



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	line 3
Key Words	2	Four to seven key words—include “case report” as one of the key words	line 82
Abstract	3a	Background: What does this case report add to the medical literature?	line 53
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	line 60
	3c	Conclusion: What is the main “take-away” lesson from this case?	line 76
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	line 93-112
Timeline	5	Information from this case report organized into a timeline (table or figure)	line 119-129
Patient Information	6a	De-identified demographic and other patient or client specific information	yes
	6b	Chief complaint—what prompted this visit?	line 116-117
	6c	Relevant history including past interventions and outcomes	line 151-180
Physical Exam	7	Relevant physical examination findings	line 131-145
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	line 124-129
	8b	Diagnostic reasoning including other diagnoses considered and challenges	line 147-149
	8c	Consider tables or figures linking assessment, diagnoses and interventions	line 147-149
	8d	Prognostic characteristics where applicable	line 147-149
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	line 151-156
	9b	Intervention administration such as dosage, frequency and duration	line 151-156
	9c	Note changes in intervention with explanation	line 158-180
	9d	Other concurrent interventions	line 158-180
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	line 158-180
	10b	Important follow-up diagnostic evaluations	line 158-180
	10c	Assessment of intervention adherence and tolerability, including adverse events	line 158-180
Discussion	11a	Strengths and limitations in your approach to this case	page 8-10
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	page 8-10
	11c	How does this case report suggest a testable hypothesis?	page 8-10
	11d	Conclusions and rationale	page 10
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	yes
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	yes
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	yes