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Name of Journal: *World Journal of Clinical Cases*

Manuscript NO: 61384

Manuscript Type: ORIGINAL ARTICLE

Observational Study

Differences in dietary habits of people with *vs* without irritable bowel syndrome and its association with symptom and psychological status: A pilot study

Meng Q *et al.* IBS and dietary habits

Qiao Meng, Geng Qin, Shu-Kun Yao, Guo-Hui Fan, Fen Dong, Chang Tan

Abstract

BACKGROUND

Differences in dietary habits of people with vs without irritable bowe



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Differences in Fecal Microbiomes and Metabolomes of ...

[https://www.gastrojournal.org/article/S0016-5085\(19\)41920-3/fulltext](https://www.gastrojournal.org/article/S0016-5085(19)41920-3/fulltext)

Dec 13, 2019 · **Differences** in Fecal Microbiomes and Metabolomes of **People With vs Without Irritable Bowel Syndrome** and Bile Acid Malabsorption. ... Gastrointestinal **symptom** history, **psychological** symptoms, diet, medical history, and medication data were collected on each participant (both participants with IBS and control individuals) by using the following ...

Cited by: 10 **Author:** Ian B. Jeffery, Anubhav Das, Eileen O'He...
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Differences in Fecal Microbiomes and Metabolomes of ...

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Mar 01, 2020 · **Differences** in Fecal Microbiomes and Metabolomes of **People With vs Without Irritable Bowel Syndrome** and Bile Acid Malabsorption. ... Gastrointestinal **symptom** history, **psychological** symptoms, diet, medical history, ... **Dietary habits** were assessed for all participants with the use of a 146-item FFQ.

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PEOPLE ALSO ASK

What are the symptoms of irritable bowel syndrome (IBS)? ▾

Can dietary changes improve irritable bowel syndrome? ▾

Can irritable bowel syndrome cause white mucorrhea? ▾

What is the difference between IBS and chronic? ▾

Feedback

Eating, Diet, & Nutrition for Irritable Bowel Syndrome | NIDDK

<https://www.niddk.nih.gov/.../irritable-bowel-syndrome/eating-diet-nutrition> ▾

Learn about **dietary** changes that may improve symptoms of **irritable bowel syndrome**, such as eating more fiber, avoiding gluten, or following a low FODMAP diet. Skip to main content COVID-19 is an emerging, rapidly evolving situation.

Are Food Constituents Relevant to the Irritable Bowel ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3155066>



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PEOPLE ALSO ASK

What is the prevalence of irritable bowel syndrome? ▾

What are the symptoms of irritable bowel syndrome (IBS)? ▾

What is the difference between IBS and chronic? ▾

Is IBS a chronic relapsing disease? ▾

Irritable Bowel Syndrome

Medical Condition

A chronic gastrointestinal disorder that affects the large intestine causing diarrhea, abdominal pain, cramps, bloating and gas.

Very common (More than 3 million cases per year in US)

Rarely requires lab test or imaging

Treatments can help manage condition, no known cure

Can last several years or be lifelong

The actual cause of irritable bowel syndrome isn't well understood, but various factors seem to play a role. Symptoms include cramping, abdominal pain, bloating, gas, and diarrhea or constipation. Treatment is aimed at relieving the symptoms, it cannot be cured.

Symptoms

The symptoms vary from one person to another. The most common ones include:

- Abdominal discomfort or pain
- Cramping or bloating
- Excess gas
- Indigestion
- Changes in patterns of bowel movement
- Diarrhea alternating with constipation
- Mucus in the stool

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PEOPLE ALSO ASK

What are the symptoms of irritable bowel syndrome (IBS)? ▾

Is hypnotherapy good for irritable bowel syndrome? ▾

What is the appropriate treatment for irritable bowel syndrome? ▾

Can irritable bowel syndrome cause white mucorrhea? ▾

Feedback

Irritable Bowel Syndrome: A Clinical Review ...

<https://jamanetwork.com/journals/jama/fullarticle/2174034> ▾

Mar 03, 2015 · **Irritable bowel syndrome** (IBS) is the most commonly diagnosed gastrointestinal


Irritable Bowel Syndrome

Medical Condition

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- Excess gas
- Indigestion
- Changes in patterns of bowel movement
- Diarrhea alternating with constipation
- Mucus in the stool

Treatments

Treatment focuses on relieving symptoms.

Medication

- Anti-diarrheal drugs: To relieve diarrhea.
Loperamide · Cholestyramine · Colestipol
- Anticholinergics: To relieve spasms.
Dicyclomine