



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 2/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 22-23/Page 2
Abstract	3a	Background: What does this case report add to the medical literature?	Line 23-29/Page 1
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 2-15/Page 2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 17-21/Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 5-17/Page 3
Timeline	5	Information from this case report organized into a timeline (table or figure)	Line 19/Page 3 - Line 3/Page 6
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 21/Page 3
	6b	Chief complaint—what prompted this visit?	Line 21-22/Page 3
	6c	Relevant history including past interventions and outcomes	Line 23-29/Page 3
Physical Exam	7	Relevant physical examination findings	Line 6-9/Page 4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 11-26/Page 4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 6-26/Page 4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Line 1-10/Page 12
	8d	Prognostic characteristics where applicable	Line 7-12/Page 5
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 2-5/Page 5
	9b	Intervention administration such as dosage, frequency and duration	Line 2-5/Page 5
	9c	Note changes in intervention with explanation	Line 2-24/Page 5
	9d	Other concurrent interventions	Line 2-24/Page 5
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 7-24/Page 5
	10b	Important follow-up diagnostic evaluations	Line 25-29/Page 5 - Line 1-3/Page 6
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 7-29/Page 5 - Line 1-3/Page 6
Discussion	11a	Strengths and limitations in your approach to this case	Line 9-21/Page 6
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 9-21/Page 6
	11c	How does this case report suggest a testable hypothesis?	Line 9-29/Page 6 - Line 1-15/Page 7
	11d	Conclusions and rationale	Line 16-25/Page 7
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 1-5/Page 13
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 2-3/Page 11
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 5-6/Page 11