



## CARE Checklist – 2016: Information for writing a case report

| Topic                  | Item | Checklist Item description   | Line/Page       |
|------------------------|------|--|-----------------|
| Title                  | 1    | The words "case report" should be in the title along with the area of focus                          | <u>1</u>        |
| Key Words              | 2    | Four to seven key words—include "case report" as one of the key words                                | <u>3</u>        |
| Abstract               | 3a   | Background: What does this case report add to the medical literature?                                | <u>3</u>        |
|                        | 3b   | Case summary: chief complaint, diagnoses, interventions, and outcomes                                | <u>3</u>        |
|                        | 3c   | Conclusion: What is the main "take-away" lesson from this case?                                      | <u>3</u>        |
| Introduction           | 4    | The current standard of care and contributions of this case—with references (1-2 paragraphs)         | <u>4</u>        |
| Timeline               | 5    | Information from this case report organized into a timeline (table or figure)                        | <u>4,5,6</u>    |
| Patient Information    | 6a   | De-identified demographic and other patient or client specific information                           | <u>4</u>        |
|                        | 6b   | Chief complaint—what prompted this visit?  | <u>4</u>        |
|                        | 6c   | Relevant history including past interventions and outcomes   | <u>4,5</u>      |
| Physical Exam          | 7    | Relevant physical examination findings   | <u>5</u>        |
| Diagnostic Assessment  | 8a   | Evaluations such as surveys, laboratory testing, imaging, etc.                                       | <u>5</u>        |
|                        | 8b   | Diagnostic reasoning including other diagnoses considered and challenges                             | <u>5</u>        |
|                        | 8c   | Consider tables or figures linking assessment, diagnoses and interventions                           | <u>14,15,16</u> |
|                        | 8d   | Prognostic characteristics where applicable  | <u>N.A.</u>     |
| Interventions          | 9a   | Types such as life-style recommendations, treatments, medications, surgery                           | <u>5,6</u>      |
|                        | 9b   | Intervention administration such as dosage, frequency and duration                                   | <u>5,6</u>      |
|                        | 9c   | Note changes in intervention with explanation  | <u>6</u>        |
|                        | 9d   | Other concurrent interventions   | <u>N.A.</u>     |
| Follow-up and Outcomes | 10a  | Clinician assessment (and patient or client assessed outcomes when appropriate)                      | <u>6,7</u>      |
|                        | 10b  | Important follow-up diagnostic evaluations   | <u>6,7</u>      |
|                        | 10c  | Assessment of intervention adherence and tolerability, including adverse events                      | <u>6,7</u>      |
| Discussion             | 11a  | Strengths and limitations in your approach to this case  | <u>8,9,10</u>   |
|                        | 11b  | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)                  | <u>8,9,10</u>   |
|                        | 11c  | How does this case report suggest a testable hypothesis?   | <u>8,9,10</u>   |
|                        | 11d  | Conclusions and rationale  | <u>10</u>       |
| Patient Perspective    | 12   | When appropriate include the assessment of the patient or client on this episode of care             | <u>N.A.</u>     |
| Informed Consent       | 13   | Informed consent from the person who is the subject of this case report is required by most journals | <u>13</u>       |
| Additional Information | 14   | Acknowledgement section; Competing Interests; IRB approval when required                             | <u>13</u>       |