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Retrospective Study

Effect of biofeedback combined with high-quality nursing in treatment of functional constipation

biofeedback combined with high-quality nursing

Xiu Zhao, Jin Meng, Jin Dai, Zhi-Tao Yin

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Heymen, S., et.al. "Biofeedback Treatment of Constipation: A Critical Review" Diseases of the Colon & Rectum 2003 46:1208-1217. Wald, A. "Patient information: Constipation in adults" UpToDate. Wiesel, P., et.al. "Patient satisfaction after biofeedback for constipation and pelvic floor dyssynergia." Swiss Medical Weekly 2001 24:152-156.

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Results. The success rate of **BFT** was 56% in the RH and 61% in the **non-RH** group ($p=0.604$). The measurements of resting pressure, squeezing pressure, desire to defecate volume, urge to defecate volume, and maximum volume were decreased after BFT in the RH group ($p<0.05$), whereas only resting and squeezing pressures were decreased in the non-RH group ($p<0.05$).

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The results showed that BFB was more effective than **laxatives** or **placebo**. Several controlled studies indicated that BFB can effectively be used to **treat functional defecation disorder**, one of the most frequent and disabling subtypes of **adult constipation**. It was also more effective than **laxatives** or **placebo**, without any adverse side effects.

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[Using biofeedback to treat constipation ... - Nursing Times](#)

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Sep 19, 2010 · Studies in adults suggest that **biofeedback** for **bowel dysfunction** is effective and shows improvement for approximately 70% of patients and these patients may potentially have long term benefits] (Norton, 2008; Ryn et al, 2000) Norton (2008) However, the **effectiveness** varies considerably between patients.

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