



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>2/1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>4-5/3</u>
Abstract	3a	Background: What does this case report add to the medical literature?	<u>3-8/2</u>
	3b	Casesummary: chief complaint, diagnoses, interventions, and outcomes	<u>10-27/2</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>29/2 1-3/3</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>14-26/3</u>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u>6-8/6 3-5/7 1-5/8</u>
Patient Information	6a	De-identified demographic and other patient or client specific	<u>29-30/1</u>
	6b	information Chief complaint—what prompted this visit?	<u>3-9/4</u>
	6c	Relevant history including past interventions and outcomes	<u>11-17/4</u>
Physical Exam	7	Relevant physical examination findings	<u>19-23/4</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>25-28/4 2-13/5</u>
	8b	Diagnostic reasoning including other diagnoses considered and	<u>7-10/9</u>
	8c	challenges Consider tables or figures linking assessment, diagnoses and	<u>19-28/5 1-5/6</u>
	8d	interventions Prognostic characteristics where applicable	<u>8-11/11</u>
Interventions	9a	Types such as life-style recommendations, treatments, medications,	<u>15-28/5 1-5/6</u>
	9b	surgery Intervention administration such as dosage, frequency and	<u>15-28/5 1-5/6</u>
	9c	duration	<u>15-28/5 1-5/6</u>
	9d	Note changes in intervention with explanation Other concurrent interventions	<u>15-28/5 1-5/6</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>12-15/9</u>
	10b	Important follow-up diagnostic evaluations	<u>12-15/9</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>12-15/9</u>
Discussion	11a	Strengths and limitations in your approach to this case	<u>1-11/11</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>13-17/11</u>
	11c	How does this case report suggest a testable hypothesis?	<u>8-18/10</u>
	11d	Conclusions and rationale	<u>13-17/11</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u>19-23/4</u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>22/1</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>19-23/11 23/1</u>