



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title	Key Words	1	The words "case report" should be in the title along with the area of focus	L5/P1
		2	Four to seven key words—include "case report" as one of the key words	L25/P2
Abstract	3a	Background: What does this case report add to the medical literature?	L2-L5/P3	
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	L6-L9/P3	
	3c	Conclusion: What is the main "take-away" lesson from this case?	L20-L24/P3	
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	L13/P4-L13/P5	
Timeline	5	Information from this case report organized into a timeline (table or figure)	L4-L5/P9	
Patient Information	6a	De-identified demographic and other patient or client specific information	L26-L26/P6	
	6b	Chief complaint—what prompted this visit?	L45-L47/P5	
	6c	Relevant history including past interventions and outcomes	L22/P5-L23/P6	
Physical Exam	7	Relevant physical examination findings	L27/P6-L27/P7	
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	L3/P6-L5/P9	
	8b	Diagnostic reasoning including other diagnoses considered and challenges		
	8c	Consider tables or figures linking assessment, diagnoses and interventions		
	8d	Prognostic characteristics where applicable		
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery		
	9b	Intervention administration such as dosage, frequency and duration		
	9c	Note changes in intervention with explanation		
	9d	Other concurrent interventions	L6-L8/P9	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)		
	10b	Important follow-up diagnostic evaluations		
	10c	Assessment of intervention adherence and tolerability, including adverse events	L9-L14/P9	
Discussion	11a	Strengths and limitations in your approach to this case		
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)		
	11c	How does this case report suggest a testable hypothesis?		
	11d	Conclusions and rationale	L21/P9-L15/P12	
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	L25/-L27/P11	
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	✓	
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	conflict-of-interest statement	