

Endoscopic Suturing for Weight Gain After Bariatric Surgery

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Endoscopic Suturing for Weight Gain After Bariatric Surgery. Studies show that more than 90 percent of bariatric patients lose 50 percent or more of their excessive body weight and are able to maintain a long-term weight loss of 50 percent excess body weight or more. (1) Of even greater significance, many bariatric surgery patients experience improvements in co-occurring disorders, ...

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Roux-en-Y gastric bypass (RYGB) is the most commonly performed bariatric procedure. Despite its high efficacy, some patients regain part of their lost weight. Several endoscopic therapies have been introduced as alternatives to treat weight regain, but most ...

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Endoscopic Therapy for Weight Regain After Bariatric Surgery Fig. 18.1 The gastroduodenal

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Endoscopic treatment can help when the stomach stretches out, and weight is regained after surgery. Using a non-surgical, minimally invasive procedure, it is possible to reduce the size of the stomach pouch again. This can restore the more quick feeling of fullness, and encourage patients to eat smaller meals again.

Weight Regain After Bariatric Surgery – Dr. Reem Sharaiha
drsharaiha.com/weight-regain-after-bariatric-surgery/

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Recent findings: Given the high percentage of patients with weight regain after surgery, significant effort has been placed on developing treatment options in the last few years. Tremendous work has taken place in the realm of cognitive behavior therapy, appetite suppressants, and endoscopic procedures with the hope of reducing the need for revision surgery which can be associated with significant ...
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May 30, 2017 Endoscopic post-bypass revisions. Tech Gastrointest Endosc 2010;12 (3):160–6; with permission) The first published report in patients with dilated GJA and weight regain reported weight loss in 15 of 20 patients at 2 months [47]. A subsequent study of 28 patients with dilated GJA in 2007 resulted in loss of >75% of regained weight in 64% of patients in a mean 2.3 sessions.

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Bariatric Surgery

Medical Specialty

A surgery that helps reduce food consumption and help weight loss by removing a part of stomach thereby reducing its size.

Type of procedure: Minimally invasive

Recovery time: Can take several weeks

Duration: Few hours

Hospital stay: Typically a few days

May treat

Obesity

Very common

Obesity is a medical condition in which excess body fat has ...

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What to expect before procedure

- Inform the doctor about your medical history and go through all the required physical and pathological tests.
- Counseling with a psychiatrist and a nutritionist is usually done before the surgery.
- Do not smoke for at least 4 to 5 weeks before the surgery.
- Do not consume any foods or beverages for at least 10 to 12 hours before the surgery.
- Bowel clearing laxatives and enema will be given before the surgery.
- Come prepared and pack your belongings for at least 3 days, accompanied with an adult family member.

What to expect during procedure

- Anesthesia is given to numb the site of surgery.
- Minimal incisions are made and laparoscope is inserted through one.
- Depending upon the type of surgery, structural changes are made.
- Incisions are sealed with stitches and bandaged.

What to expect after procedure

- During the hospital stay after the surgery, monitoring for pulse, blood pressure and other details, are done.
- After discharge, medications should be taken regularly.
- For few days, only bland liquids can be taken, which will gradually increase in consistency. Regular food intake is permitted after several weeks of surgery.
- Do not lift heavy weights.
- Regularly follow up with the doctor and nutritionist.
- Due to sudden weight loss, fatigue, body ache, hairloss, skin changes and irritation may be experienced in first few months after the surgery.

Risks and Complications

- Infection and bleeding at the surgical site
- Internal bleeding
- Lung or breathing problems
- Perforation and leak from the bowel
- Malabsorption of other nutrients
- Loose, sagging skin
- Blood clots
- Slipping of gastric band leading to blocked stomach
- Hypoglycemia, vomiting, ulcers are long term risks

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Bulajic M *et al.* Endoscopic therapy weight regain bariatric surgery

Milutin Bulajic, Salvatore Francesco Vadala di Prampero, Ivo Boškoski, Guido Costamagna

Abstract

Weight regain following primary bariatric surgery occurs in a significant proportion of patients and is attributed to epidemiological, anatomical and metabolic factors. Surgical revision of these patients has significant risks and limited benefits. Endoscopic revisions that reduce gastric pouch size and diameter of the gastrojejunal anastomosis may offer

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