ELISA. All data were obtained from 3 independent experiments and presented as mean ± SEM. Bars with different letters are significantly different at P ≤ 0.05. AGS: Acetaldehyde-generating system; HIV: Human immunodeficiency virus; OCA: Obeticholic acid.

also suppressed it (Figure 1C and D). Measuring cleaved cytokeratin 18 by M30 ELISA in cell supernatants, we found that OCA attenuated AGS-HIV-induced apoptosis in hepatocytes (Figure 1E). Since apoptosis may be induced by elevated *p53*, we measured the induction of p53 mRNA by AGS+HIV, in the presence or absence of pancaspase inhibitor or OCA. As shown on Figure 2A, while AGS and HIV induced p53 mRNA level two-fold, both OCA and pan-caspase inhibitor reduced p53 expression only by 14%. In addition, OCA attenuated AGS-HIV-induced ROS production (Figure 2B), thereby protecting liver cells from oxidative stress.

OCA suppresses accumulation of HIV in hepatocytes

We measured the effects of OCA on accumulation of HIVgag RNA (RT-PCR) and p24 (western blot) induced by AGS + HIV exposure to RLW cells. In these experiments, OCA suppressed the treatment-induced HIVgag RNA levels by 50% (Figure 3A) and

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Figure 2 Effects of obeticholic acid on *p*53 mRNA and reactive oxygen species production in human immunodeficiency virus-infected Huh7.5-CYP cells exposed to acetaldehyde-generating system. A: *p*53 mRNA; B: Reactive oxygen species production. All data were obtained from 3 independent experiments and presented as mean \pm SEM. Bars with different letters are significantly different at *P* ≤ 0.05. AGS: Acetaldehyde-generating system; HIV: Human immunodeficiency virus; OCA: Obeticholic acid.



Figure 3 Obeticholic acid suppresses human immunodeficiency virus expression in Huh7.5-CYP cells exposed to acetaldehydegenerating system + human immunodeficiency virus. A: Human immunodeficiency virus (HIV) gagRNA; B: p24; C: HIV DNA. All data were obtained from 3 independent experiments and presented as mean \pm SEM. Bars with different letters are significantly different at $P \le 0.05$. AGS: Acetaldehyde-generating system; HIV: Human immunodeficiency virus; OCA: Obeticholic acid.

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p24 -by 26% (Figure 3B and C). OCA also decreased the level of HIV DNA in RLW cells by about 60% (Figure 3D), with no integration of HIV DNA in cell genome. As has been shown by us before, the accumulation of HIV components in RLW cells is controlled by HIV-AGS-decreased lysosomal and proteasomal activities^[6]. In fact, we observed partial restoration of chymotrypsin-like proteasome and cathepsin B and L lysosomal activities by OCA; however, OCA did not restore AGS-HIV-affected trypsin-like proteasome activity (Figure 4A-D).

OCA reduces pro-fibrotic activation of HSC by engulfment of HIV-containing apoptotic hepatocytes

AB generated from uninfected (control) or HIV-infected RLW cells were exposed to LX2 cells, followed by measurement of Col1A1 and TGF- β mRNAs by RT-PCR. We found that HIV-containing apoptotic cells induced more prominent pro-fibrotic activation of HSC than uninfected apoptotic cells; OCA suppressed this pro-fibrotic HSC activation by uninfected AB and to most extend, by AB_{HIV} engulfment (Figure 5A and B).

To characterize the effects of OCA on inflammasome activation in HSC, we measured NRLP3, caspase 1 and pro-inflammatory cytokines, IL-6 and IL-1
mRNA expression induced by engulfment of uninfected AB and HIV-containing AB, Upregulation of NRLP3, caspase 1, IL-6 and IL-1 β levels by HIV-containing AB was successfully prevented by OCA treatment (Figure 6).

