



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of	Line4-5/Page1
Key Words	2	focus Four to seven key words—include “case report” as one of the key words	Lines1-2/Page4
Abstract	3a	Background: What does this case report add to the medical literature?	Lines2-9/Page3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Lines10-23/Page3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Lines24-27/ Page3
Introduction	4	The current standard of care and contributions of this case—with references (1-7 paragraphs)	Lines2-13/Page5
Timeline	5	Information from this case report organized into a timeline (table 1)	Lines15-16/Page5
Patient Information	6a	De-identified demographic and other patient or client specific information	Not Applicable
	6b	Chief complaint—what prompted this visit?	Lines17-22/Page5
	6c	Relevant history including past interventions and outcomes	Lines23-28/ Page5; Lines1-5/Page6
Physical Exam	7	Relevant physical examination findings	Lines6-10/Page6
Diagnostic	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Lines11-28/Page6;
Assessment	8b	Diagnostic reasoning including other diagnoses considered and challenges	Lines1/Page7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Lines11-28/Page6 ;
	8d	Prognostic characteristics where applicable	Line1-11/Page7
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Page7/Fig1.2.3;Table2
	9b	Intervention administration such as dosage, frequency and duration	Not Applicable
	9c	Note changes in intervention with explanation	Not Applicable
	9d	Other concurrent interventions	Not Applicable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Lines12-27/Page7;
	10b	Important follow-up diagnostic evaluations	Lines1-12/Page8
	10c	Assessment of intervention adherence and tolerability, including adverse events	Not Applicable
Discussion	11a	Strengths and limitations in your approach to this case	Not Applicable
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Not Applicable
	11c	How does this case report suggest a testable hypothesis?	Lines13-16/Page9
	11d	Conclusions and rationale	Lines13-16/Page9 Not Applicable
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Discussion/Page8-11
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Not Applicable
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Lines2-3/ Page14