



## CARE Checklist – 2016: Information for writing a case report

Topic	Checklist item description	Line/Page
<b>Title</b>	<b>1</b> The words “case report” should be in the title along with the area of focus	<u>1</u>
<b>Key Words</b>	<b>2</b> Four to seven key words—include “case report” as one of the key words	<u>4</u>
<b>Abstract</b>	<b>3a</b> Background: What does this case report add to the medical literature? <b>3b</b> Case summary: chief complaint, diagnoses, interventions, and outcomes <b>3c</b> Conclusion: What is the main “take-away” lesson from this case?	<u>3</u> <u>3</u> <u>3</u>
<b>Introduction</b>	<b>4</b> The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>4</u>
<b>Timeline</b>	<b>5</b> Information from this case report organized into a timeline (table or figure)	<u>18</u>
<b>Patient Information</b>	<b>6a</b> De-identified demographic and other patient or client specific information <b>6b</b> Chief complaint—what prompted this visit? <b>6c</b> Relevant history including past interventions and outcomes	<u>5</u> <u>5</u> <u>5</u>
<b>Physical Exam</b>	<b>7</b> Relevant physical examination findings	<u>6</u>
<b>Diagnostic Assessment</b>	<b>8a</b> Evaluations such as surveys, laboratory testing, imaging, etc. <b>8b</b> Diagnostic reasoning including other diagnoses considered and challenges <b>8c</b> Consider tables or figures linking assessment, diagnoses and interventions <b>8d</b> Prognostic characteristics where applicable	<u>6.7</u> <u>6.7</u> <u>18</u> <u>6.7</u>
<b>Interventions</b>	<b>9a</b> Types such as life-style recommendations, treatments, medications, surgery <b>9b</b> Intervention administration such as dosage, frequency and duration <b>9c</b> Note changes in intervention with explanation <b>9d</b> Other concurrent interventions	<u>7.8</u> <u>7.8</u> <u>7.8</u> <u>7.8</u>
<b>Follow-up and Outcomes</b>	<b>10a</b> Clinician assessment (and patient or client assessed outcomes when appropriate) <b>10b</b> Important follow-up diagnostic evaluations <b>10c</b> Assessment of intervention adherence and tolerability, including adverse events	<u>8</u> <u>8</u> <u>8</u>
<b>Discussion</b>	<b>11a</b> Strengths and limitations in your approach to this case <b>11b</b> Specify how this case report informs practice or Clinical Practice Guidelines (CPG) <b>11c</b> How does this case report suggest a testable hypothesis? <b>11d</b> Conclusions and rationale	<u>9-12</u> <u>9-12</u> <u>9-12</u> <u>12</u>
<b>Patient Perspective</b>	<b>12</b> When appropriate include the assessment of the patient or client on this episode of care	<u>12</u>
<b>Informed Consent</b>	<b>13</b> Informed consent from the person who is the subject of this case report is required by most journals	<u>16</u>
<b>Additional Information</b>	<b>14</b> Acknowledgement section; Competing Interests; IRB approval when required	<u>16</u>