DISCUSSION

As previously shown, HIV accumulation induced by pre-exposure of cells to ethanol metabolites, mainly acetaldehyde produced by AGS, induces oxidative stress and apoptosis in hepatocytes. This is beneficial due to infected hepatocytes clearance before the integration of HIV DNA into human genome occurs. However, intensive hepatocyte apoptosis may have detrimental outcomes since HIV-containing apoptotic hepatocytes induce pro-fibrotic activation of HSC, thereby promoting fibrosis development^[6]. Here, we investigated whether OCA protects from AGS-HIV-induced hepatocyte apoptosis, which causes HSC activation by AB_{HIV} engulfment to drive liver fibrosis development.

In our model, OCA pre-treatment attenuated apoptosis (caspase 3 and PARP cleavage as well as cleaved cytokeratin 18 expression) in AGS-HIV-exposed liver cells. Unlike suppression of p53 expression on liver cells by OCA reported in HIV-noninfected cells by others^[11], here, OCA mildly suppressed AGS-HIV-induced p53 mRNA. Apoptotic hepatocyte death was triggered by oxidative stress induced by AGS and HIV in CYP2E1-expressing RLW cells. In our hands, OCA indeed suppressed ROS production, thereby attenuating oxidative stress, which corroborated the data obtained on different models^[17,18]. Here, the suppression of oxidative stress by OCA restores proteasome and lysosome functions, which increases the degradation of HIV proteins^[19,20] and thus, diminishes the expression of HIV gag RNA and p24 gag protein in infected RLW cells. However, as we established before, the prevention of HIV and AGS- induced apoptotic hepatocyte death by exposure to pan-caspase inhibitor causes accumulation of cells with integrated HIV DNA^[6], which is an unwanted event. Importantly, while OCA pre-treatment suppresses apoptosis in HIV-infected hepatocytes, there was no increase in hepatocytes expressing integrated HIV DNA.

In addition to beneficial effects of OCA on attenuation of HIV-AGS-induced hepatocyte death and reduction of HIV markers expression, OCA also reverses profibrotic activation (based on Col1A1 and TGF- β mRNA levels) of HSC by engulfment of HIV-containing apoptotic hepatocytes. Similar event was observed by^[10] on CCl4injured mice, indicating that OCA controls HSC activation triggered via multiple mechanisms. One of this mechanisms contributing to liver fibrosis progression is an activation of inflammasome pathway in HSC^[21]. In fact, we observed the reversing effect of OCA on this pathway in HSC, which supports anti-fibrotic activity of OCA. Thus, the suppression of pro-fibrotic activation by OCA in HSC is crucial for liver fibrosis development.

In fact, in vivo protection from early alcohol-induced liver damage by OCA has been already demonstrated on alcohol-fed uninfected mice without disclosing the mechanisms, by which this happened^[22]. Furthermore, in monocytes from peripheral blood of HIV-infected patients, the expression of nuclear receptors, including FXR, was reported to be low^[23], and the treatments with FXR agonists like OCA might play a beneficial role. Importantly, in HIV-infected alcohol-abused patients, the efficacy of







OCA treatment has never been tested. Furthermore, these studies have not been done in the context of HIV-affected liver function. Our experiments provides *in vitro* evidence for protective effects of OCA from liver fibrosis progression induced by HIV and ethanol metabolism. The major limitation of this innovative study is that the results are currently based only on in vitro, but not *in vivo* experiments. Nevertheless, these *in vitro* experiments are necessary to characterize the exact mechanisms, by which OCA prevents HIV/ethanol metabolism-induced liver injury. These mechanisms are difficult to identify by *in vivo* studies, due to multiple triggers of liver fibrosis progression. We plan to confirm the *in vitro* effects of OCA in future by *in vivo* studies on humanized mice model since only these mice can be infected with human live HIV and fed the liquid ethanol-containing diet. Thus, our current *in vitro* study pioneers in justifying OCA inclusion to the treatment scheme of HIV-infected alcohol abusers with high risk of liver fibrosis development.

CONCLUSION

In conclusion, in HIV-infected hepatocytes exposed to continuously released acetaldehyde, OCA attenuates apoptotic death of infected cells and pro-fibrotic activation of HSC by engulfment of apoptotic HIV⁺ hepatocytes, thereby protecting from liver fibrosis development.

