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**Name of Journal:** *World Journal of Hepatology*

**Manuscript NO:** 58909

**Manuscript Type:** ORIGINAL ARTICLE

### Clinical Trials Study

Effect of <sup>1</sup>non-alcoholic beer, diet and exercise on endothelial function, nutrition and quality of life in patients with cirrhosis

Non-alcoholic beer in patients with cirrhosis

### Abstract

#### BACKGROUND

The implementation of nutritional strategies targeting several variables at once could benefit patients with cirrhosis. Non-alcoholic beer has different compounds that exert antioxidant, anti-inflammatory and nutritional properties.

#### AIM

Effect of non-alcoholic beer, diet and exercise on endothelial func



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## Effect of Non-alcoholic Beer in Cirrhosis - Full Text View ...

<https://www.clinicaltrials.gov/ct2/show/NCT04041115> ▼

Aug 01, 2019 · **Non-alcoholic beer** has different compounds derived from hops that exert antioxidant, **anti-inflammatory** and **nutritional properties**. The aim of this study is to evaluate the **effect of diet + exercise** and **non-alcoholic beer on nutritional status, endothelial function** and quality of life in patients with cirrhosis.

## Nutrition and Cirrhosis - Viral Hepatitis and Liver Disease

<https://www.hepatitis.va.gov/cirrhosis/nutrition.asp> ▼

Dec 06, 2019 · **Patients** should be counseled that no amount of alcohol is considered safe in **cirrhosis**. Individuals should be questioned about specific amounts of all types of alcohol consumed including **beer**, wine, coolers, whiskey, gin, rum, brandy and liquors. Individuals should be reminded that **non-alcoholic beer** and kombucha contains a small amount of alcohol.

## Health Aspects of Non-Alcoholic Beer - Beer and Health

<https://beerandhealth.eu/beer-and-health/health-aspects-of-non-alcoholic-beer>



Miscellaneous

Safety

Research

Interactions

Health



In some countries, beer labelled as non-alcoholic may still contain a small amount of alcohol due to differing national definitions. However, 0.0% beers also exist and are clearly labelled as such.

[See more on beerandhealth.eu](https://beerandhealth.eu)

### PEOPLE ALSO ASK

Is non-alcoholic beer diuretic?







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## The Sedative Effect of Non-Alcoholic Beer in Healthy ...

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0037290> ▼

Jul 18, 2012 · Introduction The hop (*Humulus lupulus* L.), a component of **beer**, is a sedative plant whose pharmacological activity is principally due to its bitter resins, in particular to the  $\alpha$ -acid degradation product 2-methyl-3-buten-2-ol. The mechanism of action of hop resin consists of raising the levels of the neurotransmitter  $\gamma$ -aminobutyric acid (GABA), an inhibitory neurotransmitter acting in the ...

Cited by: 21

Author: Lourdes Franco, Cristina Sánchez, Rafael B...

Publish Year: 2012

PEOPLE ALSO ASK

Is liver transplantation a good option for nonalcoholic fatty liver disease?







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### PEOPLE ALSO ASK

What are the health effects of non alcoholic beer? ▾

Is zinc good for liver disease? ▾

Is non alcoholic beer good for breastfeeding? ▾