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Figure 5 Anti-fibrotic effects of obeticholic acid on hepatic stellate cells activated by engulfment of apoptotic Huh7.5-CYP cells. A: Col1A1 mRNA; B: Transforming growth factor- β mRNA. All data were obtained from 3 independent experiments and presented as mean ± SEM. Bars with different letters are significantly different at $P \le 0.05$. TGF: Transforming growth factor; HIV: Human immunodeficiency virus; OCA: Obeticholic acid.



Figure 6 Obeticholic acid suppresses acetaldehyde-generating system-human immunodeficiency virus-induced activation of inflammasome, mRNAs. A: NLRP3; B: Caspase 1; C: Interleukin (IL)-6; D: IL-1 β . All data were obtained from 3 independent experiments and presented as mean \pm SEM. Bars with different letters are significantly different at $P \le 0.05$. IL-6 and IL-1 β : -interleukins B and IL-1 β ; HIV: Human immunodeficiency virus; OCA: Obeticholic acid.

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ARTICLE HIGHLIGHTS

Research background

Due to frequent association of morbidity and mortality of human immunodeficiency virus (HIV)-infection with liver injury, the inclusion of drugs with anti-fibrotic activity to the treatment of people living with HIV (PLWH) is pathogenically important. Alcohol consumption is known to speed up liver fibrosis development. Previously, we have shown that the exposure of hepatocytes to HIV and ethanol metabolites causes high oxidative stress, impairs proteasomal and lysosomal functions leading to accumulation of HIV in these cells, which end-ups with apoptotic cell death and finally, promotes progression to liver fibrosis.

Research motivation

The combined exposure of hepatocytes to HIV and alcohol induces hepatotoxicity and pro-fibrotic activation of hepatic stellate cells (HSC). Since HIV replication in hepatocytes is abortive, it cannot be fully controlled by antiretroviral therapy (ART) and thus, to prevent liver fibrosis progression in alcohol-abused PLWH, ART should be combined with the drugs suppressing apoptosis without enhancing HIV DNA integration in hepatocytes and decreasing pro-fibrotic activation of liver nonparenchymal cells.

Research objectives

The objective of this study was to investigate whether obeticholic acid (OCA) prevents HIV/ethanol metabolism-induced activation of HSC by HIV⁺ apoptotic hepatocyte engulfment, thereby diminishing liver fibrosis.

Research methods

The study was performed on hepatocyte-like Huh7.5-CYP (RLW) cells infected with HIV ADA and exposed to acetaldehyde-generating system (AGS) in the presence or absence of OCA. As an end-point, we have measured expression of HIV-related markers (HIVgagRNA-by real-time polymerase chain reaction (PCR), p24- by western blot, HIV DNA-by semi-nested PCR, integrated HIV DNA-by ddPCR) and non-HIVrelated parameters (lysosomal and proteasomal activities, hepatocytes apoptosis). We also characterized pro-fibrotic activation and inflammasome induction in HSC (LX2 cells) by HIV-containing apoptotic hepatocytes internalization.

Research results

We found that OCA attenuated HIV-AGS-induced accumulation of HIVgagRNA, HIV DNA and p24. It suppressed ROS production, restored chymotrypsin-like proteasome activity as well as cathepsin B lysosome activity and decreased apoptosis in RLW cells. Exposure of HIV-containing apoptotic hepatocytes to OCA prevented activation of inflammasome and pro-fibrotic activation of HSC.

Research conclusions

By suppressing oxidative stress and restoring proteasomal and lysosomal functions impaired by HIV and ethanol metabolism, OCA decreases accumulation of HIV in hepatocytes, leading to down-regulation of apoptosis in these cells. OCA also reverses pro-fibrotic and inflammasome-related activation of HSC triggered by engulfment of HIV-containing apoptotic hepatocytes, potentially contributing to suppression of liver fibrosis development.

Research perspectives

Our *in vitro* studies are in the frame of pre-clinical characterization of anti-fibrotic effects of OCA in alcohol-exposed PLWH with a high risk of liver fibrosis development. At the next step, these in vitro effects will be confirmed by in vivo experiments on humanized mice infected with HIV and fed ethanol diet.

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